

# Umber and Belina

## SEL Lesson: Perseverance

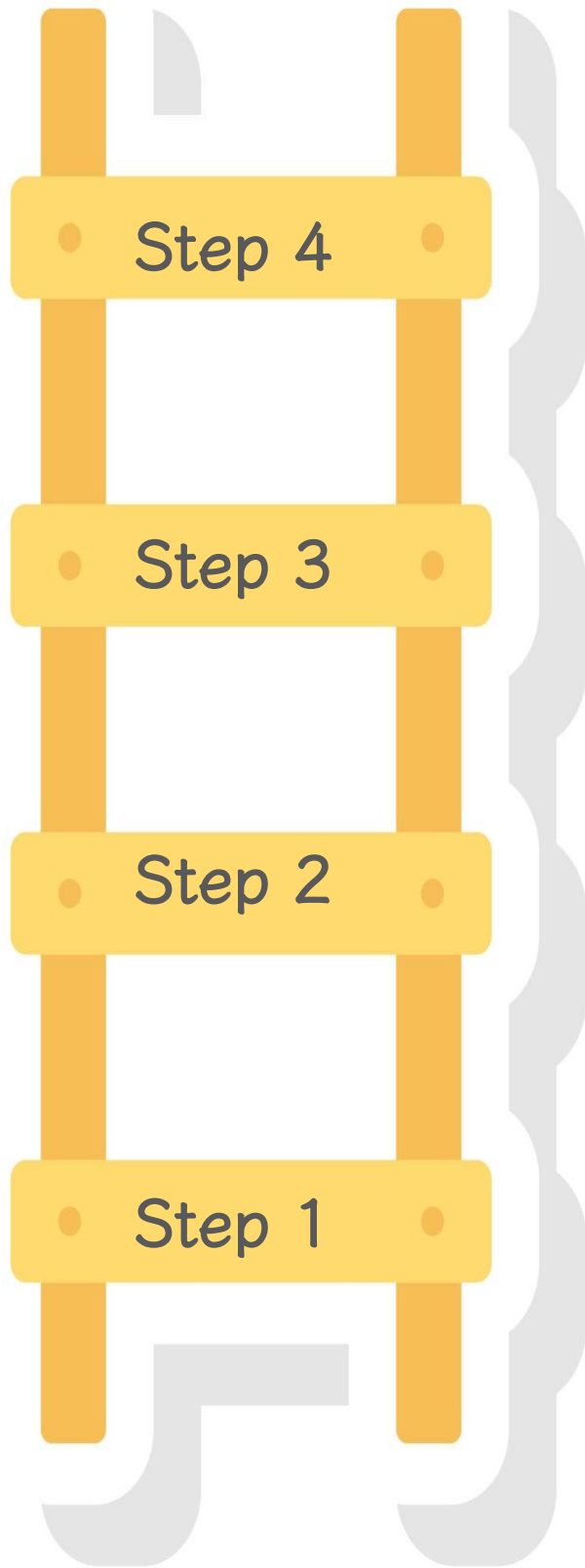
### Objective:

Students will be able to identify and give an example of perseverance.

### Lesson Steps:

1. Activate background knowledge by showing the word “perseverance” and holding a brief discussion.
  - Perseverance is the persistence in doing something even if it is difficult, there is failure, or if it takes longer than expected to achieve.
  - Show this video: <https://www.youtube.com/watch?v=vlHse7cl9jq>
2. Ask students to think about how the main character, Umber, shows perseverance as you read aloud.. Read the story aloud.
  - After reading, explain how Umber didn't cross the entire floor at once; she broke the problem into smaller steps. Even when she felt her paw slip, she still continued forward.
3. Student Activity: Create a “Small Steps Ladder” (I do, We Do Model)
  - Using a visual of a ladder, the teacher will model how a challenging activity like: learning to read harder books, riding a bike, learning how to tie shoes, speaking in front of a class, learning a new sport, etc, can be accomplished through steps.
  - Students will then think of their own challenge and create steps on how they can accomplish that challenge. \*Note: Not all challenges may need four steps.

\*Teacher ladder with answer key and student sheet are attached.



Step 4

Step 3

Step 2

Step 1

# Teacher Copy: Answer Sheet

Challenge: Ride a bike.

Step 4: Ride with no training wheels.

Step 3: Practice with training wheels.

Step 2: Ride with training wheels.

Step 1: Sit on the bike, and put on a helmet.



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Challenge:

