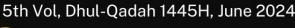




**10 TIPS TO MAKE THE MOST OF THIS BLESSED SEASON** 







TheMuslimYouthMagazine@gmail.com



arabicwithsuher.com/mym

## 5TH VOL



Vol 5, Dhul-Qadah 28, 1445H





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The Muslim Youth Magazine By Youth For Youth

A periodical E magazine that embraces a community of youth who aspire to develop their societies for the better, through which they discuss the challenges and questions they face, and empower Muslim Youth to create positive impact.



Vol 5, Dhul-Qadah 28, 1445H

### Muslim Youth Magazine Team



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## We stand for Peace

# THANK YOU DEAR STUDENTS

### For Standing by Freedom and Peace





### "Call all people to the pilgrimage. They will come to you on foot and on every kind of swift mount, from every distant path"

Surat Al-Hajj Ayah 27





باب الملك فعد

IN THE NAME OF ALLAH, THE MOST COMPASSIONATE, THE MOST MERCIFUL ASSALAMU ALAIKUM WA RAHMATU ALLAH WA BARAKATUH,

#### DEAR READERS,

YEAR AFTER YEAR, THOUSANDS OF MUSLIMS AROUND THE WORLD ANSWER THE CALL OF PROPHET IBRAHIM (PBUH) BY UNDERTAKING THE SACRED JOURNEY OF HAJJ IN DHUL-HIJJAH. THIS CALL, RAISED BY HIM (PBUH), IS A CALL TO SUBMIT TO ALLAH (SWT), LOVE HIM, TRUST HIM, OBEY HIM, AND BECOME THE BEST WORSHIPPERS OF HIM. EVERY MOMENT OF OUR LIVES OFFERS US THE CHOICE TO ANSWER THIS CALL. THE HAJJ JOURNEY SYMBOLIZES OUR LIFE'S JOURNEY TOWARDS ALLAH (SWT).



SO HERE WE COME, OH ALLAH. HERE WE COME. WE ARE NOT SLAVES TO SHAYTAN, NAFS, DUNYA, POWER, MONEY, MATERIALISM, DESIRES, OR TEMPTATIONS. WE ARE FREE WHEN WE ANSWER YOUR CALL AND CHOOSE TO BE YOUR DEVOTED SERVANTS, OH ALLAH.

ANSWER THE CALL. LIBERATE YOURSELF. LIVE TRUE FREEDOM. BISMILLAH.

ON BEHALF OF MYM TEAM, SUHER KHIRALLAH, PH.D.





#### By: Dr. Suher Khirallah with the collaboration of MYM members<sup>1</sup>

#### 1- What is Hajj?

Hajj is a sacred pilgrimage that Muslims perform annually to the Sacred Mosque in Mecca, also known as Masjid al-Haram. It is the fifth pillar of Islam and is considered the most spiritual event a Muslim can experience. Muslims are expected to complete Hajj at least once in their lifetime if they are able.

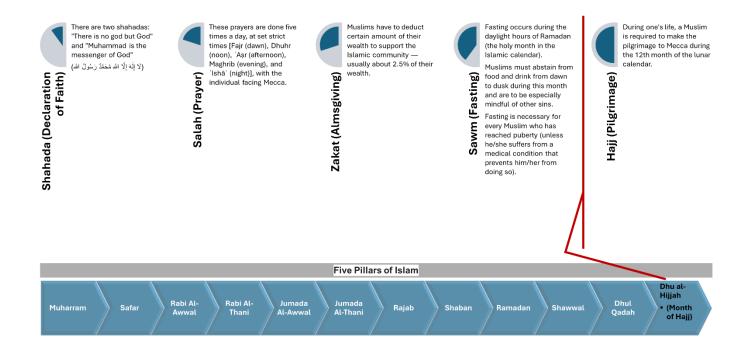


#### 2- What is Dhul-Hijjah?

The month of Dhul-Hijjah is one of the holiest periods of the Islamic year. A month of increased spirituality, we witness two very special events (Hajj and Eid Adha) – all in devotion to Allah (SWT).

<sup>&</sup>lt;sup>1</sup> Benefited from <u>Virtues of the First 10 Days of Dhul Hijjah</u>





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• The Ihram is meant to show equality of all pilgrims in front of God, with no difference between the rich and the poor.

#### Tawaf and sa'ay

- The ritual of tawaf involves walking seven times counterclockwise around the Kaaba.
  Tawaf is followed by sa'ay, running or walking
- Tawaf is followed by sa'ay, running or walking seven times between the hills of Safa and Marwah, located near the Kaaba.

#### First day of Hajj: 8th Dhu al-Hijjah (Tarwiyah Day)

- The pilgrims are reminded of their duties. They again don the lhram garments and confirm their intention to make the pilgrimage.
- Mina (After the morning prayer on the 8th of Dhu al-Hijjah, the pilgrims proceed to Mina where they spend the whole day and offer noon)

#### Starting from noon to sunset on the 11 Dhu al-Hijjahthe pilgrims again throw seven pebbles at each of the three pillars in Mina "Stoning of the Devil"

Fourth day: 11th Dhu al-Hijjah

#### Third day: 10th Dhu al-Hijjah (Qurban Day)

- After the morning prayer, the Pilgrims move from Muzdalifah to Mina.
- Ramy al-Jamarat
- Animal sacrificing
- Hair removal
- Tawaf Ziyarat/Ifadah

#### Second day: 9th Dhu al-Hijjah (Arafah Day)

- Arafat (Day of Arafah)
- Muzdalifah (Pilgrims must leave Arafat for Muzdalifah after sunset without performing their maghrib (sunset) prayer at Arafat.)

The rites of Hajj

#### Last day at Mina: 13th Dhu al-Hijjah

Fifth day: 12th Dhu al-Hijjah

• Pilgrims may leave Mina for Mecca before sunset on the 12th.

• Tawaf al-Wadaa



#### 3- Virtues of the First 10 Days of Dhul Hijjah

Many people don't know that the first ten days of Dhul Hijjah are better than all the other days of the year, the 10 best days with no exception. They are even better than the days of Ramadan.

The Prophet (PBUH) said, "There is no deed that is better in the sight of Allah or more greatly rewarded than a good deed done in the (first) ten days of Al-Adha". It was asked, "Not even Jihad for the sake of Allah?" The Prophet (PBUH) replied, "Not even Jihad for the sake of Allah, unless a man goes out himself for Jihad taking his wealth with him and does not come back with anything." Narrated by Al-Bukhari.

Allah (SWT) blessed the nation of Muhammad (PBUH) with opportunities to reap rewards and blessings every day of the year. The last ten nights of Ramadan (the month of fasting) are among the most blessed nights of the year; in particular, Laylatul-Qadr (the night of power) is extremely sacred. Similarly, the first ten days of Dhul-Hijja (the 12th Islamic calendar month) carry special status during the blessed month of "Pilgrimage." The above Hadith of the Prophet (PBUH) spells out the importance of these ten days in the sight of Allah (SWT) and the amplified reward for all good deeds during this blessed season.



Just like the last ten nights of Ramadan are the best ten nights out of the year, these first ten days of Dhul-Hijja are the best days of the year and the most beloved to Allah as they combine acts of worship in a way, unlike any other time.

سُبحان الله وبجمده سُبحان الله العظيم .



#### 4- How do we make the most of this season of blessings?

Hajj is one of the best deeds one can do during these ten days. However, for those of us who were not invited to His House this year, there are still many more ways to earn the pleasure of Allah.

1. Be Sincere and Attain Taqwa:

The first thing we need to be aware of in every deed we do is to have a sincere intention. We turn all our deeds into Ibadah when we intend to do them for the sake of Allah. Meanwhile, having Taqwa (piety) means staying mindful of Allah (SWT) and avoiding what He dislikes. It is not only about what we should do to please Allah but also about what we should NOT do to prevent His anger.



2. Repent and seek forgiveness:

Allah (SWT) loves those who repent to Him in complete submission. The act of sincere repentance to Allah with an intention to never return to His disobedience and sin is very dear to Him (SWT). Return to Allah by giving up all the deeds, open



and secret, that He dislikes. Be regretful of your sins and disobedience, resolve never to return to sin, and firmly adhere to the path that Allah loves.

Allah (SWT) says, "But as for him who repented, believed, and did righteous deeds, then he will be among those who are successful." [Al-Qasas 28:67]

#### 3. Establish Your Salah:

Prophet Mohammed (PBUH) stated that Allah (SWT) has said: "The most beloved thing with which My slave comes nearer to Me is what I have enjoined upon him" [Al-Bukhari]. So, thinking about our obligations before doing extra good deeds is better. The first obligation is our Salah. Try to establish Salah on time and prepare to meet your Lord five times a day in a good manner. Promise Allah that you will plan your life around Salah, not the other way around, from now on.



4. Be kind with people around you, especially your Parents (By Hamood UrRehman):

Being kind to the people around you, especially your parents, holds a special significance during the ten days of Dhu al-Hijjah, known as the Ten Days of Dhul-Hijjah. These days are considered the holiest in the Islamic calendar when good deeds are magnified in reward and spiritual value. The Quran emphasizes the importance of respecting and showing kindness to parents: "And We have enjoined upon man [care] for his parents. His mother carried him, [increasing her] in weakness upon weakness, and his weaning is in two years. Be grateful to Me and to your parents; to Me is the [final] destination" (Quran, 31:14). Additionally, Prophet Muhammad (peace be upon him) said, "The pleasure of the Lord is in the pleasure



of the parent. The Lord's displeasure is in the parent's displeasure" (Sunan Ibn Majah). During the Ten Days of Dhul-Hijjah, showing kindness, compassion, and respect to your parents is a fundamental aspect of Islamic teachings and a profound way to seek the pleasure of Allah. This sacred period offers a unique opportunity to strengthen familial bonds, express gratitude for your parents' sacrifices, and embody the principles of mercy and love at Islam's heart. Honoring your parents and treating all those around you with kindness enrich your soul and create a ripple effect of positivity and harmony in your community.



#### 5. Fast:

Fast all nine days, especially on the 'Day of Arafah'. The Prophet (PBUH) said: "Anyone who fasts for one day for Allah's pleasure, Allah will keep his face away from the (Hell) fire for (a distance covered by a journey of) seventy years." (Bukhari, Muslim)

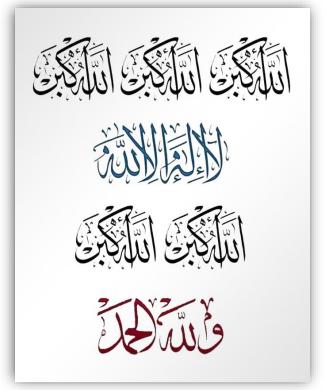


The Prophet (PBUH) used to fast on the ninth day of Dhul-Hijja, and he said: "Fasting the Day of 'Arafah (ninth Dhul-Hijja) is an expiation for (all the sins of) the previous year and expiation for (all the sins of) the coming year." (Muslim)

#### 6. Perform Dhikr and Takbeer

The Prophet (PBUH) said: "There are no days on which good deeds are greater or more beloved to Allah than on these ten days, so recite much Tahleel (saying Laa ilaaha ill-Allah), Takbeer (saying Allahu Akbar) and Tahmeed (saying Alhamdu Lillaah)." (Ahmad -Saheeh)

Ibn 'Umar and Abu Hurayrah used to go out in the marketplace during the first ten days of Dhul-Hijja, reciting Takbeer, and the people would recite Takbeer when they heard them. (Bukhari)



Takbeer, at this time, is a Sunnah that has

mostly been forgotten, especially during the first few days. So say it in the masjid, your home, the street, and every place where it is permitted to remember Allah. Revive the Sunnah that has been virtually forgotten and earn great rewards for doing so.

7. Return to the Book of Allah (The Quran)

It is time to dust off your copy of the Quran. Establish a beautiful new relationship with the book of Allah starting in these ten days of Dhul-Hijjah. Recite its verses, and you will reap its blessings. Understand its message. Implement the commandments of this book in your life. This relationship with the Quran will give you wisdom and happiness. This will ultimately lead to guidance and success in this life and the Hereafter.



#### 8. Don't belittle any good deed you can do (By Ahmed Khan):

The Prophet (PBUH) said, "Do not belittle any good deed, even meeting your brother (Muslim) with a cheerful face."[Muslim]. Our good deeds can be as simple as a "thank you" and a smile, or they can be vast, such as donating a large amount of money for assistance in third-world countries. Performing good deeds is about effort, which allows it to be applied to all people: the rich and the poor. The effort for good deeds is the core of Islamic ethics. They are essential for shaping our purpose and principles, which we will value in this life and carry forward to the next one. "So whosoever does good equal to the weight of an atom, shall see it; and whosoever does evil equal to the weight of an atom, shall see it."[Al-Zalzalah 99:7-8]. Our good deeds will benefit us hereafter, and we will triumph in the eyes of Allah (SWT).



9. Plan to sacrifice Qurbani on Eid (By Huda Hussain):

Abu Dawood narrated that the Messenger of Allah (PBUH) said: "O people, verily the people of every household must offer an Udhiyah every year." (Classed as Hasan by al-Albaani in Saheeh Abi Dawood). It is Sunnah to sacrifice Qurbani and feed people experiencing poverty during Eid. Traditionally, families in the East bring in an animal to their home before Eid and take care of it until it's time to sacrifice it. For those who don't have that option, it's always ideal to send money home and sponsor



a Qurbani. This Sunnah is very important because it emulates what the Prophet Ibraheem did many years ago and serves as a symbol for the sacrifices of our shortcomings. This Eid, while you help with the Qurabani or sponsor one, don't let it pass like pass Eids. This Eid, sacrifice your temper, bad tongue, foul treatment, all sins, and all bad habits. For Prophet Ibraheem, the Ram was a reward for him submitting himself to Allah SWT; let your Qurbani serve the same purpose this year.

10. Attend Eid Prayer and connect with your kinship (By Arwa Iqbal):

Attending Eid prayer is a highly loved act by Allah (SWT). It is from the Sunnah of our beloved Prophet (PBUH). It is a time to connect with members of our community and exchange smiles and joy. Eid prayer is one of the times Muslims get together in unity and show up in grand numbers. When attending Eid prayer, it is recommended that one wears their best clothes and looks their best. After the Eid prayer, families should get together and celebrate this joyous event. When hosting a breakfast or an outing for children together is a good idea for connecting with members of our Muslim community. When living in different countries or states, we should call our family abroad and connect with them.





YOUTH WRITING SPACE

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**VOTING DUE DATE:** September 1, 2024



## A POEM OF PRAISE BY MIA SALAH



Prophet Ibrahim shows us the light,In which we can make a sacrifice.To trust in God and follow His grace,Let's enjoy this wondrous day.

From Indiana to all over the world, Let's share love, laughter, and happiness this year. With the scent of bukhoor filling the air, Eid al-Adha is soon to be near.

And with the sweets that soon arrive, Kindness will return to those who strive. This day is filled with numerous surprises, Always be ready for when the sun rises.

The Eid prayer is always the best, Especially for us who are blessed. Our religion guides us to a righteous life, The five pillars of Islam stand strong and true, Guiding Muslims in all they do.

Though many struggle, this day brings peace, A time to be humble, our worries cease. So always be thoughtful and pray to Allah, Hoping you do good and go to Jannah, inshallah.

## THE DAY OF ARAFAH AND EID AL-ADHA BY SANA HAQIQI



For Muslims in the world, the holy month of Dhul-Hijjah is approaching. This month is significant for several notable events, including Hajj, Eid al-Adha, and the Day of Arafah. On the ninth day of Dhul-Hijjah, Allah has blessed us with the sacred Day of Arafah. The purpose of Eid al-Adha, the tenth day, is to commemorate Prophet Ibrahim's (AS) ultimate sacrifice and to purify ourselves from our sins.

Prophet Ibrahim (AS) repeatedly experienced a collection of dreams in which Allah (SWT) ordered him to sacrifice his beloved son, Ismail (AS). When he shared these dreams with his son, Ismail encouraged him to obey Allah's (SWT) commands. Prophet Ibrahim agreed, and they traveled to Mount Arafat together. There are different versions of the story. One version says that upon their arrival, Prophet Ibrahim (AS) decided to blindfold himself to ease his pain while carrying out his task. When Prophet Ibrahim (AS) completed his sacrifice and removed his blindfold, he discovered his son lay safe next to him and Allah (SWT) had placed a ram in Ismail's place for Prophet Ibrahim (AS) to sacrifice instead.

This story is significant and commemorated on the Day of Arafah as this event occurred on Mount Arafat. The word "Arafah" originates from knowledge and understanding. Also, Mount Arafat is a place where Prophet Muhammad (PBUH) stood and delivered the Farewell Sermon. During Hajj, Muslims stay there from noon to sunset, an act known as "standing before Allah."

The day of Arafah is one of the holiest days in Islam. Allah (SWT) has blessed us with this day as an opportunity for us to purify ourselves from past sins. In a hadith, Prophet Muhammad (PBUH) said, "There is no day on which Allah frees more people from the Fire than the Day of Arafah." (Muslim) Fasting on this day is highly recommended, along with increasing your prayer, reading the Qur'an, and making Du'a. The Day of Arafah is a time when many prayers are



answered and blessings are bestowed. This day reminds us of our unity, modesty, and the journey we all undertake as Muslims.

The Day of Arafah and Eid al-Adha are sacred, serving as the remembrance of Prophet Ibrahim's (AS) sacrifice and a time for us to cleanse ourselves from sins. As the month of Dhul-Hijjah approaches, remember these key aspects and apply them to the upcoming Day of Arafah and the days that follow.

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## THE VOID WITHIN BY AMR GHIBA



No troubles will be healed, No worries eased, no wounds concealed, No lives will change, no hope revealed, Unless through prayer our hearts will be at ease.

> What is a life devoid of prayer? A journey marked by dark despair, A path without a compass to guide, A heart where only sorrow resides.

The Words of the most high, The one who guides and misguides, "But there came after them successors who neglected prayer And pursued desires; So they are going to meet evil" [19:59].

> Those who neglect their daily call, By Allah, their problems will never cease no peace within their restless minds, Unless in prayer, their hearts align.

So take to prayer, in night and day, Speak what's on your mind, For in these moments, who we are, Is closer to Allah, never far.



For lives bereft of prayer's embrace, Are lost within a timeless space, No fasting, alms, or sacred place, Can fill the void or grant them grace.

Preserve your prayers, and you shall see, A life of purpose,

A soul at rest.

## YOUTH WRITING SPACE

#### **VOTING DUE DATE:** September 1, 2024



## CHOOSE THE WINNER

PLEASE VOTE FOR YOUR FAVORITE WRITING BY SEPTEMBER 1, 2024







### SHARE YOUR THOUGHTS

We value your feedback on the articles in this volume and welcome any suggestions on how to improve our magazine. Please feel free to contact us via email at:

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### You want to leave a positive impact!

### Join the Muslim Youth Magazine Team

We hope that our talented youth (from High schools and college students) consider this opportunity to revive their hearts with Eman, power their minds with knowledge, improve their skills, and enjoy the positive teamwork environment.

Please review the following open positions to choose where you would like to volunteer:

- Editors. Editors check text for proper spelling and grammar.

- Writers. Writers will cover the assigned articles.

- Fact-checkers. Fact-checkers ensure that all the information and statistics in the articles are accurate. This role may be part of an editor's duties, or it may be its own position.

- Graphic designers. Graphic designers work on specific articles or specific components of the magazine.

- Photo editors/researchers. Magazine photo and picture editors and researchers are responsible for selecting images and artwork to accompany a publication's articles. They may commission original work, or buy images and artwork from agencies, individual artists, and photographers.

- Social media managers. This position manages the various social media platforms a publication has. They curate content and graphics that help promote the publication and its contents.

The Muslim Youth Magazine will be published online as a PDF file every 4 months In Shaa Allah. Each VOL will discuss one challenge or question that can face Muslim Youth in the USA and try to find solutions that can help to depend on Quran, Sunnah, Science, Statistics, and Scholars.



JOIN OUR QURAN JOURNEY DURING THE BEST 10 DAYS



## Surat Al-Hajj The Signs of Sincerity for Sound Hearts

10 Lessons and Insights 10 Days Of Dhul-Hijjah

WITH YOUR SISTERS:

Samar Khirallah, MD, Ph.D.
Suher Khirallah, Ph.D.

A DAILY 30-MINUTE ONLINE ZOOM MEETING



June 6 - June 15, 2024 6:00-6:30 am USA EST

