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Description automatically generated**Your Money Strong Financial Fitness Journey Checklist**

**First Steps (While in School)**

***Completed After Part 1- Kickoff and Intro to Money Strong***

1. Estimate your Net Income/Net Paycheck after taxes upon graduation using the Take Home Pay Calculator – https://www.calculator.net/take-home-pay-calculator.html
2. Estimate your total debts upon graduation (if applicable). Use the debt inventory worksheet to start.

***Completed After Part 2 – Building a Financial Plan***

1. Create your first monthly financial plan (also remember your annual expenses here)

2. Based on the estimated profits from your monthly financial plan, write 1-2 financial goals. Try to be as specific as possible.

3. Track the last 90 days of expenses – Adjust your plan, if necessary, based on the results.

***Completed After Parts 3 & 4 – Overcoming Student Loans and Investing for Your Future***

1. Complete the full debt eliminator/wealth builder sheet in the Money Strong Lifetime Savings Program to start tracking the progress of your journey.

**Ongoing Fitness Regiment**

**1x/Year** - Revise your monthly financial plan (annual expenses as well).

**1x/Year** – Review your financial goals and overall investments.

**1x Week to 2X Month** – Update your expense tracking.

**1x/Quarter to 2x/Year** – Update your debt eliminator/wealth builder amounts.