

Samson's Anger: How to handle your anger.

September 15, 2024

Pastor Chavis T. Young

Summary

Today's sermon focused on the story of Samson from Judges 14 and 15, highlighting the destructive power of unchecked anger. Samson's anger, though understandable due to personal betrayal, led to a cycle of violence and retaliation that affected not just him but his entire community. The sermon emphasized the importance of controlling our anger and responding with God's wisdom rather than seeking personal revenge. It called for believers to be quick to hear, slow to speak, and slow to anger, reflecting the love and mercy of Christ in their actions.

Intro Prayer

Heavenly Father, we come before You today with open hearts and minds, ready to receive Your wisdom and guidance. Help us to be receptive to Your word and to understand the importance of controlling our emotions, especially anger. May Your Holy Spirit guide our discussion and help us to apply these lessons in our daily lives. In Jesus' name, we pray. Amen.

Ice Breaker

What is one thing that always makes you smile, no matter what?

Key Verses

1. Judges 14:19
2. Judges 15:4-5
3. Ephesians 4:26-27
4. Proverbs 29:22
5. James 1:19-20

Questions

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1. Have you ever experienced a time when your anger led to unintended consequences? What happened?
2. How do you usually handle anger? Do you think it's effective?
3. What can we learn from Samson's story about the dangers of unchecked anger?
4. Why do you think the Bible advises us to be 'slow to speak and slow to anger'?
5. How can we sow more into our spirit rather than our flesh to better control our anger?
6. Have you ever tried to bless someone who wronged you? What was the outcome?
7. What steps can you take this week to better manage your anger?
8. How can we support each other in our ministries to handle anger in a Christ-like manner?

Life Application

This week, whenever you feel anger rising, take a moment to pause, pray, and seek guidance from God's word before reacting. Try to find a way to bless someone who has wronged you, reflecting the love and mercy of Christ.

Key Takeaways

1. Unchecked anger can lead to destructive actions and consequences.
2. Anger is not a sin, but how we handle it matters.
3. Sowing into our spirit through prayer, meditation, and God's word helps control our anger.
4. God calls us to respond to anger with wisdom and love, not revenge.
5. Reflecting Christ's love means being quick to hear, slow to speak, and slow to anger. **Ending**

Prayer

Dear Lord, thank You for the lessons we have learned today. Help us to apply them in our lives and to control our anger in a way that honors You. May we be quick to hear, slow to speak, and

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slow to anger, reflecting Your love and mercy in all our actions. Guide us this week and help us

to be a blessing to others, even those who may have wronged us. In Jesus' name, we pray.

Amen.