

Your Guide to Personal Evolution & Self-Alignment

Example
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Mapping out Your Unique Path to Your Higher Self

Birth

Rune of termination and new beginnings. A rune of passage into new energy. Prepare for opportunity disguised as loss. You are working your way up the emotional scale. Remain mindful that new life is always greater than old. Your soul and the Universe support your new growth higher into consciousness. Be grateful for you and your inner worth.

Now

Above and below are united. Your inner worth mounts. Let the right actions flow through you. Asking, what constitutes right action? Allow the answers to flow through you. Guiding you to the perfect union of self-healing, self-change and self-union.

Future

Patience and surrender. Meditate on anger as a place of harmony and peace. This is your great awakening. The onset of your power- self-worth. Own it, let it flow through you.

Define the energy of others that flows to and through you. Release

Define what source energy to connect to.

Past Incarnation

Growth and flow leading to blossoming. First, disperse resistance. Second, accomplish work. With modesty, patience, fairness and generosity. Your will clear and controlled, your motives correct.

Future Incarnation

Obstacles we create for ourselves. Shame, not being able to accept yourself. You possess the clarity, strength and will to heal your emotions. Embrace your power. Be mindful of your progress. Be grateful for you. Approach with good humor. You are being guided to not take it so seriously. Allow yourself to be free.

Union of Self with Higher Self

Release & Embrace

Birth



GRIEF

GRATITUDE

LOVE

Present



ANGER

SURRENDER

WISDOM

Future



HUMOR

ANGER

SURRENDER

Past



COURAGE

PRAYER

FORGIVENESS

Future

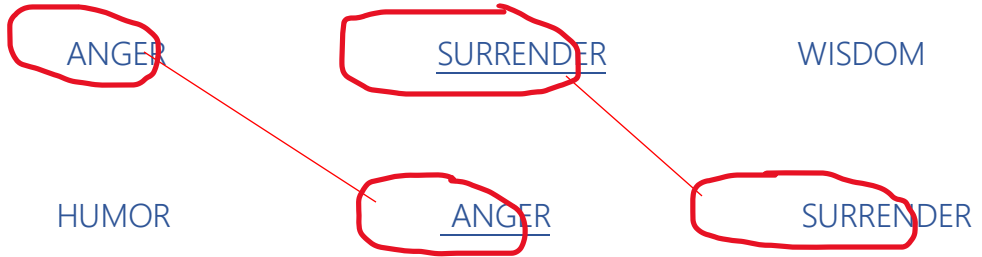
Incarnation



FAITH

SHAME

LOVE



Self Properly Aligned with Self Embrace Your SuperPowers!

Gratitude Love Surrender Wisdom
Humor Prayer Faith

Gain higher understanding of anger and surrender and the balance of the two with humor..

Gratefulness for yourself and your inner worth are the two feelings you are being guided to in your future incarnation to be align with your Higher Self moving towards your Highest Purpose. Be mindful of your progress.

Visualization

Embrace them, allow them to flow through every cell, moving out and around you, lifting you up into and then above consciousness. Feel the lightness. Allow it to radiate and expand in each cell. Lifting you higher and higher into the highest of pure positive energy

Release

Shame Forgiveness Grief

Release energy of others that does not serve you.

Higher Understanding

Anger

Surrender

Courage

Innocence

Affirmations

New life is always greater than old.

I am grateful for me

I allow the flow

I am the perfect Union of Self Healing, Self Change and Self Union

Happy Place

Trees and the wind

Swirling is your Magic

Feeling good is your Power