



# ULTIMATE KOMBAT FITNESS

Effective: 8/1/19

960 E WARNER RD, STE 3

CHANDLER, AZ 85225

[WWW.UKFGYM.COM](http://WWW.UKFGYM.COM)

| TIME               | MON   | TUES   | WED  | THS  | FRI   | SAT   | SUN        |  |
|--------------------|---|--|--|--|---|---|------------|--|
| 6:30 AM            | BOXING (6:30AM-7:30AM)<br>Javier                      | POWER KICKBOXING (6:30AM-7:30AM)<br>Javier           | BOXING (6:30AM-7:30AM)<br>Javier                     | POWER KICKBOXING (6:30AM-7:30AM)<br>Javier               | BOXING (6:30AM-7:30AM)<br>Javier                        |   | NO CLASSES |  |
| 9:00 AM            |   |  |  |  | ADULT No Gi BJJ (9:00AM-10:00AM)<br>Javier              | ADULT No Gi BJJ (9:00AM-10:00AM)<br>Javier  |            |  |
| 10:00 AM           |   |  |  |  | WOMEN'S SELF DEFENSE (10:30AM-11:30AM)<br>Javier        | ADVANCED BOXING (10:00AM-11:00AM)<br>Javier |            |  |
| 11:00 AM           |   |  |  |  |   |   |            |  |
| 12:00 noon         | ADULT Gi BJJ (12:00PM-1:30PM)<br>Javier               | ADULT No Gi BJJ (12:00PM-1:30PM)<br>Javier           | ADULT No Gi BJJ (12:00PM-1:30PM)<br>Javier           | ADULT No Gi BJJ (12:00PM-1:30PM)<br>Javier               |   |   |            |  |
| 1:00-4:00 - Closed |   |  |  |  |   |   |            |  |
| 4:00 PM            |   |  |  |  | LITTLE KIDS Gi BJJ- 4-6 yrs (4:30PM-5:00PM)<br>Javier   |   |            |  |
| 5:00 PM            | LITTLE KIDS Gi BJJ- 4-6 yrs (5:00PM-5:30PM)<br>Javier | BIG KIDS JUDO- 7 yrs & Up (5:00PM-5:30PM)<br>Javier  |  | BIG KIDS WRESTLING- 7 yrs & Up (5:00PM-5:30PM)<br>Javier | BIG KIDS STRIKING- 7 yrs & Up (5:00PM-5:30PM)<br>Javier |   |            |  |
| 5:30 PM            | BIG KIDS Gi BJJ- 7 yrs & Up (5:30PM-6:30PM)<br>Javier | BIG KIDS Gi BJJ- 7 yrs & Up (5:30PM-6:30PM)<br>Bruce | BIG KIDS Gi BJJ- 7 yrs & Up (5:30PM-6:30PM)<br>Bruce | BIG KIDS Gi BJJ- 7 yrs & Up (5:30PM-6:30PM)<br>Bruce     |   |   |            |  |
| 5:30 PM            | MUAY THAI KICKBOXING (5:30PM-6:30PM)<br>Jon           | BOXING (5:30PM-6:30PM)<br>Javier                     | POWER KICKBOXING (5:30PM-6:30PM)<br>Javier           | BOXING (5:30PM-6:30PM)<br>Javier                         | MUAY THAI KICKBOXING (5:30PM-6:30PM)<br>Jon             |   |            |  |
| 6:00 PM            |   |  |  |  | ADULT Gi BJJ (5:30PM-6:30PM)<br>Javier                  |   |            |  |
| 6:30 PM            | BOXING (6:30PM-7:30PM)<br>TBD                         | MUAY THAI KICKBOXING (6:30PM-7:30PM)<br>Jon          | BOXING (6:30PM-7:30PM)<br>TBD                        | MUAY THAI KICKBOXING (6:30PM-7:30PM)<br>Jon              | SPARRING/MMA (6:30PM-7:30PM)<br>Javier                  |   |            |  |
| 7:00 PM            | ADULT No Gi BJJ (6:30pm-8:00pm)<br>Javier             | ADULT Gi BJJ (6:30pm-8:00pm)<br>Javier               | ADULT Gi BJJ (6:30pm-8:00pm)<br>Javier               | ADULT Gi BJJ (6:30pm-8:00pm)<br>Javier                   |   |   |            |  |
| 8:00 PM            |   |  |  |  |   |   |            |  |

|                               |
|-------------------------------|
| ULTIMATE FITNESS PACKAGE      |
| BIG KIDS CLASS                |
| LITTLE KIDS CLASS             |
| ULTIMATE MARTIAL ARTS PACKAGE |
| ULTIMATE SPECIAL              |

MONDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 5:00PM- 8:30PM

TUESDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 5:00PM- 8:30PM

WEDNESDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 5:00PM- 8:30PM

THURSDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 5:00PM- 8:30PM

FRIDAY- 6:30AM- 7:30AM / 9:00AM-10:00AM/ 4:30PM- 8:00PM

SATURDAY- 9:00AM-11:30AM

SUNDAY- CLOSED



**\*DOWNLOAD OUR APP. SEARCH "UKF GYM" FOR THE UPDATED SCHEDULE**