



# CARPATHIA KICKERS FC

The goalkeeper's philosophy revolves around preventing the ball from crossing the goal line between the posts. We must pay attention to the details of all our Goalkeepers within the club in order to achieve success in this philosophy. Details as to simple catching of the ball, to making the save in the top corner, distributing the ball as first line of attack, as well as being the last defender, all must be addressed.

Hard work and a strong technical education will provide our Goalkeepers with the necessary skills to reach their full potential. Keeping the ball from entering the goal is key to being a successful goalkeeper, thus we have identified four main technical areas that all Carpathia Kickers FC goalkeepers must master.

## 1. Shot Stopping

- Angles
- Technique in diving
- Footwork
- Bravery
- Reading the game

## 2. Dealing with Crosses/Serves

- Timing
- Bravery
- Handling
- Boxing vs. Catching
- Range
- Footwork
- Reading the pressure on the ball
- Organization
- Communication

## 3. Dealing with 1v1 and Breakaways

- Timing (patience vs. aggressive)
- Bravery
- Technique
- Footwork
- Reading the game
- Starting position

## 4. Distribution

- Technique
- Tactical application
- Throws (sling/baseball/bowling)
- Kicks (punt/drop kick/sidewinder)
- Goal kicks
- Dealing with back passes

PLAYER-  
CENTERED

PLAYER-  
DRIVEN

PLAYER-  
FIRST

STRIVE TO  
WIN