



White Mountain Gem & Mineral Club

P.O. Box 3504

Show Low, Arizona 85902

www.whitemountain-azrockclub.orgwhitemtngmc@gmail.com

PRESIDENT'S LETTER ∞ SEPTEMBER 6, 2026

Well, we have made it through the summer. Our show, which was quite a success, is done and in the books. To the members and guests who attended our End of the Summer/Labor Day Picnic Meeting at the Old Pavilion in the Show Low City Park on September 6, a big thank you. The attendance and comradery expressed at the event was stellar. Set-up, fun and food, and clean-up were all done to perfection by all of you special people. 😊 To those who couldn't make it on such a busy weekend, there is always next year! Hope to see you there. Some members posted appreciative comments on our facebook page, White Mountain Gem & Mineral Club WMGMC :

- Debbie MacArthur, had a great time. So glad I became a member. I'm learning a lot too... everyone is so generous with their knowledge.
- Carol Glick, We had a great time, good friends and good food!!!!

Our next general meeting is October 4, at the VFW Hall in Show Low. There is a business meeting September 20, 2:00 PM, at a different location. If you are not a club official, but would like to attend, please text or call me, Donna, at the contacts listed in this newsletter. Any member is invited to attend if they wish too.

Events coming up in the near future:

- 9/19: Fall highway clean-up along our adopted mile of Rt. 60, Show Low. Meet at the Show Low Chamber parking lot at 9:00 am. This is a fun (and short) event going out to help the community.
- 9/18-9/20: Payson Gem & Mineral Show at the Mazatzal Hotel and Casino, Payson, AZ. We do not have a club trip scheduled, but Rick Olson, one of our members, will be conducting the fluorescent exhibit at the venue.
- 9/20: WMGMC Business Meeting, see above for information.
- 9/24: Let's Do Lunch Club, All members and guests are invited to attend. This month's venue is Mr. Zeke's, 476 W White Mountain Blvd in Lakeside at 12 noon.
- 10/3: Town of Miami AZ Mining Expo, Sullivan St. Miami, AZ, 9:00-5:00. I hope to set up a booth to showcase some local mining items, minerals, and children's interactions. This comes before our next meeting. If interested in participating, respond to me, Donna, contacts in this newsletter. The White Mountain Gold Hunters are also scheduled to be there.
- 10/10: Snowflake Harvest Fest 9:00-2:00 at Pioneer Park in Snowflake, AZ. We will have a booth in the children's area with games and exhibits for children. Contact VP Sandra if interested in participating. Contact information is in this newsletter.

Please enjoy and share this newsletter, and I hope to see a good crowd at our next general meeting on October 4.

Donna L. Pollard, President WMGMC

BULLETIN BOARD

HAPPY SEPTEMBER BIRTHDAYS

Jane Appel Mary DeMattei Carol Glick
 Sharon Griswold Stephen Keim Meg McDonald
 Melissa McDonald Terrence Pollard
 Michael Sondalle Sheri Stroh Aimee Webster
 John Aiegenhorn Wendy Kochhieiser

Monthly Potluck for October:
 Last Names M through Z

LET'S DO LUNCH

The Let's Do Lunch Club will meet at Mr. Zeke's, 476 W White Mountain Blvd, Lakeside, AZ, on Thursday, September 24 at 12 Noon. All are welcome. Please let Hope Rubi know if you would like to be added to her text reminders at (928)228-8851.

CALL FOR ARTICLES

If you have a favorite rock, geologic topic, lapidary technique, or DIY project you would like to share with your fellow club members, we welcome your contributions to our knowledge of the wonderful world of rocks. See page 3 for submission details.

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TREASURER'S REPORT

August Expense

Rock Talk Printing & Postage, Member Badges, Show Expenses, End of Year Prizes, Club Promotion

Upcoming Expense

Rock Talk Printing & Postage, Meeting Supplies

Income This Month

Member Dues, Badge Payments, Silent Auction, 50/50 Raffle

EDITOR'S NOTE: A special thank you to Donna Pollard, for filling in for me on the August Rock Talk Newsletter while I was away. If you have an interest in learning how to publish the newsletter, please contact me.



Deer Creek Petrified Wood. See September Field Trip Announcement, page 5.

WELCOME NEW MEMBERS

Lisa Cook

James Hare

Kris McLean

Rob Martin

Rock Talk Newsletter

Our newsletter is published monthly by the White Mountain Gem & Mineral Club, Inc. Any information or comments members wish to include in the monthly newsletter must be given to the editor at the general membership meeting or call the editor no later than Tuesday following the meeting.

Membership Dues

Membership dues are \$20 for a single membership and \$25 for a couple/family. (\$5 less if you receive newsletter by email.) Dues are paid in January each year along with a completed application form. Memberships initiated in November or later in a given year are also good for the following year.

Meetings

We meet the first Sunday of the month (unless it falls on a holiday) at the VFW Post 9907, 381 North Central Avenue in Show Low. Turn north off the Deuce of Clubs at Burger King. Social half hour at 1:00 PM, meeting starts at 1:30 PM.

Elected Officers

OFFICE	NAME	PHONE	EMAIL
PRESIDENT	Donna Pollard	(480)600-2714	tdpollard@msn.com
VICE PRESIDENT	Sandra Angelo	(928)537-3726	sandra_angelo@hotmail.com
2ND VICE PRESIDENT	Debbie Trimble	(520)400-6527	dltrimble076@aol.com
SECRETARY	Shelly Applegate	(928)245-4300	shellylynn@gmail.com
TREASURER	Kim Whitley	(928)853-4455	kimwhitley@gmail.com
EDITOR	Bea Kennedy	(330)391-1916	bea.bullwinkl@gmail.com
FIELD TRIPS	Dick Turpin	(480)240-0995	dickturpinaz@gmail.com
	Ursula Wilson	(928)532-5703	uewilson@yahoo.com

Members At Large

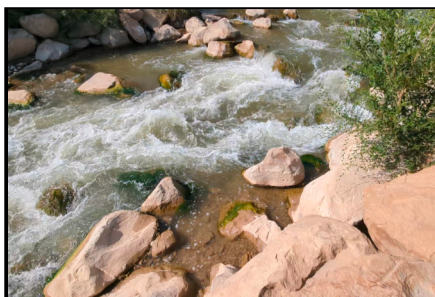
Hope Rubi	(928)228-8851	Terry Pollard	(480)431-0686
Ursula Wilson	(928)532-5703	Carl Hickman	(928)536-3744

Volunteer Positions

Website Maintenance	Donna Pollard	(480)600-2714	tdpollard@msn.com
Show Chairman	Sandra Angelo	(928)537-3726	sandra_angelo@hotmail.com
Assistant Show Chairman	Ursula Wilson	(928)532-5703	uewilson@yahoo.com
Sunshine	Donna Pollard	480-600-2714	tdpollard@msn.com
Education, Schools	Open		
Greeter/Door Prizes/Raffle	Thelma Gray		
Auctioneer	Donna and Terry Pollard		
Highway Cleanup	Brookie/ Larry Embry	(928)537-0760	
Bonus Prizes	Sandra Angelo	(928)537-3726	
Historian	Donna Pollard	(480)600-2714	tdpollard@msn.com
Librarian	Rick Palmer	(928)333-5019	palmer57@frontiernet.net
Meeting Room Setup/Cleanup	Shelly Applegate	(928)245-4300	shellylynn@gmail.com

Chamber of Commerce Liaisons

<u>Show Low:</u> Donna Pollard	<u>Snowflake/Taylor:</u> Karen Hickman
<u>Springerville/Eager:</u> Open	<u>Heber/Overgaard:</u> Loren Wright



WATER WOULDN'T SOUND SO BEAUTIFUL WITHOUT
ROCKS IN ITS WAY.

(MARCUS AURELIUS)

WHITE MOUNTAIN GEM & MINERAL CLUB MEETING MINUTES SEPTEMBER 6, 2026

This month our WMGMC meeting was our annual picnic at the Old Pavilion, Show Low City Park. Members and guests began arriving before noon. Tablecloths were put over the picnic tables, ice put in coolers, food set out for the picnic, and we were ready.

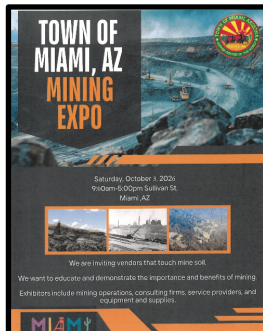
At 12:08 pm, the meeting was called to order by President Donna Pollard. We began with the Pledge of Allegiance. Donna brought the flag.

Our general meeting was short. Upcoming events were outlined and discussed briefly. Information about these upcoming events is in the President's Letter on page one of this newsletter. Dick Turpin spoke about our previous and next field trips, which are written up on page five of this newsletter. Rick Olson talked about the problems dealing with the government rules of collecting and other issues in regard to public lands. We can provide more information on this topic in subsequent issues if there is interest.

After a call for any other business, Sandra Angelo spoke about the Harvest Fest event in Snowflake, also listed in the President's Letter. The meeting then ended.

The rest of the afternoon at this pleasant venue was filled with good food, good companionship, and good conversations with our members and friends.

Respectfully, Donna Pollard for Shelly Applegate



TOWN OF MIAMI, AZ MINING EXPO

SATURDAY OCT 3, 9:00 AM – 5:00 PM

SULLIVAN STREET, MIAMI, AZ

WE ARE WELCOME TO SET UP A BOOTH

Download the Mining Expo Guide at <https://img1.wsimg.com/blobby/go/d7eba027-818a-4fbf-93e2-b1877ced9ccb/2026%20MINING%20EXPO.pdf>

<https://img1.wsimg.com/blobby/go/d7eba027-818a-4fbf-93e2-b1877ced9ccb/2026%20MINING%20EXPO.pdf>

<https://img1.wsimg.com/blobby/go/d7eba027-818a-4fbf-93e2-b1877ced9ccb/2026%20MINING%20EXPO.pdf>

RMFMS/AFMS Contests information

Hello AZ/NV Clubs. Did you know that your club can participate in these contests? Not only that, a club member (in good standing) can also enter in Special Publications. Please share this with your club members, and hopefully, we will see your club receiving some awards. Here are the links to check out more details and scoring grids:

<https://www.rmfm.org/copy-of-resources-and-contests>

<https://www.amfed.org/contests>

Jodi Brewster, Webmaster

All American Club Award

Bulletins and Special Publications

Display Case



**SEA OTTERS CAN RETAIN THEIR
FAVORITE ROCK FOR LIFE**

THERE IS STILL TIME TO RUN FOR A TWO-YEAR TERM IN THE [ROCKY MOUNTAIN FEDERATION OF MINERALOGICAL SOCIETIES](https://www.rmfm.org/copy-of-resources-and-contests) AZ/NV.
SEE DONNA FOR MORE INFORMATION ON THIS OPPORTUNITY.

The afternoon had gotten a little warm, so many of the rockhounds pooped out a little early, but most agreed it was a good outing in spite of the difficulties.

ROCK OF THE MONTH ∞ BASALT

Submitted by Donna Pollard

Basalt is a black, dark gray, or brown fine grained rock. Its compact nature forms from magma reaching the surface of the earth, now called lava, and cooling very rapidly. This rapid cooling prevents visible crystals from developing. While not usually a cabinet item, it's H. 6 makes it a useful rock for construction purposes.

Rhyolite, which is also a former magma that reached the earth's surface becoming lava is an igneous felsic (feldspar and silica/quartz) light colored rock. Unlike rhyolite, basalt is an igneous mafic (elements; magnesium and iron), dark colored rock. The main minerals causing the dark color are plagioclase feldspar, olivine, and augite, a variety of pyroxene. The difference in colors of the felsic and mafic rocks are because of the different colors of the elements and/or minerals they are composed of.

In Arizona, rhyolite is more common, mainly because it is a continental rock. An excellent example is the Superstition Mountains which have massive rhyolite deposits. Basalt, on the other end of the spectrum, is considered oceanic rock. The mid-ocean ridges, and islands like the Hawaiian Islands are basalt.

Having basalt inland on the continents suggests a situation where oceanic and continental crustal material interacted, causing the darker oceanic material to spill out on the lighter, in both color and density, continental materials. In our area, areas of continental material, sedimentary layers mostly, are buried by basalt formations. Examples include Rt. 60, southwest of Show Low where the basalt forms higher elevation formations above the southern end of the Colorado Plateau, an area of mostly sedimentary formations, layered atop of each other. Another location is the high, dark formations around Springerville.

Basalt often is complete with vesicles or broken bubbles formed by gases trapped in the rapidly cooling rock. This is called vesicular basalt. The vesicles capture other minerals as the chemical laden fluids percolate through the cooling lava. Quartz, calcite, zeolites, celadonite, and others may cool and reside in the vesicles. If the vesicular basalt is filled with so many vesicles, it takes on a special name, scoria. Here in our area of Arizona, we have hills of scoria crushed and called cinders used for roads and driveways, The angular nature of the stone interlocks well with vehicular weight on it, providing a firm bed for driving.

(Arizona Rocks and Minerals: authors Bob and Dan R. Lynch, contributed general information for this article.)

ROCKIN' SHOWS COMING UP!



SEPTEMBER 2026

September 18-20—PAYSON, ARIZONA: Annual show; Payson Rimstones' Rock Club; Mazatzal Hotel and Casino Events Center, Highway 87, Mile Marker 251, 2805 E Pinegate Ct; Fri. 1-6, Sat. 9-5, Sun. 10-4; Adults \$3 (Fri) and \$5 (Sat/Sun); Children under 13 Free; Gems, fossils, opals, cabs, slabs, geodes and jewelry for sale. Education zone, access to geologists, gold panning, spinning wheel, raffle, silent auction, fluorescent mineral display and more. Food and beverage available at Casino restaurants; contact Philip Turner and Tamara Jones, (914) 473-2827; Email: philipatamara@gmail.com; Website: <https://www.rimstonesrockclub.org/>

OCTOBER 2026

October 2-4—ALBUQUERQUE, NEW MEXICO: Albuquerque Fall Gem, Mineral & Jewelry Show, Expo NM State Fairgrounds – Creative Arts Building, 300 San Pedro Drive NE. Enter at Gate 3 @ San Pedro & Copper. Hours: 9:00 am – 5:00 pm. Website: <https://www.showabq.com/>

October 3-4—SEDONA, ARIZONA: Annual show; Sedona Gem and Mineral Club; Sedona Red Rock HS, 995 Upper Red Rock Loop Rd; Sat. 10-5, Sun. 10-4; Adults \$5 Cash Only, Children 12 and under Free; Free Parking; contact Courtenay Beck, (928) 254-8975; Email: Courtenay28@gmail.com; Website: sedonagemandmineral.org

October 9-11—BUCKEYE, ARIZONA: 12th Annual Helzarockin' Gem and Mineral Show. Friday 9AM-6PM, Saturday 9AM-6PM, Sunday 9AM-4PM. Buckeye equestrian & Events Center, 10300 S Miller Road. Free Parking. \$5 Entry.

Gila County Gem & Mineral Society
Fall Show & Sell

Saturday, November 7, 2026 9:00 AM to 2:00 PM

Bullion Plaza Cultural Center & Museum Yard

150 Plaza Circle, Miami, AZ 85539

Vendors selling a variety of Gems, Minerals, Jewelry, Rocks and More!

Visit with rockhounds and jewelry makers!

Hear about our Field Trips and Workshop Nights!

Popcorn and water will be available for purchase.

Taquri La Familia Food Truck and Grindhead

Coffee will be on site!



Interested in being a vendor? We offer a foot table space for \$40 each. Must be rock and mineral related items. (Tables will be provided). You need to bring chairs, canopies and table covers. The deadline to reserve a table is October 30, 2026. For more information or to reserve a table, contact Beverly Hawkins at 858-363-0345 or gilagem.show@gmail.com

NOVEMBER 2026

November 7—MIAMI, ARIZONA: Show and sale; Gila County Gem & Mineral Society; Bullion Plaza Cultural Center & Museum Yard, 150 Plaza Circle; Sat. 9-2; Free Admission; Vendors selling a variety of gems, minerals, jewelry, rocks and more. Visit with rockhounds & jewelry makers. Popcorn & water are available for purchase. contact Beverly Hawkins; Email: gilagem.show@gmail.com

November 14-15—LAKE HAVASU CITY, ARIZONA: Annual Lake Havasu Gem & Mineral Show, Note new location this year: Windsor Beach State Park, 699

London Bridge Road, Lake Havasu City. Hours: 9:00 am to 5:00 pm Saturday, 9:00 am to 4:00 pm Sunday. Full Weekend Admission \$5. Website: <https://lakehavasugms.com/blog/annual-gem-mineral-show/>

November 28-29—WICKENBURG, ARIZONA: Annual show; Wickenburg Gem & Mineral Society; Hassayampa Elementary School, 201 S Tegner; Sat. 9-5, Sun. 10-4; Free Admission & Parking; Over 40 vendors. Something for everyone. Gold panning, kids' table; contact Kerri Crawford, (303) 916-3884; Email: wickenburggemmineral@gmail.com; Website: <http://wickenburggms.org/>

ROCK AND GEM SHOW

Brought to you by:
Apache Junction Rock and Gem Club

FEATURING
ROCKS AND MINERALS -
FOSSILS - JEWELRY -
CARACHONS
GEMSTONE KNIVES -
USED LAPIDARY EQUIPMENT &
MORE

Saturdays 9am - 4pm
Sept. 5th, 2026
October 3rd, 2026
November 7th, 2026
December 12th, 2026

Saturdays 9am-4pm
January 2nd, 2027
February 6th, 2027
March 6th, 2027
April 3rd, 2027

Where:
Apache Junction Rock and Gem Club
2151 W Superstition Blvd.
Apache Junction, AZ 85120

For further information, please call
Sheryl Bigelow at 480-492-5309

WWW.AJROCKCLUB.COM

FREE FAMILY EVENT

Check Out our Collection

Raffle!

Plenty of Parking

Available:

At the CHURCH on the

corner of Superstition

and Occello.

VENDORS

Space Fees: \$50.00

Table Rentals \$10.00

If interested, please

come to the Club and

pick up an

application. We can

email you a copy if

you send your

request to:

ajrocktreasurer@gmail.com

You can pay online

at:

ajrockclub-online-payment-center.square.site

We must have a

signed Application,

with a current TPT

License number and

pre-paid fees before

you are approved.

Call Sheryl if you

have any questions.

VARIOUS DATES 2026

APACHE JUNCTION ROCK AND GEM SHOW - October 3, November 7. See announcement to left.

GEOLOGY IN THE CHAMBER: A hands-on interactive exploration of Earth History and geologic processes in a casual seminar setting led by Paleontologist Doug Wolfe. The classes will focus on the amazing geologic features of the Colorado Plateau regions. Recommended for ages 12 years and up. Classes at Show Low Chamber of Commerce, 81 East Deuce of Clubs, second Sunday of month starting June 14, 2026, 2:00-4:00 pm. Cost \$30 per class. Class limit 15. Contact Doug Wolfe, 480-201-0665, douglasgwolfe@gmail.com. June 14 - How the Planet Works. July 12 - Our Place in the Galaxy. August 9 - Water World with Dinosaurs. September 13 - Geology and Water in the Southwest. October 11 - Geology and Natural Resources in the 21st Century.

Wickenburg Gem and Mineral Show
Nov 28 & 29, 2026

Free Admission
gemclub.info
Jewelry
Fossils
Minerals

Over 40 Vendors Best Rock Contest Raffle
Door Prizes Kid's Area Silent Auction

Hassayampa Elementary School
251 South Tegner Street Wickenburg, AZ
9am - 5pm Saturday • 10am - 4pm Sunday

WHITE MOUNTAIN GEM
& MINERAL CLUB
CALENDAR OF EVENTS



FIELD TRIPS WANTED!!

PLEASE LET US KNOW OF ANY

GREAT PLACES FOR OUR OUTINGS!

MONTH	MEETING DATE	FIELD TRIP DATE	NOTES
JANUARY	4	17	Gila County Show
FEBRUARY	1	21	
MARCH	1	21	Mellon Center Show—14th
APRIL	12	25	
MAY	3	23	Highway Cleanup—16th
JUNE	7	27	
JULY	5	25	ANNUAL SHOW 10-11-12
AUGUST	2	22	
SEPTEMBER	6 (Picnic)	26	Highway Cleanup—19th
OCTOBER	4	24	Harvest Fest—10th
NOVEMBER	1	21	
DECEMBER	6	CHRISTMAS PARTY	

VOLUNTEERING AND BABY STEPS

Submitted by Donna Pollard

The following article was written by Joan Courtney, C.Ht., a clinical hypnotherapist and NLP (Neuro-Linguistic Programming), who uses techniques to help people change their thought patterns, improve communication, and achieve personal or professional goals.

When I read this article, it reminded me of how few of our members volunteer for our club meetings and events. Those that do, and they are usually the same each time, I applaud you. Volunteering is not an easy task. It often appears overwhelming, complicated, time consuming. I know. I spent more of my college and career life NOT volunteering. I did what was required and went home, for all of the above reasons. It was not until my husband and I moved to the mountain 10 years ago, went to an auction in Snowflake, and bid against members of the WMGMC that I even thought of getting involved in something outside my closed circle. I have come a long way since then.

This article reminded me that volunteering is not jumping in head-first. It is baby steps. An event calls for walking and you don't? Bring a lawn chair and be present anyway. We all end up at our vehicles. Set-up or clean-up at an event? Come a half an hour early OR stay a half hour later. Not every time, when it is convenient. Have a thought? Say it, in a few words at that time, no need to do it at every meeting. Every little contribution, no matter how small or how often helps our group grow and prosper. Start those baby-steps; like me, you will feel better for it.

Resisting Change? By Joan Courtney, C.Ht. Unstruck Living

A new way of eating. Buying a new jacket, A new business. A decision to cut back on: what money goes out, time on Facebook, less time with energy vampires, less attention to naysayers. On to: A decision to be more positive. A new direction for the business. And I start by saying to myself: "Okay. Today's the day the balloon goes up." And off I go. Or is it really that simple?

For me, I first need to gear up. Get unstruck. Align my energy. Check out my negative self-talk and quiet it to a dull roar. You know that chit-chat, the words that whisper, "Will this be successful?" "Can I do this?" "What if it fails?" "Learning this is hard. Maybe..." I figure those thoughts may be there somewhere, but they don't need to be front and center. So I set aside a specific amount of time. And start.

Ah, the start. Resistance creeps in. I'm hungry (that one always pops up). Maybe an apple. I should make some tea. Sort my sock drawer. Text a friend. A muffin would be better. The temptation I can create can be overwhelming. Amazing I can accomplish anything at all. And that way of being feels stuck. My mind idles in place.

Then I remember, I can chose to be open, for the first start will always feel wrong. No matter what I do. Or how much I prepare. Or how hard I push. It will always need to be reshaped. Refined. And I have learned that's part of creating.

But how to move past resistance? Here are some ideas to get going.

- Take stock of what's going on. Is there something you're doing that is keeping you stuck? Perhaps the situation is not within your control. Or maybe you need patience to let it work itself out. Step back and take in the big picture. Then move on it.
- Check self-talk. Is what you are saying to yourself nothing but negative? Did someone tell you, "You can't do this. It'll never be good enough." Thank those thoughts for sharing and send them on their way.
- Accept that you will have bad beginnings...and move on. So you gave it your all for a new position. But were rejected. It doesn't mean you are a loser. It means the job was not a good fit. Back to the drawing and continue the search for another position. You're the CEO of your life. Adjust your sails and cruise toward your destination.
- What's the smallest step you can take to get where you want to be? Do that today. Congratulate yourself on that mini success. Then immediately figure out what the next step will be. I did that when I began walking. I was so out of shape; it took me an hour (that's right, 60 minutes) to walk up and down a nearby hill. Rather than being discouraged, that time was my benchmark. Anything under that was gold. The next day? 59 minutes. And on it went.

What if? ... Ask yourself, "What if I could do this? How would I feel? Then move on to the next step: "What do I need to do to feel that way?" Then do that. If you're stuck, you're in a bad trance. Shift that perception and move to a new point of view. And yes, it's that simple.

Joan Courtney C.Ht.

928-367-8208

www.Unstuck-Living.com

W White Mountain Blvd. Lakeside, AZ

AROUND AND ABOUT

Field Trip and Meeting Photos

(Many thanks to those who submitted photos.)

