



ULTIMATE KOMBAT FITNESS

Effective: 5/15/2020

960 E WARNER RD, STE 3

****SUMMER SCHEDULE****

CHANDLER, AZ 85225

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WWW.UKFGYM.COM

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
6:30 AM	BOXING (6:30AM-7:30AM) Javier	POWER KICKBOXING (6:30AM-7:30AM) Javier	BOXING (6:30AM-7:30AM) Javier	POWER KICKBOXING (6:30AM-7:30AM) Javier	BOXING (6:30AM-7:30AM) Javier		NO CLASSES
7:10-7:20 AM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION		
8:00 AM							
9:00 AM	ADULT Gi BJJ (9:00AM-10:00AM) Javier	PRO MMA (9:00AM-10:00AM) Javier	ADULT Gi BJJ (9:00AM-10:00AM) Javier	PRO MMA (9:00AM-10:00AM) Javier	ADULT No Gi BJJ (9:00AM-10:00AM) Javier	NO Gi BJJ (9:00AM-10:00AM) Javier	
10:10-10:20 AM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION (10:00-10:15)	
10:00 AM						FIT BOXING (10:15AM-11:15AM) Javier	
11:00 AM							
12:00 NOON	ADULT Gi BJJ (12:00PM-1:00PM) Javier	ADULT NO Gi BJJ (12:00PM-1:00PM) Javier	ADULT Gi BJJ (12:00PM-1:00PM) Javier	ADULT NO Gi BJJ (12:00PM-1:00PM) Javier			
1:00 PM					KIDS JUDO 4-14 YRS OLD (1:00PM-1:45PM) JAVIER		
1:15-1:30 PM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION (1:50-2:00)		
2:00 PM	KIDS Gi BJJ- 4-14 YRS OLD (2:00PM-3:00PM) JOAO	KIDS Gi BJJ- 4-14 YRS OLD (2:00PM-3:00PM) JOAO	NO CLASS	KIDS Gi BJJ- 4-14 YRS OLD (2:00PM-3:00PM) JOAO	KIDS BOXING/KICKBOXING - 4 yrs- 13 YRS OLD (2:00PM-3:00PM) Javier		
3:00 PM							
3:10-3:20 PM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION		
3:30 PM	KIDS Gi BJJ- 4-14 YRS OLD (3:30PM-4:30PM) BRUCE	KIDS Gi BJJ- 4-14 YRS OLD (3:30PM-4:30PM) BRUCE	KIDS WRESTLING- 6-13 YRS OLD (3:30PM-4:30PM) BOE	KIDS Gi BJJ- 4-14 YRS OLD (3:30PM-4:30PM) BRUCE	BIG KIDS STRIKING- 7 yrs & Up (5:00PM-5:30PM) Javier		
4:00 PM							
4:45-5:00PM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION		
5:00 PM							
5:30 PM	MUAY THAI KICKBOXING (5:30PM-6:30PM) Javier	MUAY THAI KICKBOXING (5:30PM-6:30PM) Jon	BOXING (5:30PM-6:30PM) Javier	BOXING (5:30PM-6:30PM) Javier	MUAY THAI KICKBOXING (5:30PM-6:30PM) Jon		
6:00 PM							
6:30-6:45 PM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION		
6:45 PM	ADULT NO Gi BJJ (6:45PM-7:45PM) Javier	ADULT Gi BJJ (6:45PM-7:45PM) Javier	ADULT NO Gi BJJ (6:45PM-7:45PM) Javier	ADULT Gi BJJ (6:45PM-7:45PM) Javier	SPARRING/MMA (6:45PM-7:45PM) Javier		
7:00 PM							
7:50-8:00PM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION		
8:00 PM	POWER KICKBOXING (8:00PM-9:00PM) Javier	ADVANCED ADULT WRESTLING (8:00PM-9:00PM) BOE	BOXING (8:00PM-9:00PM) Javier	ADVANCED ADULT WRESTLING (7:30PM-8:30PM) BOE			
9:00 PM							
9:15-9:30PM	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION	CLEANING SESSION			

***DOWNLOAD OUR APP. SEARCH "UKF GYM" FOR THE UPDATED SCHEDULE**

- MEMBERSHIP PACKAGE
- ULTIMATE FITNESS
- KIDS CLASS
- ULTIMATE MARTIAL ARTS
- TEAM CLASS- INVITE ONLY

MONDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 2:00-4:30PM/ 5:00PM- 9:00PM
TUESDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 2:00-4:30PM/ 5:00PM- 9:00PM
WEDNESDAY- 6:30AM- 7:30AM / 12:00PM-1:00PM/ 2:00-4:30PM/ 5:00PM- 9:00PM
THURSDAY-6:30AM- 7:30AM / 12:00PM-1:00PM/ 2:00-4:30PM/ 5:00PM- 9:00PM
FRIDAY- 6:30AM- 7:30AM /9:00AM-10:00AM/ 1:00PM- 8PM
SATURDAY- 9:00AM-11:30AM
SUNDAY- CLOSED

