May 19, 2023 USAOCR BOD Meeting Minutes

<u>Attendees</u>: Micah Dorfner, Josh Graves, Diana Codispoti, Stacy Stamm <u>Late Attending</u>: Russ Blatt, Jason Stanley <u>Not Attending</u>: Ian Hosek, Josh Fiore

April Meeting Minutes: Approved unanimously.

Committee Updates:

Athletes: Communications is pushing social media posts for Team USA. Charles put together slides for instagram about max points at Maryland and Big Bear. Continuing to promote on those lines. Only 4 100m applicants and no para applicants at any level, brainstormed ideas for marketing to those communities. We may just need to have more information after this year's event so we can better share what the race is and what they'll be doing. May just need more time to get to the para and 100m community.

Currently concerned that he doesn't have a committee set for going through the applicants. Only 2-3 people interested in that. Russ will post on OCR Buddy but needs more people who are interested in helping select USOCR. Can Micah assist with that after the applications are due? Need to start thinking about jerseys. Stacy will assist with registration and management of Team USA.

Competitions: Still working through the sanctioning process, and started looking at current competition rules. Now doing a full review of current competition rules to make sure they are accurate and up to date. Will have updated rules for the board to approve at the June board meeting.

Development: Hit roadblock with official development. Doesn't understand why he's leading that, doesn't feel qualified. Believes it should be a competition focus. Wants to just do coaches development as the development committee chair. Need to set up meeting with Jason, Stacy, lan, and Josh to define each committee's goals and direction. Committee meeting in early June, wants to refocus back on coaching with the committee and having a coaches certification event this year as their main focus. Got some more volunteers from Jason, but hasn't heard back from them yet.

Para: Call with Alec next week, ED of Adaptive Training Academy and adaptive sport specialist for Crossfit. Wounded Warrior introduced her to him. He's interested in being on the para committee. Diana will reach out to para groups to spread the word about para and try to find para athletes for team usa. We approved extending the deadline for para athletes if they reach out to us in advance and are interested.

Finance: No updates currently. Need more resources on the finance side.

Communications: Ian Hosek was on Obstacle Running Adventures podcast explaining what USAOCR is and our mission. Micah reached out to other podcasts but had no success.

Medical: No updates, medical committee meeting in a few weeks and will have an update at the next board meeting.

Action Items

Micah & Russ: Post on social media looking for selection committee volunteers. On Tuesday, once applications are all in.

Russ & Stacy: Connect on selection committee plan and documents for selecting Team USA.

Micah: Post on social media with final reminders about Team USA applications. Highlighting lots of opportunities to join the team as a para or 100m athlete. Also need finance committee members, probably a post in early June.

Ian: Continue finalizing competition rules, still planning to have them at June board meeting for approval.

Stacy, Ian, Jason, and Josh G: Meet next week to discuss the goals and direction of the development and competitions committees and who is managing technical official development and training.

Diana: One final push this weekend for para athlete Team USA applications

Micah or Jason: Start discussing create emails for all committees and exec board members so we look more professional