

**Altreos**

Research Partners

# Clinical Abuse Potential Assessments: What Can We Learn from Tobacco Research?

Megan J. Shram, Ph.D.

CCALC, Bethesda, MD

# Presenter Disclosure

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- Presenter: Megan J. Shram, Ph.D.
  - Director and co-founder of Altreos Research Partners, Inc.
- Relationships with commercial interests:
  - Consultant to various pharmaceutical and biotech companies, and clinical research organizations in the area of CNS drug development and abuse liability/abuse deterrence.
  - Consultant to companies developing new tobacco products, including electronic nicotine delivery systems (eg, e-cigarettes) and very low nicotine (VLN) products, in the area of abuse liability assessment.

# Overview

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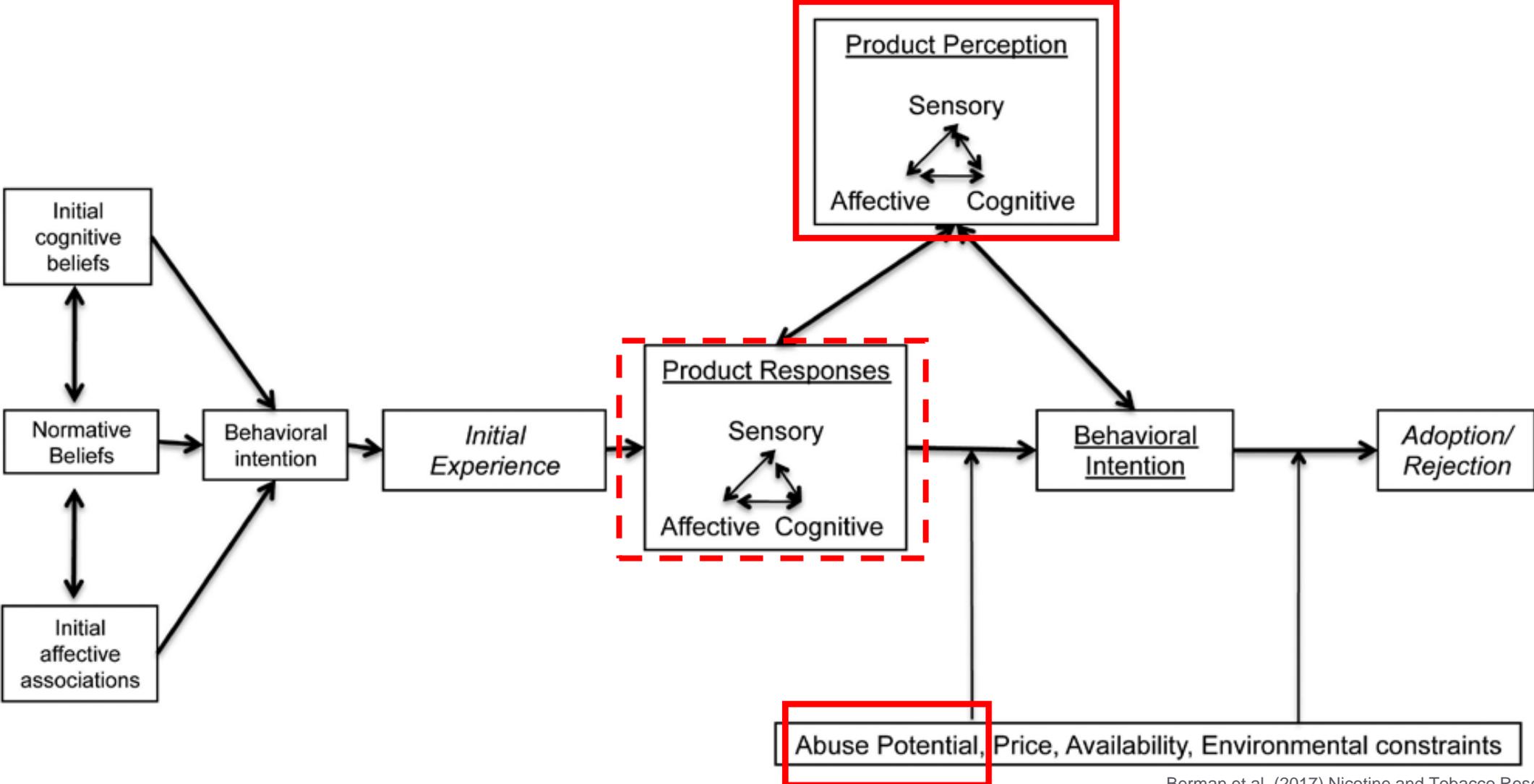
- Regulatory requirements for new and modified risk tobacco products
- Behavioral intentions: Abuse liability and perceptions of tobacco products
  - Clinical abuse liability
  - Consumer perceptions
  - Behavioral economics: The Experimental Tobacco Marketplace
- Potential application to new chemical entities (NCEs)
  - Compare and contrast of tobacco products vs. new chemical entities

# Background

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- FDA granted authority to regulate tobacco products under the Family Smoking Prevention and Tobacco Control Act passed in 2009
  - New tobacco products must receive a marketing order from FDA prior to marketing
  - Products must be evaluated, as appropriate, for the protection of the public health
- Three draft FDA Guidances:
  - Modified Risk Tobacco Product Applications (2012)
  - Applications for Premarket Review of New Tobacco Products (2011)
  - Premarket Tobacco Applications for ENDS (2016)
- Guidances outline regulatory recommendations, including assessments of abuse liability and perceptions of tobacco products to understand impact on use

# Factors Influencing Behavior and Product Use

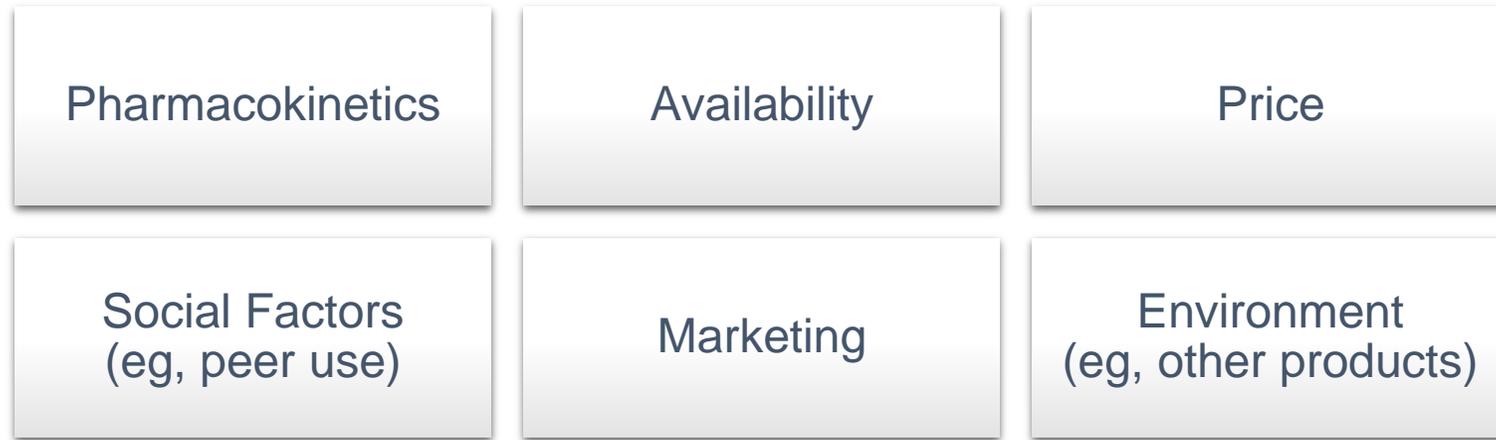


Berman et al. (2017) Nicotine and Tobacco Research

# Abuse Liability

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- ...“is the likelihood that individuals will develop physical and/or psychological dependence on the tobacco product... Psychological dependence is characterized by persistent tobacco-seeking and tobacco-use behaviors, impairment in behavioral control, craving, and inability to abstain consistently.” (FDA MRTP Guidance)
- Abuse liability of nicotine-containing products is influenced by multiple factors, including:



# Consumer Perceptions

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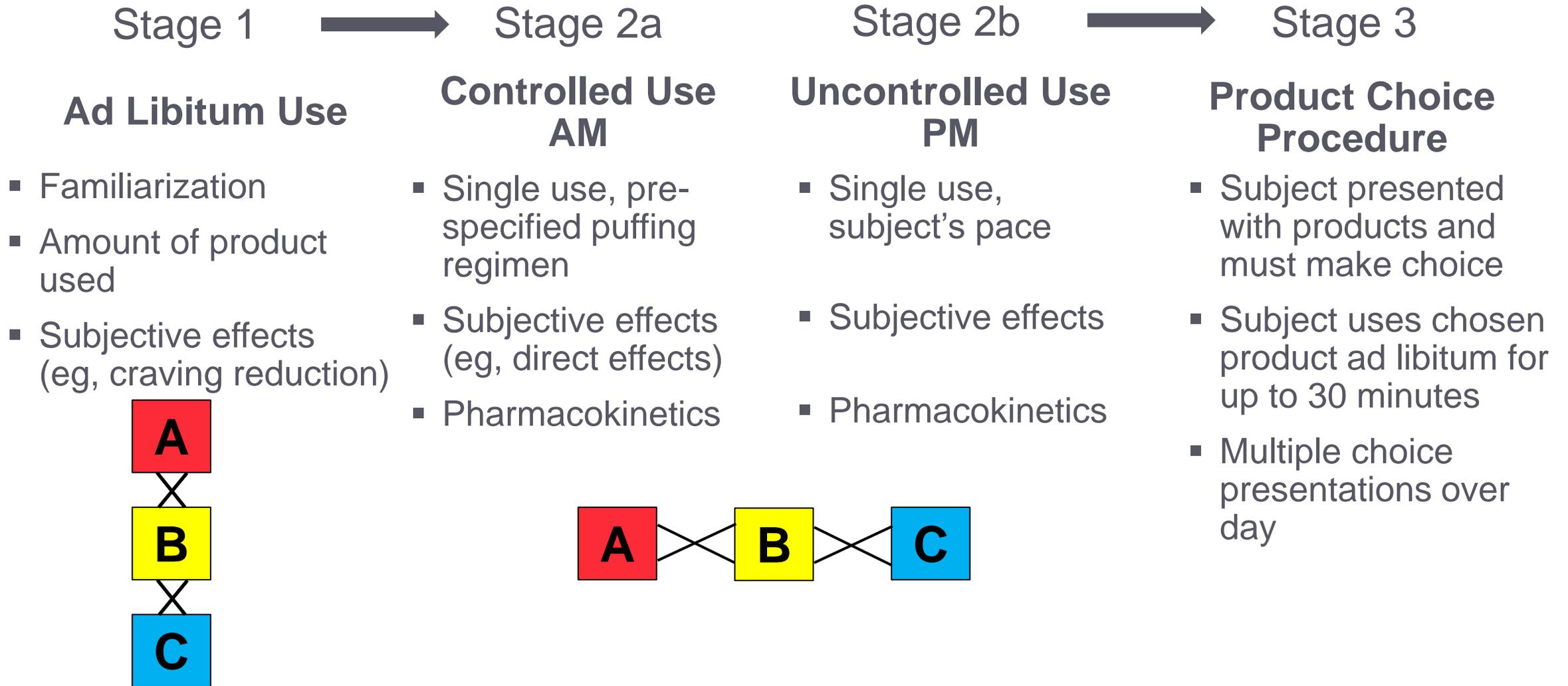
- Consumer perceptions of a product are associated with:
  - Attitudes, knowledge, and beliefs about a product
  - Sensory perceptions of and prior experiences with a product.
- Perception is both absolute and relative to other categories of tobacco products
- Both abuse liability and perceptions, as well as other factors, contribute to tobacco product appeal, and potential uptake and continued use.

# Abuse Liability: Clinical Assessment of Tobacco Products

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- Objective: To understand abuse liability of product relative to other marketed products
  - Place along a continuum of abuse liability risk
- Randomized, typically open-label, crossover design in tobacco product users
  - Product familiarization period
  - Ad libitum use
  - Controlled and uncontrolled use sessions
- Comparators can include:
  - Combustible cigarette – a “high” abuse liability
  - Nicotine gum – a “low” abuse liability product

# Sample Methodology



# Subjective Measures vs. Choice Procedure

- Study evaluating cigarettes of varying nicotine content
  - 0.4, 2.4, 5.2, 15.8 mg

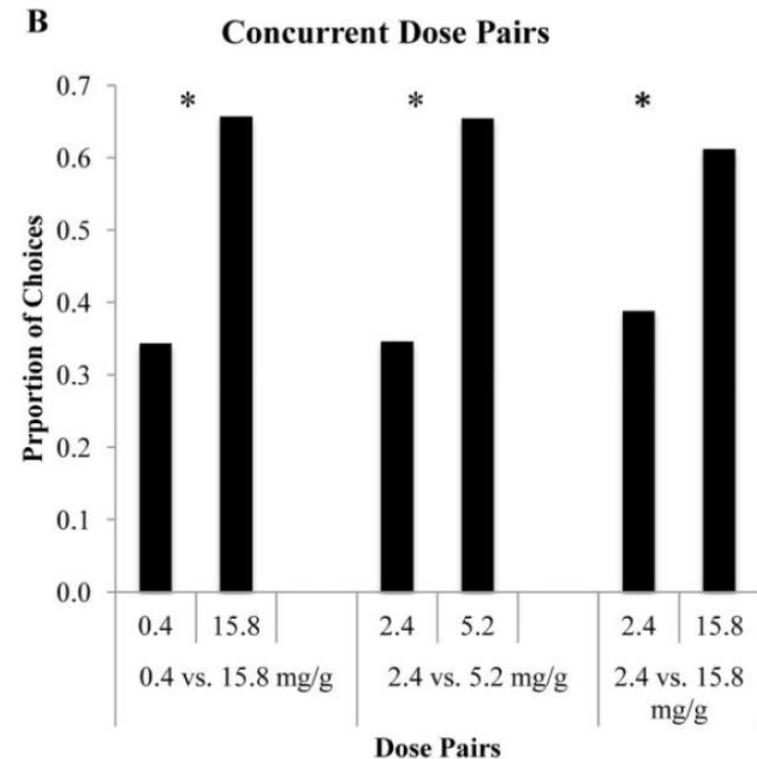
## Subjective Measures

- Satisfaction:
  - 0.4 < 15.8 mg nicotine
  - No other differences
- No difference in ratings of:
  - Reward
  - Craving reduction
  - Withdrawal symptom alleviation

**Subjective effects and choice behavior can present different picture**

## Choice Procedure

Cigarettes containing 0.4 and 2.4 mg nicotine chosen less often vs. 15.8 mg nicotine



# Abuse Liability Measures

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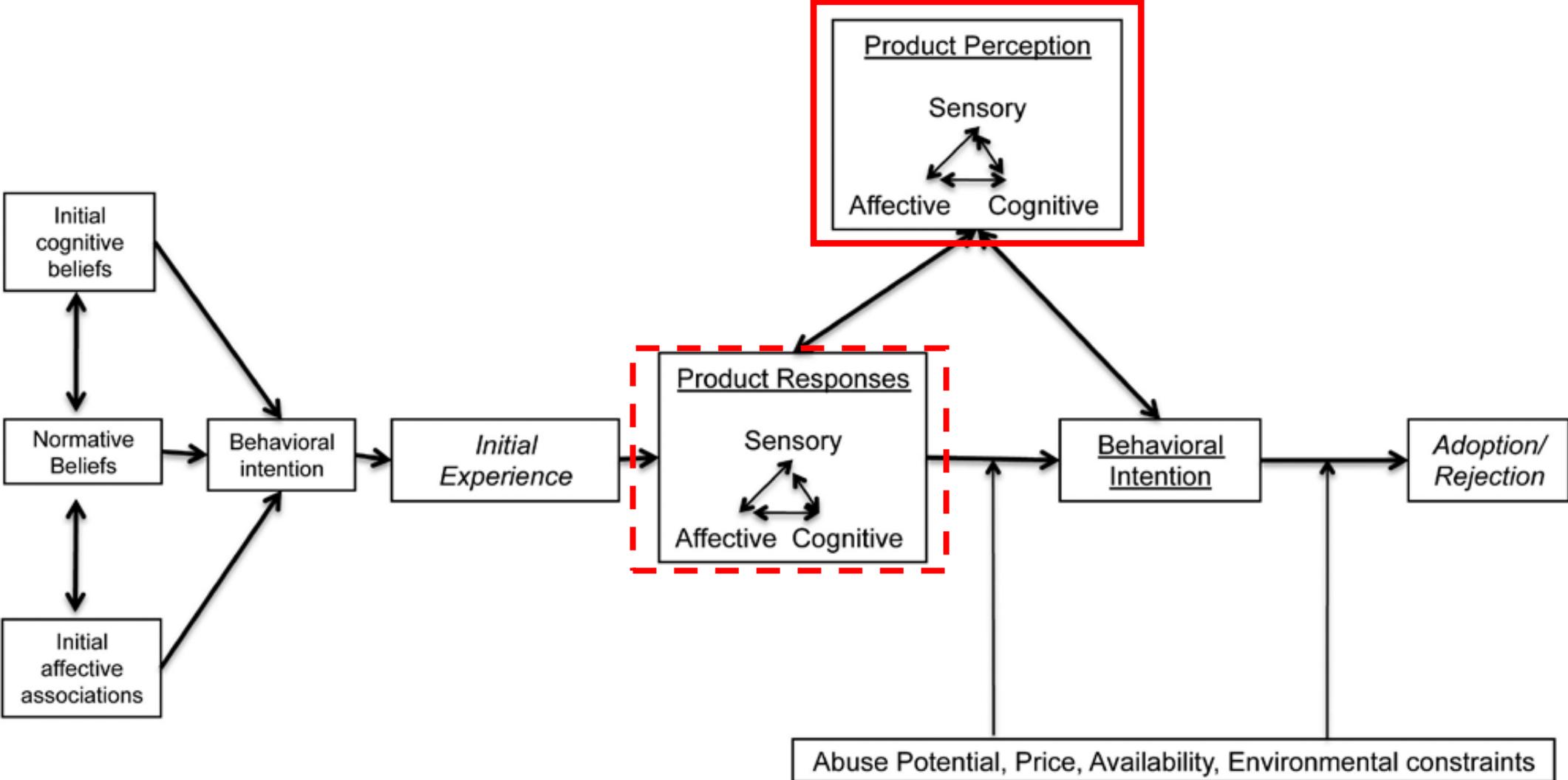
- Subjective effects
  - Similar to indirect measures used in human abuse potential studies of pharmaceutical products
- Product choice procedures
  - More direct measure of reinforcement, provides some “real-world” relevance
  - Subjects previously exposed to test and reference products (Stage 1 and Stage 2), therefore have some experience to determine preference
  - Does not address multitude of other products on market, but choice can be made relative to low and high abuse liability products
  - Methodology also used in drug studies, primarily academic, not new!
- Differential responses based on direct and indirect measures

# Product Choice Procedure: Application to NCEs/Reformulations and Challenges

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- Considers subject choice in controlled environment, focusing on pharmacological/sensory response to products
- However, subjects need to be able to identify the products in order to make the choice (vs. blinded human abuse potential study design)
  - How many sampling sessions needed?
  - Dose selection, particularly of drug with potentially low signal/mixed effects?
  - Previously conducted with drugs of abuse, anorectics, etc. (eg, Johanson and Uhlenhuth, 1980; Chait et al., 1987), results also indicate some dissociation between reinforcing effects (i.e., choice behavior) and subjective effects
- Requires additional stage in or completely separate clinical study
  - Cost, time, practicality?
  - Risk-benefit?

# Factors Influencing Behavior and Product Use



Berman et al. (2017) Nicotine and Tobacco Research

# Consumer Perceptions of Tobacco Products

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- Objective: To understand consumer perceptions of product alone and relative to other marketed products
- Topics of interest:
  - Product “concept”
  - Awareness, attitudes and beliefs (health risks, addictiveness, social acceptability)
  - Appeal, importance of features and design (eg, cost, flavors)
  - Reasons for trial and continued use
  - Health risk warnings and influence on perceptions/intentions
  - Advertising/marketing and influence on perceptions/intentions

# Consumer Perceptions of Tobacco Products

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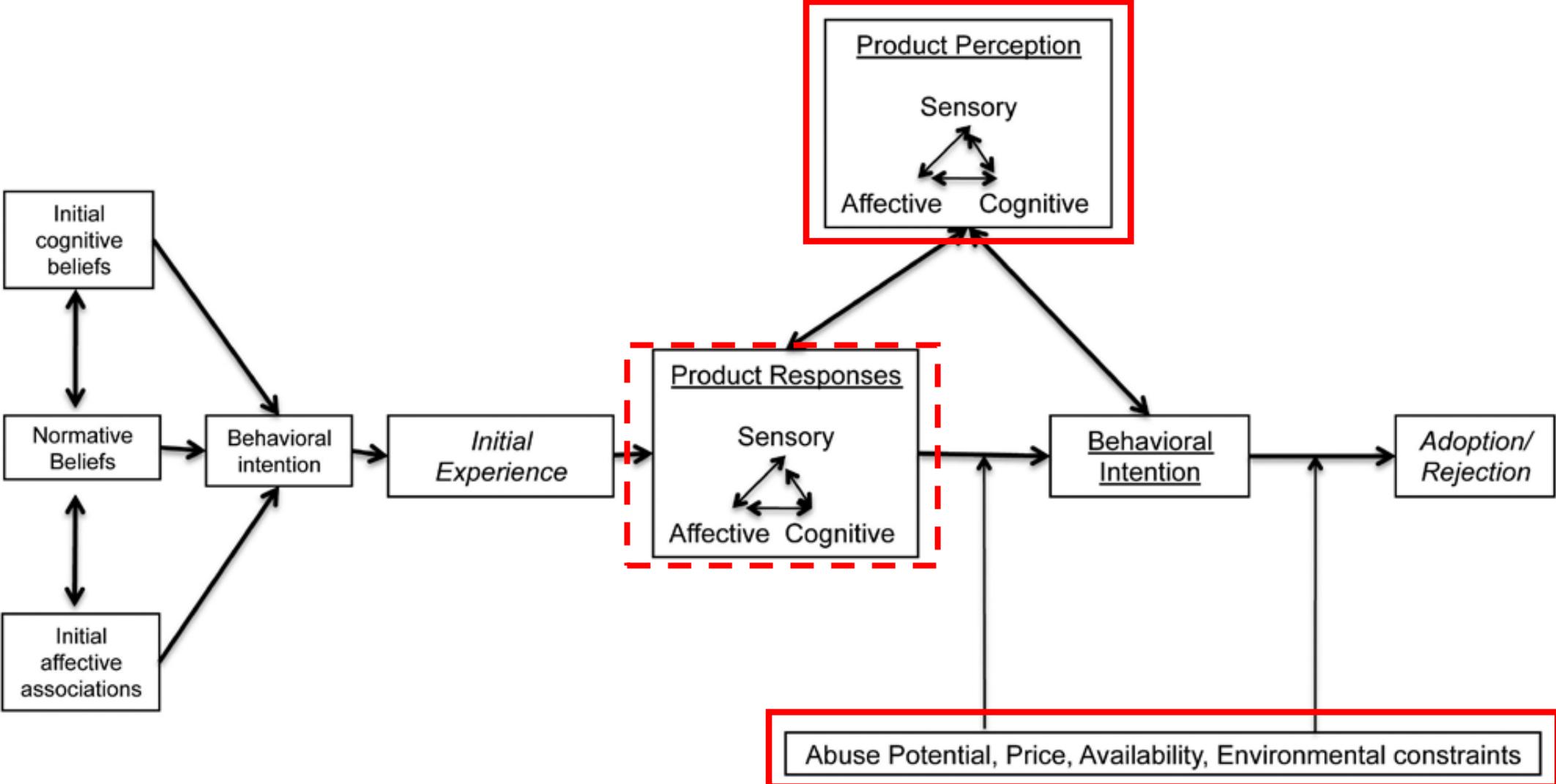
- Methodology:
  - Semi-structured interview-based assessments
  - Focus groups (n=6-10 per group)
  - Surveys (web, telephone, paper)
  - Discrete-choice experiments (stated-preference)
- Field testing to enhance validity of responses
  - Measure perceptions and behavioral intentions before and after product use
  - Responses based on information alone may not reflect response following actual experience (Schneider et al., 2008)

# Consumer Perceptions: Application to NCEs/Reformulations and Challenges

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- Methods have already been applied to ADFs (eg, Oxycontin; Sellers et al., 2013)
  - Provide theoretical drug information to subjects to gain understanding of perceptions, relative attractiveness
  - Rate and rank variables of interest
  - Allow subjects to tamper with formulations
  - Can assess appeal of formulations, eg, solution vs. tablet
- Application to NCEs
  - Unintended user (vs. assessing perceptions of intended tobacco product consumer)
  - Premarket assessment → lack of experience with drug under development
- Consumer perceptions studies may be more practically applied to reformulations/ADFs rather than pre-market evaluation of NCEs
  - ie, product-specific characteristics of reformulations/ADFs vs. intrinsic abuse potential of the substance

# Factors Influencing Behavior and Product Use



# Behavioral Economics (BE)

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- Multiple non-nicotine factors influence tobacco use behavior
  - Price, availability, other marketed products, labeling, product characteristics
- BE laboratory assessments can evaluate the effect of such factors on tobacco product consumption and choices (Tidey et al., 2016)
- Two key concepts:
  - Demand elasticity (sensitivity of purchasing to price)
  - Demand intensity (purchasing unconstrained by price)

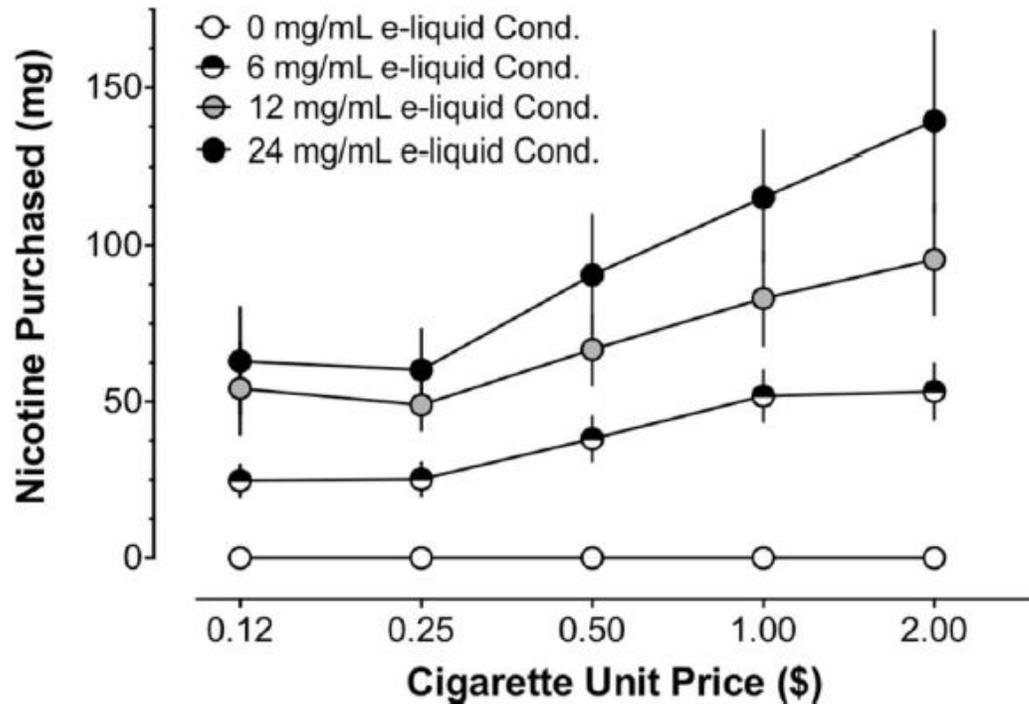
# The Experimental Tobacco Marketplace

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- Participants (eg, smokers) provided with experimental income to purchase real-world supplies of new (eg, e-liquid) and existing (eg, cigarette) tobacco products
- Sampling session to gain experience with new tobacco product prior to purchasing experiment
- Potential manipulations:
  - Price and consumer budget
  - Product descriptions (eg, low or high nicotine content; flavors)
  - Availability of other products (multiple concurrent choices)
  - Narratives (eg, reduced exposure to toxins)
  - Consumer characteristics (eg, smoking frequency, risk perceptions, gender)

# The Experimental Tobacco Marketplace

## B E-Liquid Substitutability



Among smokers:

- E-liquid showed nicotine concentration-dependent substitutability for cigarettes
- Snus, dip, nicotine gum or nicotine lozenge did not substitute for combustible cigarette

# Behavioral Economics: Application to NCEs/Reformulations and Challenges

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- Permits assessment of multiple pharmacological and non-pharmacological factors that influence drug taking behavior
- A more complex approach vs. other methods
  - Interpretation?
  - Practicality of “real” purchasing task with investigational drug?
- Will results have potential to shift over time with changes in market, price, other drugs, etc.?
  - How would this impact scheduling and labeling?
- Simplified version (theoretical money vs. drug choice procedure) has previously been implemented directly in human abuse potential studies

# Overall Summary

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- Product effects, consumer perceptions and other factors can influence tobacco product use/intentions
  - These factors also apply to drug abusers and their choices
- Multiple methods can be utilized to evaluate pharmacological and non-pharmacological factors associated with tobacco product use
- Together, results of such studies can inform on the risk to public health of a specific new tobacco product, both absolute and relative to currently marketed products

# Implications for Pre-market Assessment of NCEs

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- Tobacco products are consumer products intended to be used for “satisfaction” vs. NCEs, for which potential abuse is an unintended consequence
- Several tobacco products (eg, e-cigarettes) are already marketed, and consumer perceptions of new products are much more readily assessed “in situ,” as has been done for decades
  - How do these methods apply to a NCE at the pre-market stage?
- **Product Choice Procedures**
  - Provide some “real-world” relevance in a controlled environment
  - Some observed dissociation between subjective responses and choice behavior in tobacco and drug literature suggests additional supportive assessment may be useful
    - ie, determining relative (schedule placement) vs. absolute (scheduling vs. no scheduling) abuse potential
  - Implementation would likely require separate, fairly lengthy, clinical study

# Implications for Pre-market Assessment of NCEs

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- Consumer perceptions
  - Useful in assessing perceptions of reformulations/ADFs (vs. NCE) among drug abusers
  - Addition of single-trial period could provide more meaningful outcomes based on actual experience with product
- Behavioral economics:
  - Fairly complex procedures/analysis, with currently unknown function in assessing intrinsic abuse potential of drug, eg, with weak/mixed effects (for scheduling purposes)
  - Other, simpler options previously implemented directly in human abuse potential studies
- Implementation should consider goal of assessment
  - Scheduling is based on intrinsic abuse potential of a substance, outside the shifting marketplace and fads
  - Differential labeling opportunities?