

Kitsap HEAL Coalition

May 15, 2018 | 3:00-4:30pm

WSU Extension Classroom, Norm Dicks Government Center, 4th floor

Facilitator: Yolanda Fong

Notes taken by Susan Turner

Present: Megan Covant, Molly Staudenraus, Marlena Simmons, Meilana Charles, Dana Bierman, Fran Miller, Susan Turner, Alexander Cole, Maya McKenzie, Barbara Hoffman, Yolanda Fong

VISION: We envision an environment that supports equitable access for all to choose physical activity and foods which contribute to health and well-being in Kitsap County.

Goal 1: Increase equitable access to healthy foods and opportunities for active living.

- HE Strategy: Improve access to markets that sell or provide high-quality fruits and vegetables in underserved communities.
- AL Strategy: Improve access to safe and affordable places for physical activity.

Goal 2: Cultivate a community that prioritizes healthy eating and active living.

- HE Strategy: Provide opportunities to build skills and knowledge regarding healthy food and beverages.
 - AL Strategy: Establish policies and programs that increase physical activity.
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Welcome: Yolanda provided a welcome, reviewed the agenda, and facilitated introductions around the room.

Alex Cole: HEAL policy research –Alex presented a data display tool he developed to list local food-associated services and their supporting policies, whether local, state or federal. He is currently volunteering for the Kitsap Public Health District, and he will be leaving us with the tool, which can be used for identifying existing policies and tracing their links.

Laura Ryser: Mapping project—Laura could not attend, so Yolanda presented an update, with contributions by Meilana. The extension service offered competitive grants for WSU extension offices to work on mapping projects with local partnerships. Both Laura and Meilana were awarded grants, with Laura's focused on various topics associated with food access and Meilana's focused on equity.

Implementing Strategies

HEAL Steering Committee will meet quarterly (the group reached consensus) to allow the workgroups to work in between meetings. Signed commitments/charters are requested. Workgroup Chairs will update the steering committee on the work. Volunteer Chairs are needed. Individuals not on the HEAL steering committee are welcome to join the work of the workgroups. The Workgroups can meet in the WSU conference room, as it has already been reserved for the HEAL work. Karen and Yolanda will support both workgroups. Marlaina offered that she could see herself potentially being the co-chair of either workgroup. Meilana expressed an interest in participating in both workgroups.

The Steering Committee will play the role of providing a forum to share HEAL-related activities and progress, as well as acting as an oversight body to the HEAL work. The Workgroup Chairs will report out the status of workgroup activities at each quarterly Steering Committee meeting. The Steering Committee will consider information provided by the workgroups and discuss steps they can support and/or take to move forward recommended work, considering information such as that provided on today's ArcGIS maps. Equity will be considered along with the other factors displayed in the maps. There are other related community workgroups that are not formally under the umbrella of HEAL, but whose work is closely related, and

steering committee members would be welcome to work with those groups as well, providing updates to the Steering Committee. The three groups mentioned are: 5210 in early childhood settings; Kitsap Food Access Network (KFAN); and the Diabetes Network Task Force.

- Policy agenda workgroup—will research evidence-based policies to implement our goals, mission and vision, and share with the Steering Committee to consider action.
- HEAL resources mapping workgroup—Laura Ryser has expressed interest in Chairing this WG. This workgroup will research information on existing programs that contribute to reaching the HEAL vision, making a listing of such programs that could be available to the public, and will inform the Steering Committee about assets and gaps in available programs locally.
- Other workgroups? None suggested at this meeting
Chairs of workgroups are needed.

Next Steps

- **Next workgroup meetings: in June TBD.** The WSU Extension Classroom, 4th floor, NDGC is already reserved on June 19th from 3-5 p.m. should the workgroups wish to meet here.
- **Next steering committee meeting: August 21, 2018**, WSU Extension Classroom, 4th floor, NDGC, 3:00 – 4:30 pm
- Steering Committee members are asked to consider whether they wish to participate in a workgroup and will sign up by emailing a workgroup chair their preferences (see email for contact info). Others not on the Steering Committee may be invited to join the workgroups
- Chairs should schedule meetings during the two months before the next Steering Committee meeting.
- Completed/signed Steering Committee membership charters/agreements are requested and should be returned to Karen.

Yolanda walked the group through the handouts/maps relating to food access and physical activity/inactivity, health outcomes, and social determinants of health. The maps are available on the web via ArcGIS and are interactive when used online.