

GASTROVEN™ TEA

How to Make Stomach Tea



If you're experiencing stomach discomfort after taking Betaine HCL (hydrochloric acid) or if you have a sensitive stomach, then your stomach meridian may still be testing *weak*. To allow the stomach meridian to return to testing strong, you can use botanical stomach nutrients in the form of a warm tea prior to eating and using HCL.

Directions:

- » Bring 1-2 cups purified water to a *high, rolling boil*
- » Open 2 capsules of Pr. GastroVen™* into a cup (dispose the capsules afterward)
- » Pour the boiling water into the cup, cover, and let it steep for roughly 10 minutes
- » Drink entire tea prior to eating your meal

After taking, the stomach meridian should typically test **strong** and Betaine HCL can be taken without risk of further discomfort.

* GastroVen™ is a trademarked product of Premier Research Labs