



187 MUAY THAI TIMETABLE

	Mon	Tue	Wed	Thu	Fri	Sat
6am	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	
7am						
8am						Adults Muay Thai All Levels
9am						Adults/Teens Muay Thai Sparring & Clinch
10am						Kids Muay Thai 10:15am
11am						
12pm	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	
5pm	Teens Muay Thai	Kids Muay Thai 5:15pm	Teens Muay Thai	Kids Muay Thai 5:15pm	Teens Muay Thai	
5:30pm	Fighters training Invite only	Fighters training Invite only	Fighters training Invite only	Fighters training Invite only	Fighters training Invite only	
6pm	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	Adults Muay Thai All Levels	
7pm	Adults Muay Thai All Levels	Adults Muay Thai Sparring & Clinch	Adults Muay Thai All Levels	Adults Muay Thai Sparring & Clinch		