

December 15, 2023 USAOCR BOD Meeting Minutes

Attendees: Ian Hosek, Stacy Stamm, Jason Stanley, Josh Graves, Diana Codspoti, Josh Fiore, Russ Blatt, Micah Dorfner

Not Attending: None

November Meeting Minutes: Approved unanimously

Board Update:

- WO launched 2024 WC Event Website
 - Registration is open for the race on the website
 - Registration is through Athlinks not MNM
- Belgium OCR is suing WO due to loss of funds from 2023 WC

Committee Updates:

Development:

Coaching Development

- Level 1 USAOCR Coaching cert will be 2/23/24 in Irvine, CA at Fitness on Fire. Set price at \$297.
- We can sell event registration through GiveButter (our non-profit CRM). Stacy & Micah can assist.
- Meeting 1/16/24 to finalize curriculum, will present an overview to the board at Jan BOD. No vote necessary for approval.

Officials Development

- Brent and Josh met with the head WO technical official to get all technical official training programming.
 - They were provided a slide deck and training plan, and are ready to get moving on USAOCR officials training.
- Josh wants to know how much we want to follow WO official requirements, and how much we want to set our own
 - Competitions will finalize what officials requirements will be for sanctioned events which will guide what Development Comm needs to do
 - BOD is comfortable adjusting to our current needs and availability, rather than strictly following WO
- Level 1 training can definitely be done virtually, full training is already in the slides
 - Good income source, officials will have opportunities to be paid at NF and sanctioned races and should be willing to pay to get certified.

National Team Coach(es)

- How are we deciding national team coaches for 2024? Josh wants to see them in a more prominent role in marketing the sport and supporting USAOCR
- Alwyn is ok to continue presenting himself as the 2023 National Team Head Coach until new coach(es) are announced.

- Open up coaching applications in January, closing in February and select a coach by the end of February.
- Need to create application/selection process for 2024 coaches, both an National Team Head Coach and an National Elite Team Manager
 - Both are responsible for dealing with WO and appeals etc
 - Head coach responsible for coaching age group athletes
 - Team manager is responsible for wrangling elite athletes

Athletes:

- 100m National Team Selection Process
 - Want to see just 2 races required for selection since only 4 races are available to race after Jan 1
- ***Vote - Only 2 races required for selection, using points sent out by Russ on 12/6- Approved unanimously***
- 3k & 15k National Team Selection Process
 - Do we want to include international races that are not federation?
 - Josh - would like to include all highly competitive races, no matter where they are
 - Ian - doesn't want to choose races based on which athletes went, but based on the competitiveness of the races
 - In order to be inclusive based on competitiveness - add "Other Non-US National Championship Race" as a points option
 - Add in Mexico 3k race to points options since it was a competitive race
 - *Decision - Add in "other Non-US national champs race" and Mexico 3k race*
 - Do we want to increase points for FISO compared to Savage?
 - Ian - 10th in Savage is significantly easier than 30th at FISO
 - Stacy - AG is the opposite though, this splits the difference between AG and Elite experience
 - *Decision - Leave as is*
 - Do we want to only include 2 races as required since all spring races are in the South and expensive to get to for much of the US?
 - Diana - agrees that it's going to be very expensive
 - Ian - with Savage not announcing pro series races, 3 will be difficult. 2 would show consistency in racing, but not be a burden to get to
 - Josh - How many people can we send?
 - *Decision - Drop to 2 required races and 1 additional for ties.*
- Need to make sure it's clear that each distance is a different application
 - Athlete team is working on communications plan for social media and website to make sure it's all ready to go
- ***Vote - Approved 2 required races and 1 additional for a tie for selection, Add in "Other Non-US National Championship Race" and Mexico Spartan 3k race for point options. Points as sent out on 11/29 - Unanimously approved.***

Competitions:

- Moving forward with National Champs subcommittee and 100m subcommittee

DEI/Para:

- Had their full team meeting
- Dan - Spartan Operations - Stacy will send over Conflict of Interest form for him to sign to list conflicts in case they arise
- Diana is taking a step back from head of Para, asking committee member to take over tonight
 - Will clean up everything prior to stepping down in the next couple months
 - Requests that anyone who chairs para committee is a para athlete
- ***Vote - Add into bylaws the Para Chair must always be a para athlete - Approved unanimously***

Finance:

- No update, Stacy and Jason have work to do

Communications:

- Diana completed the strategic plan document, looking great!
- Full document will be internal, website will have document that just shows the 6 5 year goals, mission, vision, and goals
- Micah is working with Julie bring her on to comms committee
- Want to start sending out a newsletter through Mailchimp
 - Since we have coaching, officials training etc going on
- Sharing Costa Rica info from on social media, will start sharing more on social as we have more to share

Medical:

- No update, ran out of time.

Action Items

Ian, Russ, Josh Fiore: Send Stacy professional headshots to add to website

Jason: Get Ian access to WO google workspace, and reset all other access accounts.

Ian & Josh: Finalize technical officials requirements so sanctioning requirements match training provided.

Josh & Stacy: Create NT Head Coach and Elite NT Manager applications for Costa Rica.

Russ: Finalize NT applications and get info to Micah for marketing in January

Stacy: Send Diana Conflict of Interest form for Dan to complete.

Stacy: Add Para athlete requirement to bylaws for para committee chair.

Everyone: Continue your great work leading your committees, there's lots going on!