## WOODLAND WELLNESS CENTRE



Shared Treatment bed space for co-support

**CONTACT US** 

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WOODLAND WELLNESS CENTRE

336 Wilson Charles Drive, Fairchild Subdivision/Lac La Ronge Indian Band – Mailing: PO BOX 850, Air Ronge, SK S0J 3G0



WWC Developed in June 2022

"This is a place for healing, and we want everyone to feel welcome here, we want people to come here regardless of where they're at, where they're from, what their beliefs are, what their religion is... You don't have to be perfect; nobody is perfect, we all need help"

(Chief - Tammy Cook-Searson).



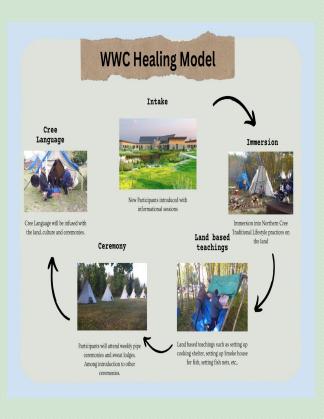
# SUKAWITHINIWUK WECHIHIWEWIKUMIK Woodland Wellness Centre



### WHY CHOOSE WOODLAND WELLNESS CENTRE?

Our holistic approach to achieving sobriety in a culturally diverse setting gives each participant a unique experience-

Reconnecting to the land, finding hope through ceremonies and relearning our traditional ways.



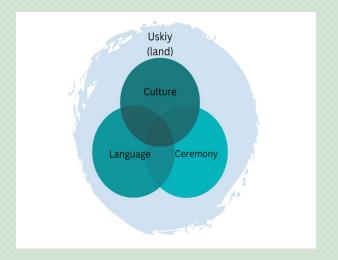
- Intake new participants introduced with informational sessions
- Immersion into Northern Woodland Cree
   Traditional Lifestyle practices on the land
- Land based teachings such as setting up cooking shelters, smoke houses-to dry meats, setting fish nets, etc.
- Ceremony Participants may attend pipe ceremonies and sweat lodges; among introduction to other ceremonies
- Woodland Cree language will be infused with the land, culture and ceremonies

#### PHILOSOPHY:

The Philosophy of our Nehithuwak (Woodland Cree) is, "Everyone is born with a gift or gifts. These gifts are the tools that will assist the person to accomplish the purpose for which they were born." (Elder Sally Milne, 2023)

#### VISION:

The foundation of the Nehithuwak is the relationship with the uskiy (land). The relationship with the uskiy (land) is foundational to the Nihithuw itwewin (Cree Language), Nehithuw pimachihowin (Culture), and Nitohkemowin (Ceremony). The uskiy (land) is essential in reclaiming our culture, language and ceremonies.



#### **MISSION:**

Mithopimatisiwin -

Living life in a good way, relating to life on the land

#### **INTAKE PROCESS**

- Fill out COMPLETED application form with Referring Agent and send by fax or email; this includes the medical form from your doctor or nurse practitioner.
- 2. Once application has been received by WWC, it will then go to the review panel for review, the review panel includes: Elders, Wellness Workers, LPN, Intake Coordinator, P&R Manager and/or WWC Director.
- 3. Participant must be detoxed for a minimum of 7 days prior to coming to WWC as they will be urine screened for alcohol and drugs at point of entry. IF participant tests positive, they will be sent back home. (Please make sure your ride waits outside for you while you wait for the lab results).
- 4. Medical, dental, and legal appointments must be taken care of prior to admission.