Title of Activity: Interview: Life Review - Version 2

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Audience: Open

Suggested Courses: High School, Undergraduate, Graduate Courses; Any Psychology Course

Initial Survey: To be completed after interview

1. What is the age of the person you interviewed? 2. How do you know this person (relative, co-worker, boss, etc.)? 3. How long have you known this person? 4. How long did the interview last? _____ 5. Describe the 1-3 pieces of life advice that was provided in the interview. 6. How enjoyable was the interview for you? 2 1 3 4 5 6 7 8 9 10 Not at all very enjoyable Explain your answer in 1-2 sentences. 7. How valuable or worthwhile was the interview for you? 7 1 2 3 4 5 6 8 9 10 Not at all very valuable Explain your answer in 1-2 sentences. 8. How awkward or uncomfortable was the interview for you? 2 3 4 5 6 7 8 9 1 10 Not at all very awkward

Explain your answer in 1-2 sentences.

9. How enjoyable did the interview seem to the person you interviewed?

 1
 2
 3
 4
 5
 6
 7
 8
 9
 10

 Not at all
 very enjoyable

Explain your answer in 1-2 sentences.

10. How valuable or worthwhile did the interview seem to the person you interviewed?

1 2 3 4 5 6 7 8 9 10 Not at all very valuable

Explain your answer in 1-2 sentences.

11. How awkward or uncomfortable did the interview seem to the person you interviewed?

1 2 3 4 5 6 7 8 9 10 Not at all very awkward

Explain your answer in 1-2 sentences.

12. Optional – Additional thoughts or comments on the assignment. (1-5 sentences).