

Men's Measurement Instructions

<u>Term:</u>	<u>Measure:</u>
A. Head Size	Around, above eyebrows
B. Shoulder Length	Side of neck to shoulder cap
C. Armscye	Around sleeve seam
D. Upper Chest	Over the arms and around
E. Chest	At armpit and around
F. Neck to waistline	In front, vertically
G. Waist	Just above navel and around
H. Sleeve Length	Neck side to middle of palm back
I. Hips	Fullest part and around
J. Crotch depth	Seated, waist to crotch
K. Waist to Knee	Vertically and downward
L. Knee	Around
M. Ankle	Around
N. Neck Size	Around
O. Back Width	4" down from shoulder cap, across
P. Biceps	Make a muscle, around
Q. Back Length	Neckbone to waist
R. Body Rise	Center to back waist over crotch
S. Wrist	Around
T. Outseam	Side waist to floor
U. Inseam	Crotch seam, inside leg, to floor