## **Proper Dance Attire**

It is very important for students to properly dress for dance class. The instructors need to be able to see the dancer's bodies in order to correct their technique and help them improve. We hope these guidelines help to determine what dancers should wear to class. Marley's Dance Effex will be enforcing the 'proper dance attire' dress code for all students. Please note that your dancer may not be able to participate in class if they do not have proper dance clothes or shoes.

## **Appropriate Clothing Items:**

✓- Bodysuits ✓- Spandex Shorts ✓- Tank Tops ✓- Leggings ✓- Dance skirts (any form-fitting yoga wear is acceptable)

## **Inappropriate Clothing Items:**

**X-** Jeggings **X-** Sweatpants **X-** T-Shirts/Long sleeves **X-** Sweaters/Hoodies (any loose/baggy items that prevent the instructor from seeing the dancers body positioning are not permitted)