

## October 20, 2023 USAOCR BOD Meeting Minutes

Attendees: Micah Dorfner, Ian Hosek, Stacy Stamm, Jason Stanley, Josh Graves

Not Attending: Josh Fiore, Diana Codspoti, Russ Blatt

October Meeting Minutes: Approved unanimously

Board Update:

### **USAOCR's Response to Shawn's DSQ**

- No contact for WO was provided by Alwyn, we have not received any communication from WO requesting anymore communication
- Josh Graves did receive a point of contact from Alwyn. Nieve from Netherlands, Head Technical Official
- Ian wants to make sure that going forward that coaches and delegates know that they should not be sharing individual athlete's infractions with the rest of the team.
- Josh is concerned that the timeline that Alwyn has provided doesn't match with the info the board is utilizing.
- Jason will reach out to the technical official from Josh and will make sure there is nothing else that WO would like us to do.

### **Strategic Plan Meeting**

- Need to schedule 4-5 hr meeting to do 3-5 year strategic planning
- Friday afternoons, Weekends, Stacy will send out a Doodle for everyone to vote

### **FISO World Congress Update**

- No World Congress for 2024
- WO will be joining UIPM as a sport within UIPM
- Olympics have approved 100m OCR as the 5th discipline for Modern Pentathlon
- Jason will be setting up meeting with Ian A. to share with all USAOCR volunteers (BOD and committee members) what is going on with WO and USAPM

Committee Updates:

### **Development:**

Alwyn's experience from Belgium

- Having a written debrief from the coach after the event would be great.
- Really important that we sent a coach. Delegate or coach was required to file a protest.
- Delegate meetings were a lot, lots of hours and hard work
- Lots of last minute rule changes that happened immediately before the event that needed to be shared with athletes
- Need both delegate(s) and coach(es) at all meetings
- It was a 50EUR fee to file a dispute, which was refunded if they were approved. All but 1 were refunded.

- Josh will work with Alwyn on on-site responsibilities, requirements, and best practices for dealing with disputes
- Lots of pride for how the group represented Team USA and the performances at the event

#### 2024 Head Coach Plan

- Need job description for both coaches and delegates
- What do we want to see from the Team USA coach, and how early should we select them?
  - On-site was a lot of management, athlete advocacy, and athlete communication
  - Stacy - consider having AG and Elite coach with different responsibilities
    - AG athletes want coaching and management, telling them what to do
    - Elites wanted direct communication and athlete advocacy
  - Coaching cert should bring some \$\$ in to help with funding of coaches
- Get head coach on the team as early as possible, so that it's ingrained in athlete experience
- Ideally select coach(es) as soon as possible after the first coaches training

#### 2024 Coach and Officials Trainings

- Met with Glenn Racz this week, interested in competitions committee and rule book side of things
- 3 30-minute meetings next week working to find tech officials leader
- Coaches training - like to host coaching cert during 2024 Q1.
- Megan Beck is looking at hosting training at New England OCR expo
  - May have 100m course at the event, Team USA selection or National Championship?
- BOD voted to approve Development team hosting first Coaches training in conjunction with New England OCR expo

#### **Athletes:**

- Lots of info in documents, really need Russ in attendance to review his plans
- Need to schedule separate 1-1.5 hr National Team and National Competitions planning BOD meeting

#### Survey Review

- Concerned that the responses self selected for the athletes that liked the application process
- Not sure if them liking the applications, selection committee etc means much
- Should offer group party at start and end of the weekend
- Alwyn received rave reviews, so much work that the delegates and coaches have to do

#### **Competitions:**

- Moving national championship and series discussion to separate meeting
- Waiting on final update for Para athletes for final rules

- Will provide sanctioning docs with competition rules once ready for approval

#### Learnings from Belgium

- Needed more toilets
- Must have trained technical officials who understand the rules. Making sure they fully understand the rules at their obstacle
- Stick with standard timing and rules and don't change them close to the event
- Lots of timing problems in the 3k and 15k, some of the chips were not waterproof
- Make sure the basics are done super well, rather than having a crazy fun festival/event.

#### DEI/Para:

- No updates

#### Finance:

- \$500 back from Legendborne for unsatisfactory shorts
- We have 501(c)3 status!!!!
- Stacy will get us a Google Workspace and everyone email addresses
- Doing silent auction starting on Giving Tuesday. Need everyone's help to find items to auction off

#### Communications:

##### Belgium Recap

- Went well overall for the first time
- Kristina was using her own personal cell phone, ate up a lot of her data
- Covering all the athletes was very difficult alone
- Need someone state-side to gather content and create the media
- Social strategy of promoting elite athletes went well with them expanding the reach of posts to be farther
- Athlete survey would like to see more media and more promotion, limited success from OCR media companies

##### 2024

- Need to make a post about 2024 World's being in Costa Rica
- More manpower onsite to get videos and photos as needed
- Need athlete roster with start times to be able to plan the media coverage ahead of time
- Continue working with OCR media companies to get them to offer additional coverage
- USAOCR Strategic plan is necessary to have in order to build communications plan
- Would like to make sure to engage early with other committees so there can be communication plans as each committee's work continues

New member - JP, Spartan photographer out of Florida. Experienced with digital marketing. Looking for new members with social media or overall comms strategy experience

#### Medical:

- No updates

**Volunteers:**

- Joey Mglamary - More Hearts than Stars - Jason connected to Diana
- Brett George - Josh Graves reached out to him
- Julie - Jason will direct to support Russ on Athletes committee
- Ian will email those who expressed interest in the competitions committee and let them know he'll have more info after the national team/race meeting.

**Action Items**

**Jason** will reach out to the head tech. official from Belgium and confirm there is no more response regarding Shawn needed

**Stacy** will send out a doodle poll for scheduling a 4-5 hour Strategic Planning meeting

**Jason** will set up a meeting with Ian A to present the UIPM updates to all USAOCR BOD and committee members

**Josh G** will work on the plan for the 2024 national team coach(es)

**Russ** will schedule a 1-1.5 hour supplemental BOD meeting to discuss the 2024 National team and National Champs plan

**Diana & Ian** will finalize the competition rules and share comp rules and sanctioning application with the BOD for approval

**Stacy** will get Google Workspace set up for USAOCR with email addresses for all BOD members and committees

**Stacy** will set up GiveButter for online auction and USAOCR donations.

**Stacy** will share silent auction tracking document

**Everyone** will reach out to their contacts to find items for the online auction (\$100+ value ideally)

**Micah** will post about the 2024 world champs being in Costa Rica

**Ian** will reach out to interested competitions committee volunteers letting them know there will be more info soon