



The Canadian Learning Trust  
KEEP ON LEARNING

## Summer 2023 eFlash!

The Canadian Learning Trust (the CLT) is a lifelong learning community that encourages all kinds of learning by all ages of learners.

Our dream is of a prosperous Canada enriched with learning – a Learning Canada.

Hello fellow Lifelong Learners.

There's no doubt that Canada divides its year into a couple of seasons. The first is the one we know and love where it's either construction season or hockey season! The other is the September and January division for school. This latter one is almost upon us as schools begin again in the first days of September.

How does lifelong learning fit for those who are not in formal education – in the school system? Can we still be learning? Yes, according to this list found for us by our Learning Treasurer Hunter, J.H.

This is a great list, many of these are on the CLT website. What will you purposefully learn for these reasons this September?

- 1. Personal Growth:** Lifelong learning allows you to continually develop your skills, knowledge, and abilities, contributing to your personal growth and self-improvement.
- 2. Adaptation to Change:** In a rapidly evolving world, learning new skills helps you adapt to changing circumstances, technologies, and industries. It enhances your ability to stay relevant and competitive.
- 3. Career Advancement:** Continuous learning can lead to career advancement, better job opportunities, and increased earning potential. Acquiring new skills or upgrading existing ones makes you more attractive to employers.
- 4. Intellectual Stimulation:** Lifelong learning keeps your mind engaged and active. It stimulates curiosity, critical thinking, and problem-solving abilities, contributing to mental well-being.
- 5. Expanded Horizons:** Learning exposes you to new ideas, cultures, and perspectives. It broadens your horizons and enriches your understanding of the world.
- 6. Personal Fulfillment:** The pursuit of knowledge and skills can be deeply fulfilling. Achieving learning goals provides a sense of accomplishment and satisfaction.
- 7. Flexibility and Creativity:** Learning diverse subjects enhances your ability to approach problems creatively and find innovative solutions.
- 8. Improved Communication:** Learning different subjects improves your communication skills, enabling you to connect with a broader range of people.
- 9. Cognitive Health:** Engaging in learning activities can potentially contribute to better cognitive health and a reduced risk of cognitive decline as you age.
- 10. Connection to Others:** Joining courses, workshops, or groups for learning provides opportunities to connect with like-minded individuals and build a social network.

- 11. Skill Transfer:** Skills learned in one area can often be applied to other areas, leading to unexpected synergies and enhanced expertise.
- 12. Personal Enrichment:** Lifelong learning allows you to explore topics purely for personal interest, from hobbies and crafts to academic subjects.
- 13. Contributing to Society:** The knowledge you gain can be shared with others, contributing to the collective pool of information and benefiting society as a whole.
- 14. Role Modeling:** Demonstrating a commitment to learning sets a positive example for others, including family members, friends, and colleagues.
- 15. Continuous Improvement:** The mindset of lifelong learning encourages a habit of continuous improvement in various aspects of life.

Whether you pursue formal education, online courses, workshops, self-study, or hands-on experiences, embracing lifelong learning can lead to a more fulfilling and enriched life. It's a way to stay curious, adaptable, and open to new opportunities and challenges that come your way.

### Check it out:

- ✓ If you need financial support for your lifelong learning, check out the GOL.  
<https://canlearntrust.org/gifting-of-learning>
- ✓ We are excited to be building a Learning Canada through gathering and informing a lifelong learning community. A Learning Canada needs Canadians who know how to learn and who keep on learning.
- ✓ The GoldEye is now posted in English and Mandarin for adults, more translations to come. Thanks R.K. for your Mandarin translation. Please submit requests for other language translations. Check out the link.  
<https://canlearntrust.org/goldeye-learning-planner>
- ✓ There's a lifelong learning song on the website and YouTube!! Thanks to LT Irie for his contribution.  
<https://www.youtube.com/watch?v=rhrHHJW1Mkk>  
<https://canlearntrust.org/>

**SHOUT OUT!!!** To all those who kept on learning through the summer, who led learning and supported those learning. Worthwhile learning takes a lot of effort. Congrats!

Put together by all of us at the CLT