

# Little Blessings

## Children's Health & Development Referral Directory

### Castle Rock & Surrounding South Denver Area

For Children Ages 12 Months–5½ Years

#### Purpose of this Directory

Little Blessings provides this resource to help families locate community providers who may assist with their child's health, development, learning, communication, behavior, hearing, vision, and physical development.

**Important:** This directory is provided as a community resource and is not an endorsement or recommendation of any individual provider. Parents/guardians should contact the provider directly to confirm current services, age requirements, insurance participation, availability, and referral requirements.

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## 1. Pediatricians & Primary Care

### Castle Rock Pediatrics

[3.2](#)•Pediatrician•Closed

Website•Directions•(303) 688-2228

**Address:** 410 S. Wilcox St., Suite 102, Castle Rock, CO 80104

**Phone:** 303-688-2228

**Website:** [Castle Rock Pediatrics](#)

**Ages:** Infants through adolescents

#### Services include:

- Well-child visits
- Developmental monitoring
- Immunizations
- Sick-child visits
- Mental/behavioral health support
- Autism evaluations

- Telehealth
- General pediatric care

Castle Rock Pediatrics specifically lists autism evaluations that include developmental and social history assessments and a toddler/young-child screening tool.

**Referral procedure:**

Parents can contact the office directly to schedule a pediatric appointment. For developmental or autism concerns, parents should explain the concern when scheduling so the office can determine the appropriate appointment.

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## **Pediatrics at the Meadows**

[4.1](#)•Pediatrician•Closed

Website•Directions•(303) 688-5226

**Address:** 3911 Ambrosia St., Suite 100, Castle Rock, CO 80109

**Phone:** 303-688-5226

**Ages:** Infants through adolescents

**Services include:**

- Well-child examinations
- Preventive care
- Sick visits
- Growth and developmental monitoring
- Immunizations
- General pediatric care

**Referral procedure:**

Parents may contact the office directly to establish care or schedule an appointment.

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## **Pediatrics 5280**

[3.7](#)•Occupational therapist•Open

Website•Directions•(720) 788-7365

**Castle Rock Address:** 2352 Meadows Blvd., Suite 150, Castle Rock, CO 80109

**Phone:** 303-779-5437

**Website:** [Pediatrics 5280](#)

**Ages:** Infants through adolescents

Pediatrics 5280 provides comprehensive pediatric care, including well-child care, immunizations, and behavioral-health support. The practice has both Castle Rock and Centennial locations.

**Referral procedure:**

Parents can call the office to schedule an appointment. For behavioral/developmental concerns, parents should explain the concern when making the appointment.

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## 2. Pediatric Dentistry

### Castle Rock Smiles Pediatric Dentistry

[4.7](#)•Pediatric dentist•Open

Website•Directions•(303) 660-5373

**Address:** 753 Maleta Ln., Suite 104, Castle Rock, CO 80108

**Phone:** 303-660-5373

**Website:** [Castle Rock Smiles Pediatric Dentistry](#)

**Ages:** Infants through young adults

**Services include:**

- Infant dental visits
- Toddler dental care
- Dental examinations
- Cleanings
- Fluoride
- Sealants
- Dental emergencies
- Sedation dentistry
- Special-needs dental care

The practice recommends a child's first dental visit by age 1 and specifically provides care for infants and toddlers.

**Referral procedure:**

Parents may contact the office directly to request an appointment.

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### Castle Rock Kids' Dentistry

[4.5](#)•Dentist•Open

Website•Directions•(303) 814-1335

**Address:** 2352 Meadows Blvd., Suite 200, Castle Rock, CO 80109

**Phone:** 303-814-1335

**Website:** [Castle Rock Kids' Dentistry](#)

**Ages:** Newborns through teenagers

**Services include:**

- Preventive dentistry
- Exams and cleanings
- Fluoride
- Sealants
- Restorative dentistry
- Dental emergencies
- Sedation dentistry
- Care for children with special needs

The practice's pediatric dentists have specialized training in treating children with special needs and disabilities.

**Referral procedure:**

Parents can contact the practice directly and complete the new-patient information before the first appointment.

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## Castle Rock Smiles Pediatric Dentistry

[4.7](#)•Pediatric dentist•Open

Website•Directions•(303) 660-5373

**Additional option:** This practice is particularly appropriate for children who may benefit from a pediatric-only environment and specialized pediatric dental care.

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## Elevated Pediatric Dentistry

**Address:** 1176 Aloha St., Suite 500, Castle Rock, CO 80108

**Phone:** 720-770-1300

**Website:** [Elevated Pediatric Dentistry](#)

**Ages:** Infants through adolescents

**Services include:**

- Pediatric preventive dentistry
- Dental examinations
- Dental emergencies
- Dental trauma
- Special-needs dentistry
- Sedation
- Growth and development guidance

The practice is owned by a board-certified pediatric dentist and describes care beginning with a child's first tooth.

**Referral procedure:**

Parents may contact the office directly to schedule.

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## Pediatric Denticare

**Address:** 3750 Dacoro Ln., Suite 120, Castle Rock, CO 80109

**Phone:** 303-663-3388

**Website:** [Pediatric Denticare](#)

**Services include:**

- Pediatric dentistry
  - Preventive dental care
  - Orthodontic services
  - Craniofacial growth and development
  - Pediatric dental sleep medicine
  - Nutrition/oral-health support
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## 3. Vision / Eye Care

**Colorado Family Eye Centers | Children's Eye Physicians**

[2.9](#)•Pediatric ophthalmologist•Open

Website•Directions•(303) 488-0000

**Address:** 9094 E. Mineral Ave., Suite 200, Centennial, CO 80112

**Phone:** 303-488-0000

**Website:** Children's Eye Physicians / Colorado Family Eye Centers

**Ages:** Pediatric patients through adults

**Services include:**

- Pediatric eye examinations
- Pediatric ophthalmology
- Pediatric optometry
- Strabismus/eye alignment
- Amblyopia
- Children's eye conditions
- Medical and surgical pediatric eye care

This is a useful referral when a child has an abnormal vision screening or needs a more specialized pediatric eye evaluation.

**Referral procedure:**

Parents should contact the office and explain the child's age and reason for referral. Insurance/referral requirements should be confirmed when scheduling.

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## **Elevation Vision**

**Address:** 1001 S. Perry St., Suite 101B, Castle Rock, CO 80104

**Phone:** 303-337-2020

**Ages:** Children and adults

**Services include:**

- Routine eye examinations
- Pediatric vision care
- Refractive evaluation
- Myopia management
- General optometry

**Referral procedure:**

Parents can contact the office directly for an eye examination.

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## **4. Hearing / Audiology**

**Castle Rock Ear Associates**

[3.8](#)•Audiologist•Closed  
Website•Directions•(720) 408-9118

**Address:** 4344 Woodlands Blvd., Suite 240, Castle Rock, CO 80104

**Phone:** 720-408-9118

**Ages:** Contact provider regarding pediatric testing

**Services include:**

- Audiology
- Hearing evaluations
- Hearing-loss evaluation
- Hearing aids
- Ear/hearing evaluation

**Referral procedure:**

Parents should call and specifically request a **pediatric hearing evaluation** and provide the child's age.

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## **AHMG Castle Rock ENT**

**Address:** 2352 Meadows Blvd., Suite 300, Castle Rock, CO 80109

**Phone:** 720-455-3800

**Services may include:**

- Pediatric ENT
- Hearing evaluation
- Ear-related concerns
- Audiology services

**Referral procedure:**

Parents should call the office and explain the child's hearing concern. Insurance referral requirements may apply.

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## **ENT Specialists of the Rockies**

**Address:** 2356 Meadows Blvd., Suite 320B, Castle Rock, CO 80109

**Phone:** 303-744-1961

**Services include:**

- ENT
- Audiology
- Hearing testing
- Ear/hearing concerns
- Pediatric ENT concerns

**Referral procedure:**

Parents should contact the office to determine whether a physician referral is required for the child's specific insurance and reason for evaluation.

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## 5. Speech & Language Therapy

### Amazing Care Pediatric Outpatient Therapy

[5.0](#)•Speech pathologist•Open

Website•Directions•(720) 398-8806

**Formerly Straka Pediatric Therapies**

**Address:** 815 S. Perry St., Suite 200, Castle Rock, CO 80104

**Phone:** 720-398-8806

**Website:** [Amazing Care Pediatric Outpatient Therapy / Straka Pediatric Therapies](#)

**Ages:** Pediatric patients; confirm age-specific program availability

**Services include:**

- Speech-language therapy
- Articulation
- Language delays
- Social communication
- Developmental delays
- Feeding difficulties
- Hearing-related communication concerns
- Occupational therapy
- Physical therapy
- Mental health services

Straka's Castle Rock program specifically describes speech, OT, PT and mental-health services.

**Referral procedure:**

Families can complete an intake/scheduling request. Insurance authorization may be required depending on the child's plan.

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## Starlight Speech Therapy

**Phone:** 720-805-4323

**Website:** [Starlight Speech Therapy](#)

**Service area:** Castle Rock and surrounding communities

**Ages:** Pediatric

**Services include:**

- Speech therapy
- Language therapy
- Communication development
- Social communication
- Feeding-related support
- Occupational therapy

A particularly useful feature for Little Blessings is that Starlight offers services in settings such as **homes, schools, libraries, ABA centers, and daycare/preschool environments.**

**Referral procedure:**

1. Parent contacts Starlight.
  2. Family completes an initial consultation.
  3. Evaluation determines areas of need.
  4. Written recommendations are provided.
  5. Therapy is scheduled if appropriate.
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## 6. Occupational Therapy

**Arise Pediatric Occupational Therapy**

5.0•Occupational therapist•Open

Website•Directions•(303) 720-6174

**Address:** 202 Sixth St., Suite 301B, Castle Rock, CO 80104

**Phone:** 303-720-6174

**Ages:** Pediatric

**Services may address:**

- Fine-motor development
- Sensory processing
- Self-care skills
- School/preschool participation
- Motor planning
- Developmental skills
- Parent coaching

**Referral procedure:**

Parents can contact the practice to discuss concerns and determine whether an OT evaluation is appropriate.

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## **Fyzical Therapy and Balance Centers – Castle Rock**

[3.7](#)•Occupational therapist•Open

Website•Directions•(720) 788-7365

**Address:** 4700 Castleton Way, Suite 300, Castle Rock, CO 80109

**Phone:** 720-788-7365

**Website:** [Fyzical Therapy – Castle Rock Pediatrics](#)

**Ages:** Pediatric and adult

**Pediatric OT services include:**

- Fine-motor skills
- Sensory processing
- Emotional regulation
- Feeding
- Attention
- Daily living skills
- School-related skills

Fyzical specifically provides pediatric OT, speech, and PT using a play-based approach.

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## **7. Physical Therapy**

## **Fyzical Therapy – Castle Rock**

**Address:** 4700 Castleton Way, Suite 300, Castle Rock, CO 80109

**Phone:** 720-788-7365

### **Pediatric PT may address:**

- Gross-motor delays
- Strength
- Balance
- Coordination
- Motor milestones
- Walking
- Physical development
- Injury rehabilitation

### **Referral procedure:**

Parents may contact the clinic to discuss an evaluation. Insurance authorization or a physician referral may be required depending on the child's insurance.

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## **Sparq Physical Therapy**

5.0•Physical therapy clinic•Open

Website•Directions•(720) 463-4752

**Address:** 755 S. Perry St., Suite 300, Castle Rock, CO 80104

**Phone:** 720-463-4752

**Services:** Physical therapy and specialty rehabilitation.

### **Referral procedure:**

Families should contact the office to determine whether pediatric services are appropriate for the child's particular concern and whether a physician referral is required.

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# **8. Developmental Evaluation & Early Intervention**

## **Developmental Pathways**

#### 4.7•Medical clinic

Directions•(303) 734-9603

**Service area:** Douglas County and surrounding areas

**Phone:** 303-734-9603

**Website:** [Developmental Pathways](#)

**Ages:** Birth–3 for Early Intervention

This should be one of the **most important resources in the Little Blessings directory**.

Developmental Pathways provides Early Intervention services for eligible children from birth through age 3, including developmental evaluation and coordination of services.

**Areas that may be evaluated include:**

- Communication
- Cognitive development
- Social-emotional development
- Adaptive/self-help skills
- Fine-motor development
- Gross-motor development
- Overall developmental concerns

### **Referral procedure**

A parent, physician, childcare provider, or other concerned adult can initiate a referral.

**Recommended Little Blessings procedure:**

1. Teacher documents developmental concerns.
2. Teacher discusses observations with the director.
3. Director/teacher discusses concerns with parent.
4. Parent is provided with Developmental Pathways information.
5. Parent contacts Developmental Pathways or gives permission for the appropriate referral process.
6. Developmental Pathways determines eligibility and evaluation needs.
7. If eligible, services are coordinated with the family.

**Important:** For children approaching or over age 3, families should also be directed toward their local school district's **Child Find** process for preschool special education evaluation.

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## **9. Autism / Developmental Evaluation**

## Castle Rock Pediatrics

**Phone:** 303-688-2228

**Website:** [Castle Rock Pediatrics – Autism Evaluations](#)

Castle Rock Pediatrics specifically lists autism evaluations involving developmental/social history and toddler/young-child screening.

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### Autism Testing for Kids (AT4K)

4.3•Mental health service•Open

Website•Directions•(720) 818-7115

**Address:** 10637 E. Briarwood Cir., Suite B, Centennial, CO 80112

**Phone:** 720-818-7115

**Service area:** South Denver including Castle Rock

**Ages:** Children; confirm age eligibility when scheduling

#### Services include:

- Autism evaluations
- Developmental history
- Parent questionnaires
- Behavioral observation
- Diagnostic evaluation
- Written evaluation reports
- Recommendations for services

AT4K specifically lists Castle Rock among the communities it serves.

#### Referral procedure:

Parent contacts the practice to request an evaluation and completes the required developmental/medical history and questionnaires.

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## 10. Children's Mental Health

### Douglas County Child Therapy, PLLC

5.0•Mental health service•Open

Website•Directions•(719) 501-3660

**Address:** 755 Maleta Ln., Suite 203, Castle Rock, CO 80108

**Phone:** 719-501-3660

**Ages:** Children and families

**Services include:**

- Child therapy
- Parent support
- Parent/Child Interaction Therapy (PCIT)
- Family support
- Behavioral/emotional concerns
- Parenting skill development

**Referral procedure:**

Parents can contact the practice directly to discuss concerns and determine whether services are appropriate.

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## **Children's Wellness Center of Colorado**

5.0•Child psychologist•Open

Website•Directions•(720) 432-3673

**Castle Rock Address:** 333 Perry St., Castle Rock, CO 80104

**Phone:** 720-662-7862

**Website:** [Children's Wellness Center of Colorado](#)

**Services include:**

- Individual therapy
- Family therapy
- Parent/caregiver support
- Group therapy
- Child and adolescent mental health services

The practice has a Castle Rock location and serves children, adolescents, parents/caregivers and families.

**Referral procedure:**

Parents may contact the practice directly to discuss the child's needs and appropriate therapist/service.

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## **Family Care Center Therapy & Psychiatry – Castle Rock**

[5.0](#)•Mental health clinic•Open  
Website•Directions•(720) 464-7754

**Address:** 4700 Castleton Way, Suite 200, Castle Rock, CO 80109  
**Phone:** 720-464-7754

**Services include:**

- Child/family therapy
- Behavioral health
- Psychiatry
- Psychological services
- Counseling

**Referral procedure:**

Parents should contact the office to determine age eligibility, provider availability and insurance/referral requirements.

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## 11. Home-Based Pediatric Therapy

### Front Range Pediatric Therapies

**Phone:** 888-701-9216

**Website:** [Front Range Pediatric Therapies](#)

**Service area:** Castle Rock and surrounding Colorado communities

**Ages:** Pediatric

**Services:**

- Speech therapy
- Occupational therapy
- Physical therapy
- Home-based pediatric therapy
- Family-centered support

The practice provides therapy in the child's home and serves the greater Castle Rock and Denver-area communities.

**Referral procedure:**

Parent contacts the practice and completes the intake process. The practice determines the appropriate therapy and setting.

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## 12. Quick Referral Guide for Little Blessings Teachers

This section would be especially useful to put **behind the provider directory** in your binder.

| <b>If a teacher observes...</b>                        | <b>Consider discussing with parent</b>       |
|--------------------------------------------------------|----------------------------------------------|
| Child is difficult to understand                       | Speech-language evaluation                   |
| Child is not using expected language                   | Speech/developmental evaluation              |
| Child does not respond consistently to sounds/name     | Hearing evaluation                           |
| Child frequently squints or has difficulty seeing      | Vision evaluation                            |
| Child has difficulty with scissors, crayons, utensils  | Occupational therapy                         |
| Child has significant sensory concerns                 | Occupational therapy                         |
| Child has difficulty with balance/walking/running      | Physical therapy                             |
| Child is significantly behind developmental milestones | Developmental evaluation                     |
| Concerns in multiple developmental areas               | Developmental Pathways/Child Find            |
| Persistent behavioral concerns                         | Pediatrician/mental health provider          |
| Difficulty with emotional regulation                   | Pediatrician/OT/mental health                |
| Social-communication concerns                          | Pediatrician/developmental evaluation        |
| Autism concerns                                        | Pediatrician/developmental/autism evaluation |
| Feeding difficulties                                   | Pediatrician/SLP/OT                          |
| Dental concerns                                        | Pediatric dentist                            |
| Tooth pain/injury                                      | Pediatric dentist promptly                   |

