

BACK-TO-COLLEGE TIPS

Protect Yourself from COVID-19

Watch your distance

Stay at least 6 feet apart from others, when possible



Wash your hands

or use hand sanitizer with at least 60% alcohol



Wear a face cover

in public spaces and common areas



The more **closely** you interact with others and the **longer** that interaction, the **higher the risk** of COVID-19 spread.

DORM

- Avoid sharing items with roommates or others.
- If you do, clean and disinfect before sharing or using.

SHARED BATHROOM

- Avoid placing toothbrushes directly on counter surfaces.
- Use totes for personal items to limit contact with other surfaces in the bathroom.

CLASSROOM

- Enroll in online classes if they fit your educational needs.
- Wipe down your desk with a disinfectant wipe if possible.
- Skip seats or rows to create physical distance between other students.
- Avoid placing your personal items (e.g., cell phone) on your desk.

DINING HALL & MEALS

- Avoid sharing food, drink, utensils or other items with people.
- Pick up grab-and-go options for meals if offered.
- Avoid buffets and self-serve stations.

LAUNDRY ROOM

- Clean and disinfect surfaces that others have touched (e.g., buttons on the washing machine).
- Wash face covers in warmest appropriate water setting for the fabric.



**BEFORE YOU GO OUT,
TAKE THE FOLLOWING:**

- Cloth face cover
- Tissues
- Hand sanitizer
- Disinfection wipes (if possible)

