

## A WORD FROM THE INVENTOR

Hello! I'm Jim Wallace, the inventor of the Home Run Trainer™, a revolutionary training device designed for players of all ages, boys and girls alike. I have coached boys' & girls' baseball and softball for over 30 years. I wanted to develop a product that would quickly improve a player's swing and be fun to use. Most traditional hitting devices used in baseball and softball incorporate the use of a batting tee. I felt that the use of a batting tee, although good, was limited in developing a player's swing and not very efficient or challenging. The problem is that the ball is in a fixed position, and when hit, someone must field it or chase the ball down! Using a batting tee is impractical to use at home by yourself, and it is boring. So, I wanted to create something that would help accelerate skill development and be fun to use.

Through experimentation with various ideas, I developed the Home Run Trainer™.is. There is no other training device in baseball or softball that allows you to hit a moving ball up to 20 times. I have personally tested this with hundreds of players from T-ball to college levels. Nowhere can you hit a ball 20 times in just one minute. Even if you are in a batting cage and using a pitching machine, which usually takes 5 to 10 seconds, it is also not something that is used in a home environment.

The secret to the Home Run Trainer™: When your son or daughter strikes the ball squarely, the ball will rotate 360 degrees (one time around), then will slowly reverse direction and come back to the batter, where they strike it again, repeating the rotation. The height of the system and length of the cord allow perfect timing while accelerating the number of swings per minute.

With my Home Run Trainer™, kids can now use it at home and hit a moving ball! This greatly accelerates developing a great "homerun" swing, and it is fun to use! You no longer need to worry about hitting balls into a net or off a tee with another player fielding them.

Initially created for beginners, the Senior Home Run Trainer<sup>™</sup> has evolved to meet the

needs of all players, providing an unparalleled opportunity for skill development. With proper hitting technique, this trainer empowers your son or daughter to reach their highest potential and keeps them engaged in the great American sport of baseball or softball. When I first introduced this product in the 1980s, many parents shared amazing success stories, noting that their child transformed from the worst hitter on the team to the best in just one year of practice. After only a few hours with the Home Run Trainer™, players begin to see remarkable improvements in their hitting. They learn to see the ball hit the bat, overcoming any fear of the ball and building their confidence. This is especially true of young hitters using the Junior Trainer.

We recommend letting the ball go by a second time with the JuniorTrainer, which will still allow 10-12 hits. When mastered, move up to Senior Home Trainer, which is made of steel and will last a lifetime.

Beginning and advanced athletes love practicing with the Home Run Trainer™. Both boys and girls especially appreciate its success-oriented design and thrive on the competition: How many times can you hit it in a row? Can you reach that professional level of hitting 20 times in one minute? If you are hitting the ball squarely, you will produce a hit every 3 seconds, the Sr. Home Run Trainer, thereby developing a consistent and perfectly vertical 360-degree rotation of the ball.

By comparison, pitching machines, which are expensive to purchase, throw a ball out every 5-10 seconds between pitches. This allows a batter to drop the hands and get into bad habits of "casting the bat," leading to over-striding and hitches. With the Sr. Home Run Trainer™, you get into the "hitting pocket" immediately after striking the ball. The ball goes past you, then comes back towards you, and your eyes are focused on the ball, and you are now striking the ball every 3 seconds on average. The batter has no time to develop bad habits. Instead, the batter is now perfecting their swing with their eyes and creating coordination with their arms and hands, which develops lightning-quick strength. I am not saying that going to a batting cage is not the best, but with thousands of repetitions, you can use the HOME RUN TRAINER to think of what you can do by being stronger, quicker, and having great rhythm, which the home trainer teaches.

Through repetition, you will become an advanced hitter because you now have a device that is unlimited in the number of swings. My son, at 10 years old, was able to strike 18 hits in 20 at-bats in the All-Star Tournament with a pitching machine set at 56 mph. Repetition will greatly improve your performance.

## **Key Features:**

• Easy to Use: The initial assembly & setup takes minutes. It can be placed "in

- ground" or used with our included cross-brace stand; this is my preferred method, making it perfect for the backyard, ball fields, or indoor facilities.
- **Portable Design**: Comes with a convenient carry bag for easy transport, along with a collapsible regulation home plate that fits perfectly inside the bag.
- **Durable Construction**: Made of sturdy, powder-coat painted steel and a nylon cord, it's built to last through countless training sessions.
- No Special Maintenance: Simply set it up and start hitting—no upkeep

## required! Benefits:

- Improve Hand-Eye Coordination: Enhance timing and precision.
- Increase Swing Accuracy: Master your mechanics for consistent performance. Build Arm Strength: Strengthen muscles while training for better power. Boost Confidence: Experience a transformation in skills and self-assurance.

Experience the **best training product ever designed** to make you the best! **Get ready to hit it out of the park with the Home Run Trainer™!** Thank you again for your purchase of my Home Run Trainer™!

Now get out there and master your swing!

"Hit a Home Run"

Wishing you the Best in all that you do.

**Coach Jim Wallace** 

Note: Your new Home Run Trainer™ comes with one wiffle ball. The wiffle ball works best as the weight is perfect to have consistent rotations.. To obtain new ones, simply go to any sports retailer and purchase. The Home Run Trainer™ also comes with four lengths of 20-foot cords. You can also use Stee-Rike3 balls or the original wiffle balls, both of which can be found in any sports retailer, online at numerous e-commerce sites, or at Walmart.