

# CLIENT WELCOME PACKET

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**“Inspiring A New You”**  
**Verna McGee Life Coach/Mentor**  
**133 Portage Trail Suite 103**  
**Cuyahoga Falls, Oh 44221**  
**Email: [inspiringanewyou2@gmail.com](mailto:inspiringanewyou2@gmail.com)**



# WELCOME

Dear Client,

I am thrilled to welcome you to Inspiring a New You, And I'm honored that you've chosen me as your coach. I'm excited to work with you and support you on your journey to achieving your goals.

As your coach, my commitment is to provide a safe, non-judgemental, and supportive environment where you can explore your aspirations, challenges and growth opportunities. My goal is to empower you with the tools, strategies, and mindset necessary to overcome obstacles and reach your full potential.

Here's what you can expect from our coaching relationship:

- A collaborative and personalized approach tailored to your unique needs and objectives.
- A safe space to share your thoughts, feelings and concerns
- Expect guidance, support and accountability.





# MEET YOUR COACH

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Verna M. McGee

Verna has been a coach and mentor for over 10 years. She has helped countless of people overcome many obstacles and face their fears. She has faced her own personal journey in the area of fear and anxiety. Her approach to coaching and mentoring people is very clear and concise and done with love and understanding.

She has an hands on approach when interacting with people. Her desire is to get you from your now to your next.



# SERVICES OFFERED

## Inspiring A New You Coaching/Mentoring Services Offered

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### Services Offered

01

\*We offer Life Coaching in the areas of Life & Spiritual

\*We offer Mentoring services in the area of Life & Spiritual

02

### To make the most of our time together

Commit to be open, honest, and receptive to new ideas.

Come prepared to share your thoughts, goals, and progress.

Be patient and kind to yourself throughout this journey.

03

### The coaching journey

Our coaching journey will be transformative, and I'm eager to witness your growth. If you have any questions or concerns before our first session, please don't hesitate to reach out. Thank you for trusting me with your coaching journey. I look forward to our first session!





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# NEXT STEPS

Our next step is to have you complete the welcome packet and then schedule your first coaching/mentoring session. We look forward to working with you!



*Thank you!*

Best regards,  
Verna McGee  
Inspiring A New You



[inspiringanewyou2@gmail.com](mailto:inspiringanewyou2@gmail.com)

Phone (330) 607-8638

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# **Coaching/Mentoring Price List**

## **Coaching Packages**

- Basic: \$200/month (4 sessions)
- 30 minute sessions
- Phone or video calls
- Email Support

**Your paragraph text**

## **Premium: \$500/month (8 sessions)**

- 60 minute sessions
- Phone or video calls
- Email Support

## **A La Carte Sessions**

- Single Session: \$100
- 60 minute session
- Phone or video call

## **Discounts**

- 10% off for 3-month commitment
- 15% off for 6-month commitment
- Referral discount: 20% off next months package for each referral

## **Payment Terms**

- Payment due at time of scheduling
- Credit card or bank transfer accepted
- 24-hour notice required for rescheduling or cancellations

# Life Coaching, and Mentoring Contract

This contract is made and entered into on \_\_\_\_\_ (Effective Date) by and between: Verna McGee (Coach/Mentor) \_\_\_\_\_ (Client name) \_\_\_\_\_

## 1. Scope of Services

The Coach/Mentor agrees to provide life coaching and mentoring services to the Client, focusing on [SPECIFY AREA OF FOCUS] \_\_\_\_\_ e.g., personal growth, spiritual growth]. The services will include:

- Regular coaching sessions (frequency and duration specified below)
- Guidance, support, and accountability
- Strategies' and tools for achieving Client's goals

## 2. SESSION DETAILS

- Frequency: [NUMBER] Sessions per [WEEK/MONTH]
- Schedule: [SPECIFY SCHEDULE, e.g., weekly calls, weekly or bi-weekly meetings]
- Method: [IN-PERSON, PHONE, VIDEO CALL]

## 3. TERM AND TERMINATION

- The term of this contract shall commence on the Effective Date and continue for [LENGTH] months

## 4. CONFIDENTIALITY

The Coach/Mentor shall maintain confidentiality and not disclose any information shared by the Client during coaching sessions, except as required by law.

## 5. PAYMENT TERMS

- Fees: \$\_\_\_\_\_ per [SESSION/MONTH]
- Payment Method: e.g., credit/debit card, cash app \$vm2833
- Payment Schedule: e.g., weekly, monthly, upfront]

## **6. CANCELLATION POLICY**

- If the Client cancels a session with less than 24 hours' notice, the Client shall forfeit the session fee.
- The Coach/Mentor reserves the right to cancel or reschedule due to unforeseen circumstances.

## **7. LIMITATIONS OF LIABILITY**

The Coach/Mentor shall not be liable for any damages or losses arising from the coaching relationship, except in cases of gross negligence or willful misconduct.

## **8. INTELLECTUAL PROPERTY**

All materials and tools provided by the Coach/Mentor remain the Coach/Mentor's willful misconduct

## **9. GOVERNING LAW**

this contract shall be governed by and construed in accordance with the laws of [Oh/United States].

## **10. ENTIRE AGREEMENT**

This contract constitutes the entire agreement between the parties and supersedes all prior negotiations, understandings, and agreements.

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Coach/Mentor Signature: \_\_\_\_\_

Client Signature \_\_\_\_\_

Date: \_\_\_\_\_







