Elysium Massage Session Form

Name	Date
What are you wanting out of today's ma	assage?
Are there any areas you would like for	me to avoid?
Areas of broken skin? (rashes, wounds, etc) □yes □no If yes, where? Reason for seeking todays massage: □Relaxation □Specific Problem How much pressure do you prefer? □Light □Medium □Firm Please indicate any areas you want worked	
By signing below, I acknowledge that I am aware of the benefits and risks of massage therapy and that I have completed this form to the best of my knowledge. I also agree to update my massage therapist on any health or medical changes.	
Client signature	Date
Theranist signature	Date