Thyme gravy – dairy free – gluten free

Make rue w/ coconut oil/grease and gluten free flour (King Arthur) – brown

Add salt & pepper while making rue

Add chicken broth (or vegetable broth)

Add dairy free coconut sour cream or yogurt

Add thyme

Add red pepper to taste

Add a little sugar if you want

Season to taste

Stir often w/ whisk to desired thickness