



Welcome

We hope that you are ready to sing! Singing is so much fun and we made learning how to sing simple. Here is just a helpful guide that you can use along with the program. Have fun and sing loud!

CMaj 5-note Scale

#1

This is just an introduction to musical scales. Many of the VoiceTrain exercises are created using the 5-note scale. As an introduction, press the sound icon on each mini record and play the pitch. Then, sing each tone. Sing the scale going up, and then going back down. You can also sing combinations, ex. C E G, or F C.

Take Time to Breathe

#2

Take time to breathe

Take time to breathe

Inhale completely

Take time to breathe

Feet Are Firmly Planted

#3

Feet are firmly planted

On the ground

Knees and hips and chest aligned

Shoulders are relaxed

Arms hanging down

Head is balanced on the spine

Articulation - Consonants

#4

Enunciate the following consonants sounds:

BBBB

SSSS

RRRR

DDDD

ZZZZ

Bah

Bee

Beh

Boo

Boh

Vowel Sounds for Singing

#5

First, practice enunciating each word in the vowel bank. Say each vowel sound clearly and concisely. Then, play each record one at a time. Practice singing the pure vowel sounds or the vowel bank words along with each exercise.

Mouth Shapes for Vowels

AH - Oval

EH - Slight smile

EE - Relaxed smile

OH - Circle

OO - Pucker

Tongue Position

Allow the tongue to rest in the bed of the mouth.

Sunny Days

#7

Sunny days are

Here hooray now

Let's go play outside

Icecream cones

And water games

I love the summertime

I Love to Sing

#8

I Love Singing

How I love to sing

Honey Bees & Apple Trees

#10

Honey bees

and apple trees

And honey bees

and apple trees

Apple trees

and honey bees

And apple trees

And honey bees

Frog's Dance Like

#12

Hipity hopity

Hipity hopity

Hipity hopity

Hipity hop

#14 Option 1

Place emphasis on the number in bold each time you hear the tone.

Practice counting to four in between each tone.

1234

1234

1234

1234

#14 Option 2

Place emphasis on the word in bold each time you hear the tone. Practice singing the phrase in between each tone.

Fa la la la

Fa la la la

Fa la la la

Fa la la la

