



RED BELT
BLACK STRIPE



REQUIREMENTS

STUDENT NOTES

FORCE OPTIONS SELF-DEFENSE

COMBAT HAPKIDO RED/BLACK STUDENT NOTES

REQUIREMENTS FOR RANK

Core Techniques	
One hand Shoulder Grabs (7-8)	Two hand Lapel Grabs (3-4)
Two hand middle sleeve grabs back (1)	Two hand rear shoulder grab (1)
Belt grab palm down (1-2)	Hostile Handshakes (1-2)
Full Nelson Defenses (1-2)	

(Not Required for Belt Advancement)

Additional Programs	
Ground Survival LV-4	Combat Stick LV-3
TTP LV-4	Dan Bong Lv-4

Weapon Disarming		
Blunt Weapon 4	Knife 4	Handgun 4

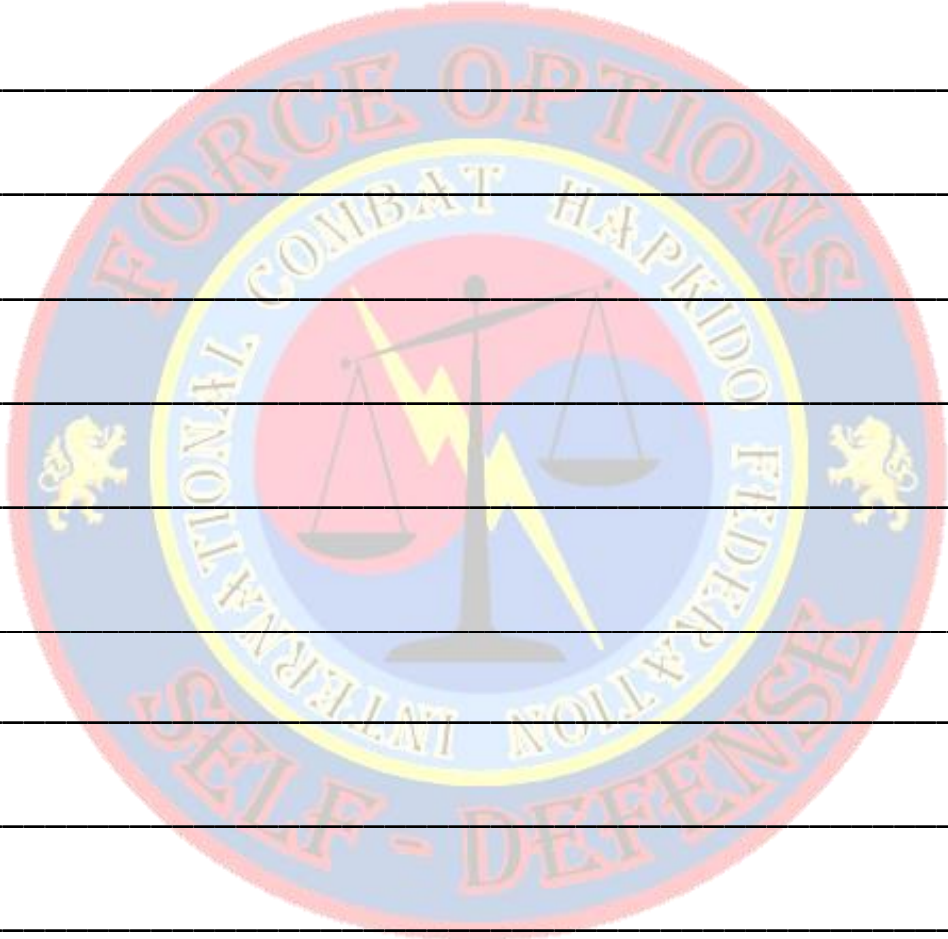
COMBAT HAPKIDO RED/BLACK STUDENT NOTES

CORE TECHNIQUES

One Hand Front Shoulder grab (2)

1.) _____

2.) _____



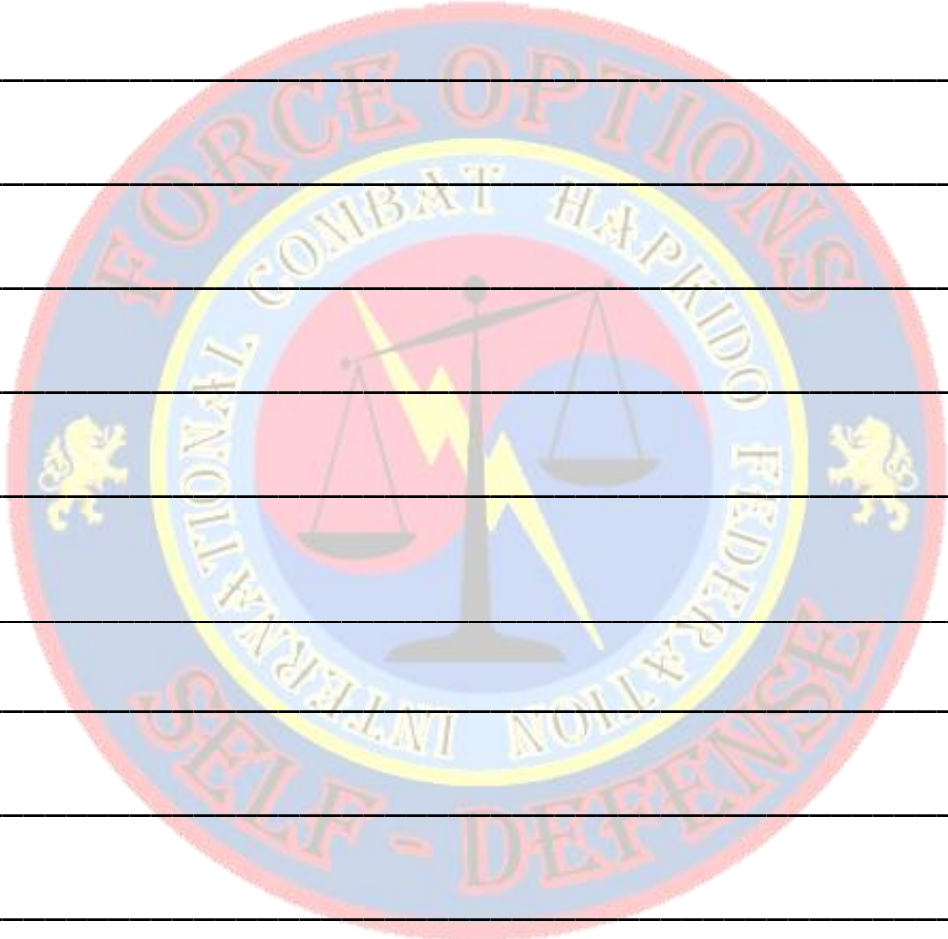
COMBAT HAPKIDO RED/BLACK STUDENT NOTES

CORE TECHNIQUES

Two Hand Garment grabs (2)

1.) _____

2.) _____



COMBAT HAPKIDO RED/BLACK STUDENT NOTES

CORE TECHNIQUES

Two hand Middle sleeve grab from Behind (1)

1.) _____

Two hand rear shoulder grab (1)

1.) _____

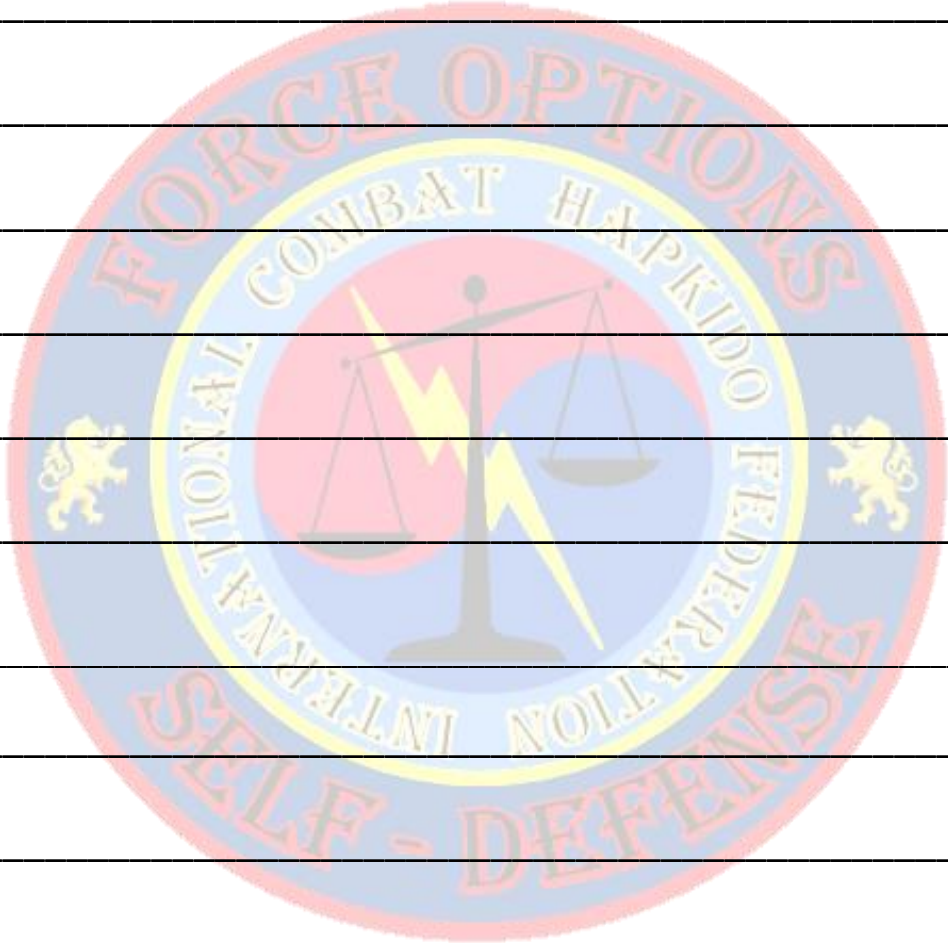
COMBAT HAPKIDO RED/BLACK STUDENT NOTES

CORE TECHNIQUES

Belt grabs palm down (2)

1.) _____

2.) _____



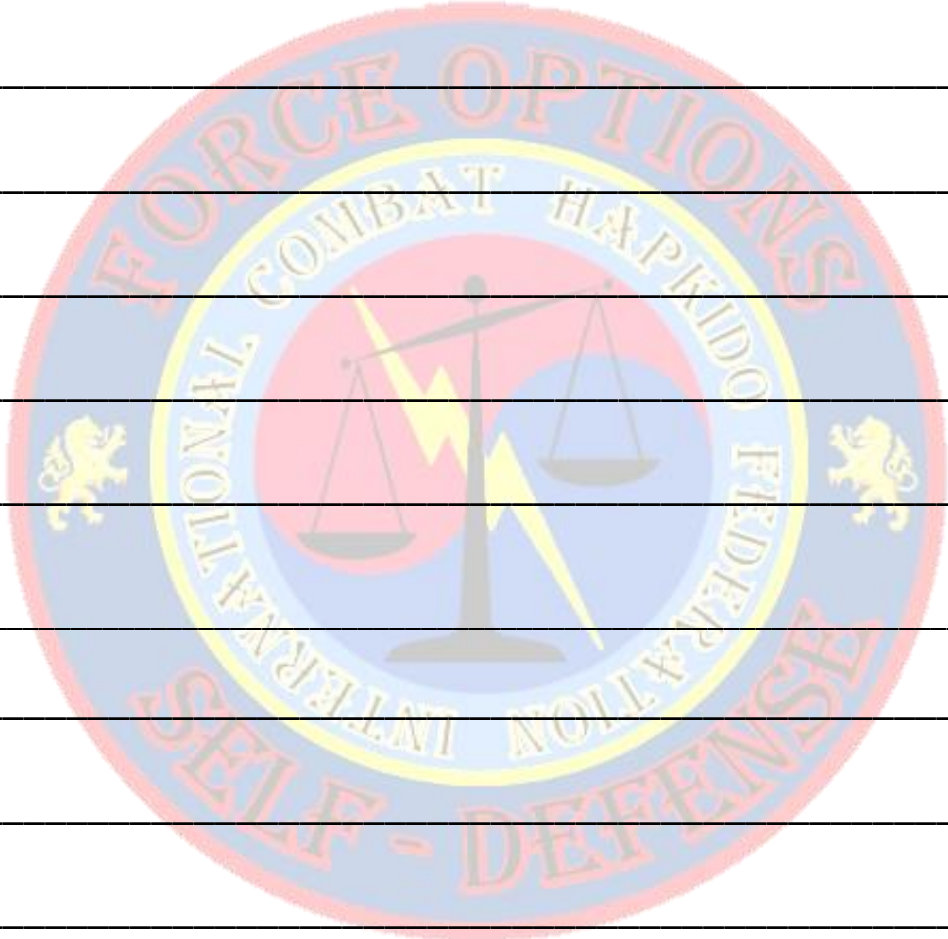
COMBAT HAPKIDO RED/BLACK STUDENT NOTES

CORE TECHNIQUES

Hostile handshakes (2)

1.) _____

2.) _____



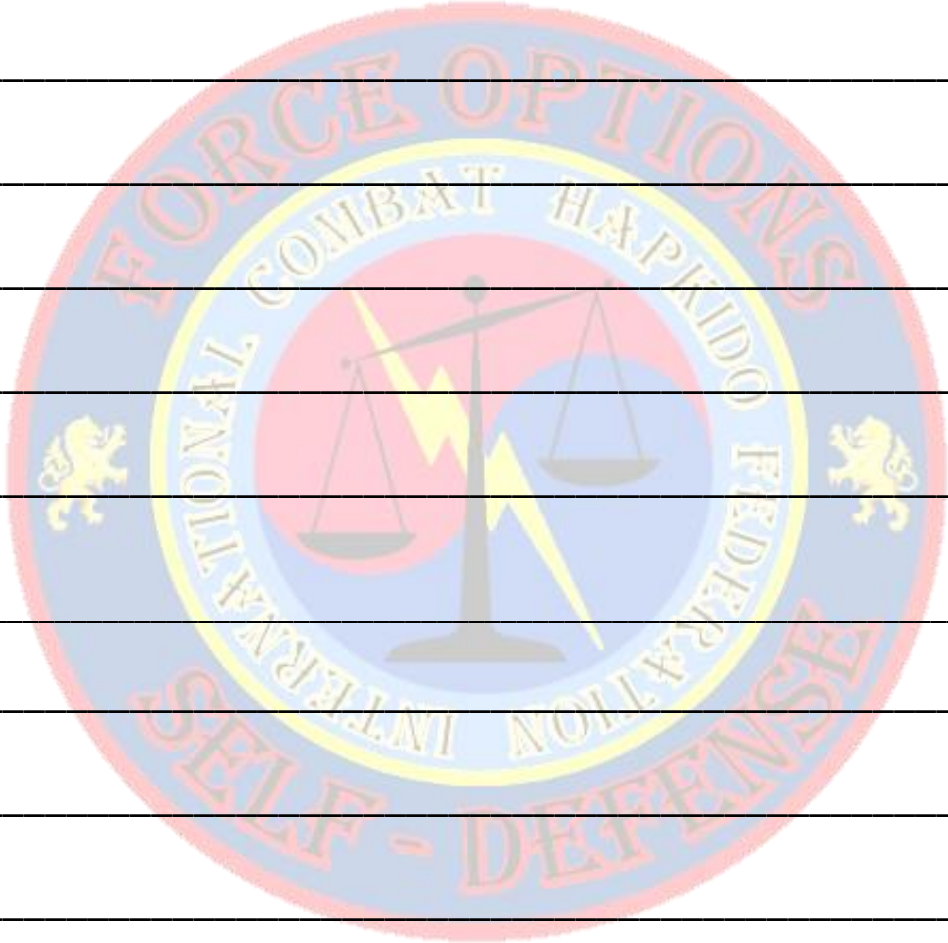
COMBAT HAPKIDO RED/BLACK STUDENT NOTES

CORE TECHNIQUES

Full Nelson Defenses (2)

1.) _____

2.) _____

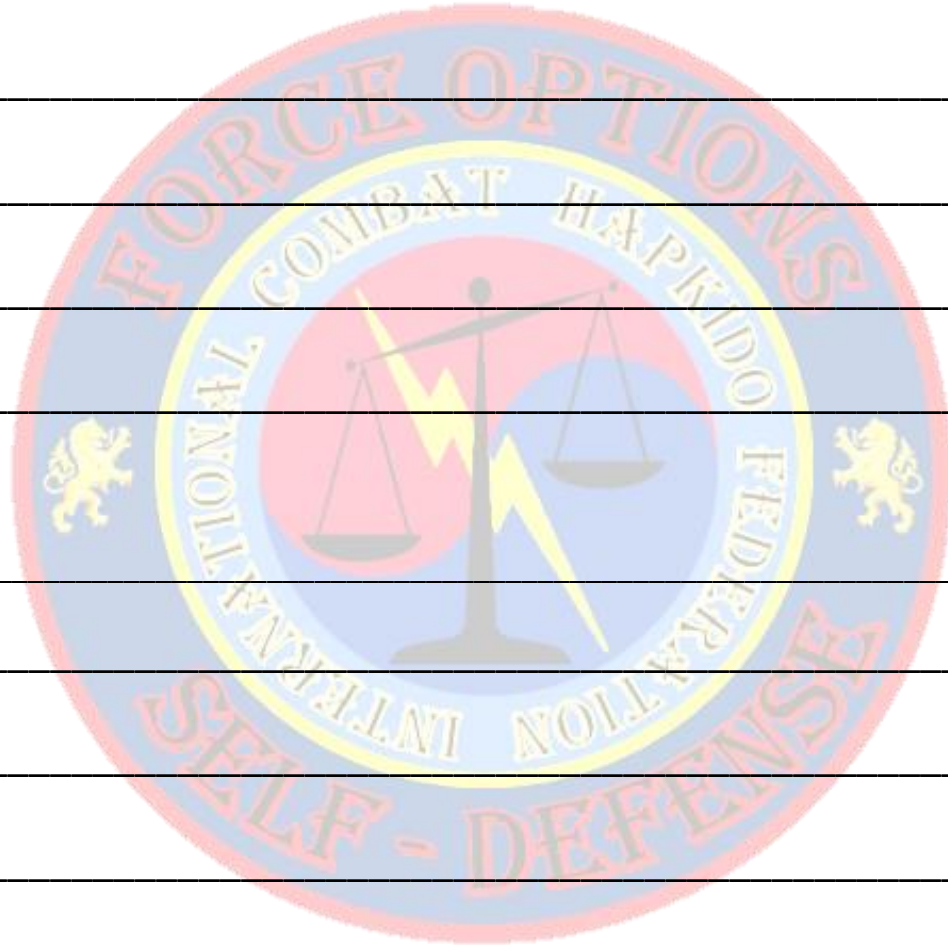


COMBAT HAPKIDO RED/BLACK STUDENT NOTES

BLUNT WEAPON DISARMING (4)

1.) _____

2.) _____

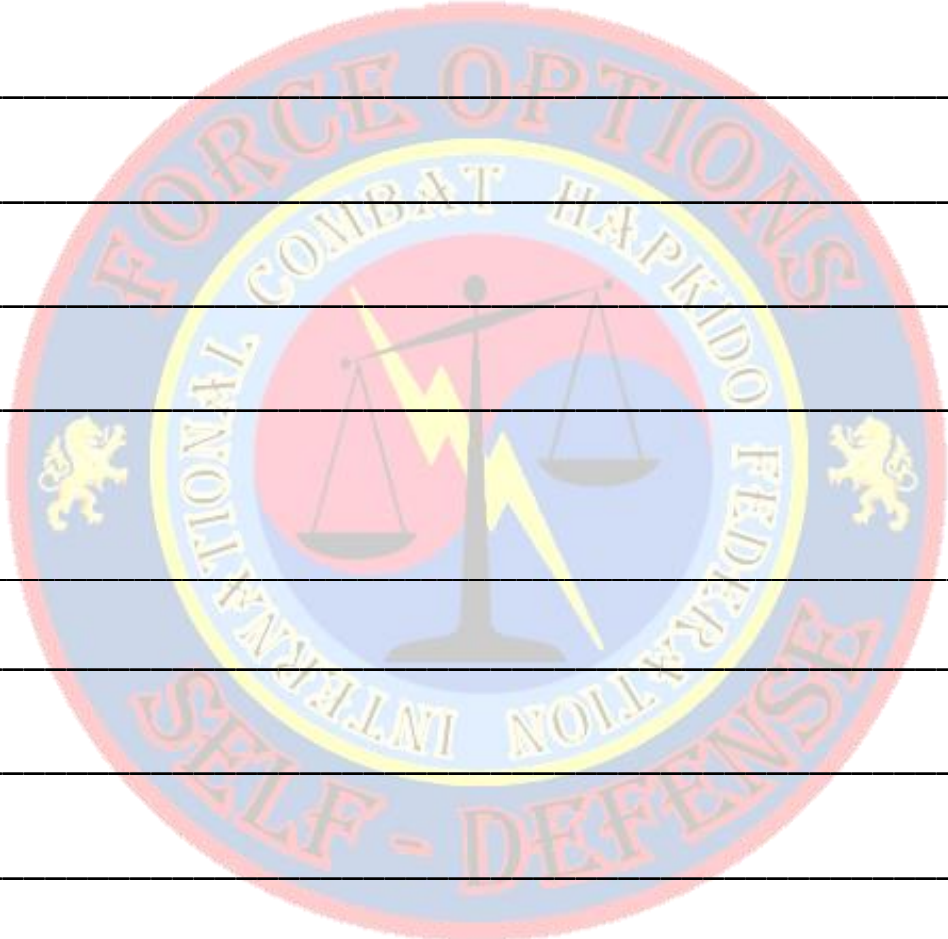


COMBAT HAPKIDO RED/BLACK STUDENT NOTES

BLUNT WEAPON DISARMING

3.) _____

4.) _____



COMBAT HAPKIDO RED/BLACK STUDENT NOTES

KNIFE DISARMING (4)

1.) _____



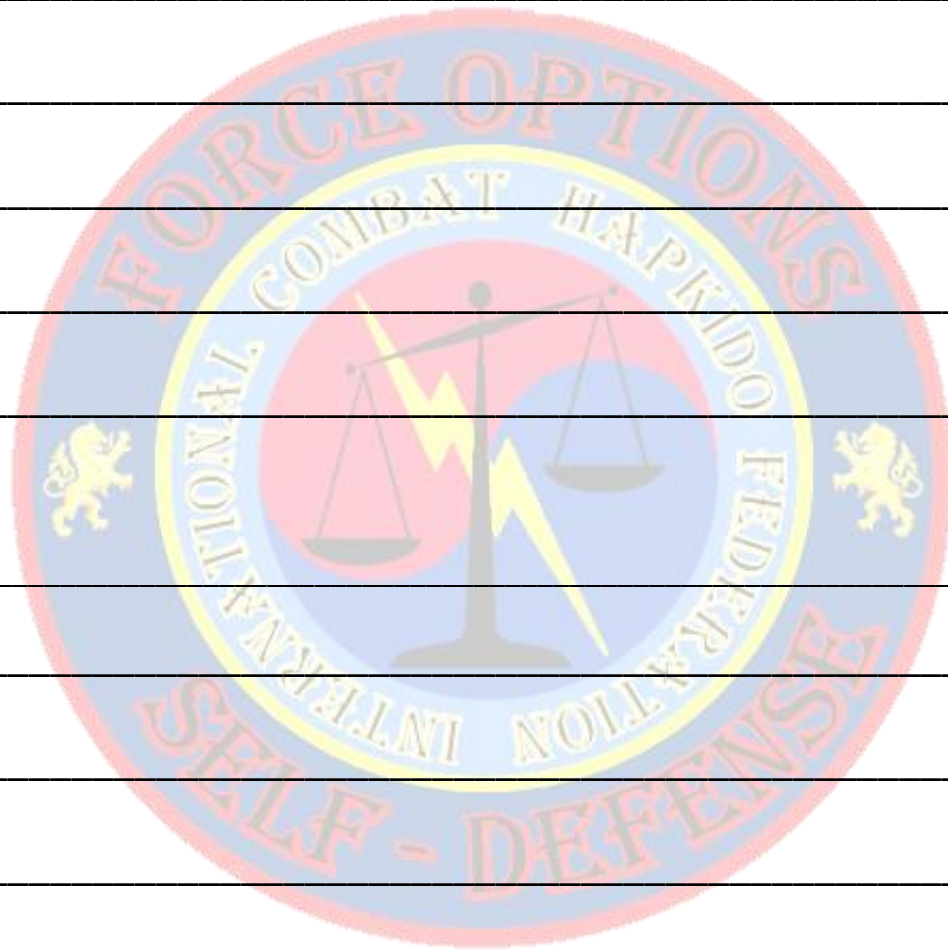
2.) _____

COMBAT HAPKIDO RED/BLACK STUDENT NOTES

KNIFE DISARMING

3.) _____

4.) _____

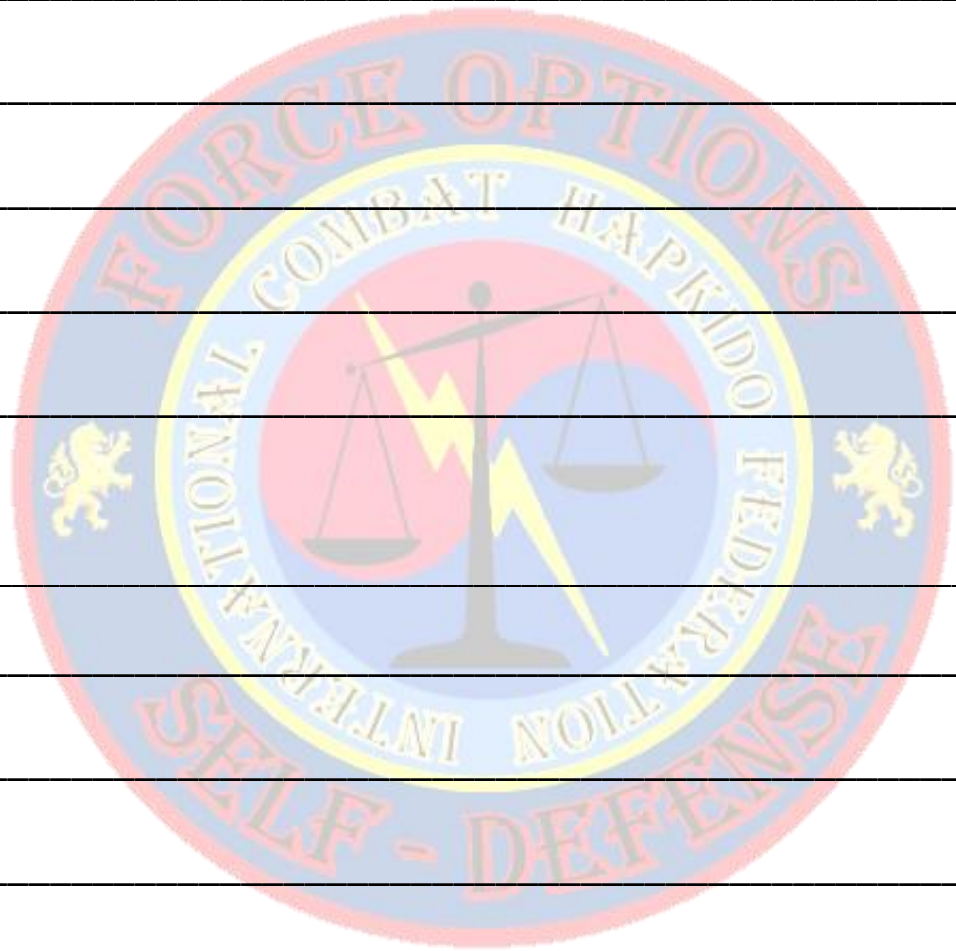


COMBAT HAPKIDO RED/BLACK STUDENT NOTES

HANDGUN DISARMING (4)

1.) _____

2.) _____



COMBAT HAPKIDO RED/BLACK STUDENT NOTES

HANDGUN DISARMING

3.) _____

4.) _____

