

# Kitsap HEAL Coalition - NOTES

August 27, 2019– 3pm - 5pm

WSU Extension Classroom, 4<sup>th</sup> Floor, NDGC

**Attending:** Yolanda Fong (facilitator), Karen Boysen-Knapp, Dana Bierman, Nicole McNamara (KPHD), Darcy Hermoso (KCR), Fran Miller (Suquamish Tribe), Calvin Bodeutsch (Kitsap Transit), Laura Ryser, Jess Sappington, Julie Evenson (WSU Extension), Kody Russell (Kitsap Strong), Susan Buell (YMCA), Rachel Parsons (OESD, KPHD), Patricia Lambro (PCHS), Shane Weber (City of Bremerton), Julie McElroy-Brown (GU MSN Student)

## Introductions and announcements

- NPR piece: Racial Disparities in Recess Time: <https://www.kuow.org/stories/space-crime-coast-to-coast> (3rd piece listed)
- OESD Early Learning contact has changed. Karen will research this.

## City of Bremerton Complete Streets Presentation – Shane Weber

- Complete Streets is a lens of how to look at planning and design. Provide transport facilities accessible to all users, all ages and abilities. Designs have everyone in mind: pedestrians, bicyclists, people with disabilities, Kitsap Transit (adequate transit on those facilities), freight and vehicles. Wide spectrum of modes and users accommodated in this program.
- Over last year and half, a task force including KPHD, Westsound Cycling club, city council member, Dept of Community Development and others, has been updating the Complete Streets Ordinance (first one in 2012) including how to fold in health equity. The updated ordinance was passed by city council and can be found here:  
<https://www.codepublishing.com/WA/Bremerton/html/Bremerton11/Bremerton1110.html>  
One resource they looked at was Smart Growth America. They are now looking at how best to define the health equity metrics that can help identify a community of need for projects.
- They received a TIB award that will be utilized for the Quincy Square project on 4<sup>th</sup> street and bike lane expansions through downtown.
- Other things happening currently:
  - ADA quarterly meetings
  - Putting together a Complete Streets Committee which will include stakeholders coming together to work on project.
  - State Route 303 Corridor study
- KPHD would like to help other cities in the county develop Complete Streets policies. Poulsbo is currently the only other city that has a Complete Streets Ordinance.

## Workgroup Updates

**Corner Store Workgroup:** This work was informed by the Kitsap Food Landscape Assessment Report. The group has completed the first round of surveys (15 corner stores within ½ mile of Middle or High Schools in the county). Presented initial findings (an infographic is being created) and potential to work on a pilot project with a corner store that has shown interest and is currently offering whole fruits and veggies.

**Kitsap HEAL Early Childhood Workgroup:** The group assessed the 5210 Early Childhood Resource book by gathering feedback from workgroup members who have been using the book over the last two years and rebranded it under the Kitsap HEAL Coalition as the ***Healthy Eating Active Living in Early Childhood Resource Guide***. They are going to now take this book into early childhood learning centers and home daycares for use. They are also going to be offering quarterly trainings (first Directors training will be Sept. 12<sup>th</sup>) with the support of the Child Care Action Center. The resource guide will soon be available on the Kitsap HEAL website.

### **Kitsap HEAL Website Overview & Project Tracker Form**

- Website was presented to the coalition [www.KitsapHEAL.org](http://www.KitsapHEAL.org) . Any additional resources that organizations may want listed can be sent to [jess.sappington@wsu.edu](mailto:jess.sappington@wsu.edu).
- Project Tracking Sheet was presented including how it links to the backend of the member page. Members please sign up for access to this page.

### **Thoughts on Community Outreach – New Work group?**

- The evaluation work group has finished now that the tracking sheet is complete.
- There is room now for an additional work group if the coalition would like to start one. Karen, Jess and Dana will think about how to share strategy topics for consideration for a new workgroup. One idea is an “outreach planning” workgroup. Be on the lookout for follow up emails on this.

### **ACEs Presentation (continued from May 28, 2019 quarterly meeting) – Kody Russell**

- Short video from Alberta Family Wellness Initiative “How Brains Are Built” shown to the group. They also offer an online, free course called Brain Story Certification.  
<https://www.youtube.com/watch?v=LmVWOe1ky8s>
- A handout called “The Relationship Between HEAL and ACEs” was shared and reviewed. Suggestions for edits were made. Kody will share updated handout once handout is updated. Will then place it on the website as a resource.
- Kody’s presentation slides: [HEAL & ACEs](#)

### **Next Meetings:**

**Quarterly Kitsap HEAL meeting:** November 26<sup>th</sup>, 2019 3pm-5:00pm, WSU Extension Classroom, 4<sup>th</sup> floor, NDGC

**Evaluation Workgroup meeting:** Finished

**Mapping/Corner Store Workgroup meeting:** Ongoing, next meeting date TBD

**HEAL Early Childhood Workgroup meeting:** October 8, 2019, 2:30–4:00 pm, KPHD Sinclair Conference Room

Respectfully submitted,  
Jess Sappington  
Karen Boysen-Knapp  
August 29, 2019