



Business Information	Phone Numbers
Emergency	911
RCMP	306-425-6730
Kids Help Phone 24 Hours	1-800-668-6868 TXT: 686868 www.kidshelpphone.ca
Woodland Wellness Centre (Mon - Fri 8:00am-4:30pm) Mental Health will be oncall during the holidays	1-306-425-9109 Cell: 306-425-9518 Toll-Free: 1-877-425-3450
Child Protection Services - ICFS	1-306-425-5511 Toll-Free: 1-866-755-5554
La Ronge Crisis Line (Collect Calls Accepted)	1-306-425-4090
Piwapan Women's Center	1-306-425-3900
La Ronge Victim Services	1-306-425-4378
La Ronge Health Centre Mental Health & Addictions Mon - Fri 8:00am-5:00pm (After hours Directed to Emergency)	1-306-425-2422 Ext: 1130
Narcotics Anonymous Easy Does It, Zoom (La Ronge) Fridays @ 8:00pm (Open 24hours, 365 days a year)	1-306-652-5216 https://csana.ca/ https://zoom.us/j/9990700707?pwd=cTNOTIJqVWd3VDNyGpnUk5Xb2VVdz09 Password: xF2NSu
Alcoholics Anonymous La Ronge Meetings	https://aasask.org/meetings-selection/
Crisis Service Canada	Toll-Free: 1-833-456-4566 TXT: 45645
24 Hour Crisis Line	Toll-Free: 1-800-567-3334
Hope for Wellness Helpline	Toll-Free: 1-855-242-3310
Online Chat	www.hopeforwellness.ca
Saskatchewan Health & Mental Health Line	811
NIHB Mental Health Counselling Press #4	Toll-Free: 1-866-885-3933
Prince Albert Mobile Crisis Unit	1-306-764-1011
Prince Albert Sexual Assault Line	1-306-764-1039
Indian Residential School Line	Toll-Free: 1-866-925-4419
MMIWG 24/7 Support Line	Toll-Free: 1-844-413-6649
Wellness Together Canada Provinces Immediate Crisis/Substance Use Support 24/7 (365 days a year)	Adults TXT: WELLNESS to 741741 Frontline Workers TXT: FRONTLINE to 41741 https://ca.portal.gs