



## Current Pricing & Policies

**Equine Bodywork Session \$100+ travel fee. Travel fee is split between clients and is waived with 4+ sessions on the schedule for the day.**

Sessions last around 60 minutes, sometimes longer depending on what the horse needs from the session that day. Includes a combination of manual work, kinesiology taping on up to 2 areas, and cold lasering as needed. If additional taping is wanted/needed, a \$5 per additional treatment area applies. A detailed write up along with suggestions to maximize the benefits of the session is included with each session. Kat will also work with your horse's vet and farrier if the situation warrants it.

**Cold Laser/Kinesio Session \$45 + travel fee. Only available if 2+ horses are on the schedule. Travel fee waived with 4+ sessions on the schedule for that day.**

Sessions last about 30 minutes and include a cold laser treatment with corresponding kinesiology taping on needed areas. Great for maintaining horses between bodywork sessions, horses rehabbing from injuries, or a good way to fill the schedule to have the travel fee waived.

**Mini Performance Session \$60. Only available at Chatt Hills during horse shows. Travel fee waived.**

Sessions last 30-45 minutes and include targeted manual work and cold laser treatment with corresponding kinesiology taping on needed areas. Sessions focus primarily on performance enhancement and comfort for your hard working equine at horse shows.

**Barn Dog Bodywork Session \$35. (Only available if Kat is in barn doing bodywork on horses)**  
Kat loves horses but she REALLY loves dogs. Treat your beloved barn dog to a bodywork session and keep them feeling their best as well. Sessions last 20-30 minutes and include complimentary cold lasering as needed.

**Lesson \$60+ travel fee. Kat offers both mobile and haul in services.**

Whether you're looking to improve your relationship with your horse, reach a specific riding goal, problem solving an issue on the ground or under saddle, or you just want a better understanding the how's and why's of training your horse, let Kat help you reach your goals with your horse. Kat helps break down the training process into steps that help both horse and rider understand what's being asked, leading to a successful partnership and the achievement of goals. Learn to work with your horse and not against them from the ground up. All breeds and disciplines welcomed as the foundation of horsemanship and correct biomechanic training carries through all types of riding. Sessions last about an hour and Kat provides 'homework' to all of her students to work on between visits. Group sessions are available, please inquire for more information.



### **Training & Catch Rides. Please Inquire**

Kat is available for training rides in the Atlanta, Georgia area. Whether you have a horse that needs a tune up, you just don't have enough time to maintain their fitness level because life happens, or if you're currently in over your head, Kat offers several options for training and catch rides. Pricing is dependent on many factors, please reach out for more information for your personal situation. Typical pricing ranges from \$55-\$75 per session plus travel fee.

### **Clinics & Educational Demonstrations. Please Inquire**

Kat is available to provide clinics and educational demonstrations for your barn or group. Mix and match to suit your educational goals with both hands on and lecture formats on bodywork, foundational training both on the ground and under saddle, and other services offered by Yellow Horse Performance. Pricing varies depending on clinic format. Kat loves to give back to her equine community by helping cultivate the next generation of horseman and provides clinics and educational demonstrations free of charge to Pony Club and 4H groups.

### **Mentoring & Remote Services. Please inquire**

Kat understands that not everyone is fortunate enough to have access to quality practitioners and professional trainers due to geography and other reasons, so she's happy to offer her services remotely to help horses and their owners in all corners of the country. Whether you're a first time horse owner learning the ins and outs of having a horse, you're dealing with soundness issues and need rehab guidance, maybe feeling overwhelmed with treatment options, or need input on your nutrition program, tack fit, movement patterns, etc. Drawing on her own experiences and education, as well as her network of equine professionals and practitioners, Kat is here to offer a wealth of support and knowledge to help you on your journey.