

# Umber and Belina

## Discussion Questions/Journal Prompts

### Basic Comprehension: Recall

- What was Umber most afraid of?
- What happened when Umber tried to walk on the kitchen floor?
- Who is Belina?
- What was Belina trying to find when she first met Umber?

### Basic Comprehension: Advanced

- Why was the kitchen floor so scary for Umber? How did Umber's body feel when she was scared?
- How did Belina help Umber?
- What did Umber do differently when she felt herself start to slip?

### SEL Questions

- Have you ever felt like Umber? When?
- Why is it okay to feel scared sometimes?
- What made Umber brave?
- How did Belina show kindness?
- Why is it important to encourage others?

### Inference and Reasoning

- The author keeps mentioning this theme of 'small steps.' What does "small steps" mean or represent in this story?
- What might have happened if Belina never came?
- Why didn't Umber give up the second time?
- How did breaking the problem into smaller steps help?
- What lesson did Umber learn?
- Why does the author say "that was enough" at the end?

### Journal Prompts

- What is something you are scared to try? Are there small steps you could try?
- How can you be like Belina to someone else?
- When did you try something again after failing?
- What does being brave mean to you?
- If Umber could talk to you, what advice would you give her?