

Kitsap HEAL Coalition

February 26, 2019 | **3:00-4:30pm**

WSU Extension Classroom, **Norm Dicks Government Center, 4th floor**

Facilitator: *Yolanda Fong (KPHD)*

Attending: Molly Staudenraus (OESD 114), Dana Bierman, Karen Boysen-Knapp - note taker, Maya McKenzie, Yolanda Fong, Susan Turner (KPHD), Laura Ryser, Paisley Gallagher (WSU Ext), Cal Bodeusch (Kitsap Transit), Fran Miller (Suquamish Tribe)

VISION: We envision an environment that supports equitable access for all to choose physical activity and foods which contribute to health and well-being in Kitsap County.

Goal 1: Increase equitable access to healthy foods and opportunities for active living.

- HE Strategy: Improve access to markets that sell or provide high-quality fruits and vegetables in underserved communities.
- AL Strategy: Improve access to safe and affordable places for physical activity.

Goal 2: Cultivate a community that prioritizes healthy eating and active living.

- HE Strategy: Provide opportunities to build skills and knowledge regarding healthy food and beverages.
- AL Strategy: Establish policies and programs that increase physical activity.

Welcome and Announcements

- Rachel Parsons: Unable to attend today's meeting but sent msg. WIC getting new computer/charting system and changing from food benefit check issuance to EBT cards. Belfair WIC and KC WIC programs (KCR/Suquamish) are the pilot sites for WA. Also, Quincy Jones gave ok for Quincy Jones Square in downtown Bremerton.
- Yolanda: City of Bremerton got Complete Streets funding. Working on a plan for the Wheaton Way corridor; survey may be available and will share with Kitsap HEAL. Public Health is at their table. Also, Yolanda accepted the Community Health Director position at KPHD. Katie Eilers has moved to DOH. KPHD was awarded the Local Strategies for Physical Activity and Nutrition (LSPAN) grant. Thank you to Kitsap HEAL for their support!
- Laura Ryser: Laura has a new role as the Director of WSU Extension office in Kitsap. The office is undergoing some reorganization and may be looking for a new building to move to. Ashlee is taking a month off. The mapping project/Corner store assessment has funding for Phase 2. Phase 2 includes surveying of stores within ½ mile of schools with Photovoice framework. Received funding to pay participating families stipends for their work. Early Childhood and PCHS offered to help recruit families for the project. Fran would like to include Masi shop (1 mile from a school). Met with Kitsap Transit staff and will be adding bus routes/stops to the Phase 1 maps.
- Paisley: Kitsap Harvest is doing outreach to farmers to set up donations of produce.
- Dana Bierman: SNAP work – March is National Nutrition Month. Working via FINI with Farmers Markets to implement the "Fresh Bucks" (5 for 2) program.
- Karen: Diabetes Prevention/Management Event for healthcare providers is March 9th.
- Fran: The Suquamish Tribe plans to repeat the Healthy Beverage Campaign in March and April.
- Cal: Kitsap Transit is starting major route changes on March 11th; these should make routes faster and provide more frequent service.
- Molly: Will be moving from Washington in May. All the best to you Molly! Reports ESD Early Learning continues to use the 5210-resource book and distribute quarterly newsletter which is well received.

HEAL Business

Karen reminded steering committee members to get signed charters in ASAP. New Kitsap HEAL website work is moving ahead, albeit slowly. Quarterly Kitsap HEAL meetings will be changing format a bit, including a skill building or educational agenda item.

Maya reviewed a Partner/Collaboration evaluation tool results. 10 out of 18 surveys sent out have been completed. Please complete the survey if you haven't yet done so. (Maya will send it out one more time). Results will be used to guide our work and used as a baseline to see how we are learning together.

Workgroup Updates

Mapping: Laura reports Ashlee has been working on creating a map of activity spaces in the county. Also working on next steps for the Photovoice project – starting with creating a timeline and arranging a training for families. Dana, Molly, Lisa and Ashlee are in the workgroup. New members are welcome!

Policy Agenda: Workgroup members gathered information on policy, system and environmental changes that could be currently or potentially be happening in our county. The coalition looked at a list that compared PSE ideas with Kitsap HEAL healthy eating and active living goals. Many things are already happening in our county (see attached worksheet). This workgroup is now morphing into a group that monitors and notes these PSE activities.

Both the mapping and policy agenda workgroups have progressed into new work. Mapping will now be known as the “Corner Store Project” workgroup and Policy Agenda will now be known as the “Evaluation” workgroup. Please contact Dana Bierman at dana.bierman@kitsappublichealth.org if interested in joining the Corner Store Project workgroup and Karen Boysen-Knapp at k.boysen-knapp@kitsappublichealth.org if interested in the PSE Evaluation workgroup. These workgroups meet monthly. The 5210 Early Childhood group will now be a workgroup under the Kitsap HEAL umbrella. This group meets quarterly.

Next Steps

- *Next Quarterly **Kitsap HEAL meeting: May 28, 2019**, WSU Extension Classroom, 4th floor, NDGC, 3:00 – 4:30 pm*
- *Evaluation Workgroup meeting (formerly “Policy Agenda”): March 21, 2019, 9:00 – 10:00 a.m. in the KPHD Narrows Conference Room, NDGC 4th floor*
- *Corner Store Project Workgroup meeting (formerly “Mapping”): March 20th, 2019, 11:00 a.m. – 12:00 p.m., Sinclair Conference Room, KPHD, 4th floor NDGC*
- *Early Childhood Workgroup meeting: March 19, 2019 from 3:00 – 4:30 p.m. in the KPHD Sinclair Conference Room, NDGC 4th floor*