

Optimist Club Members Receive as Much as They Give

- The fellowship of proactive people with optimistic mindsets
- New social and working relationships with individuals from a cross section of our communities
- The opportunity to develop and demonstrate leadership skills locally, regionally, nationally and internationally
- The satisfaction of making a difference in our communities

Whether you are searching for an outlet to help your community, personal development, or rewarding camaraderie, you'll find what you're looking for in your local Optimist Club. Joiners become more tolerant and empathetic to the needs of their community.

Just a Few of the Many Projects Conducted By Optimist Clubs

- Service work to families in need
- Working directly with local schools to enhance education
- Tutoring and mentoring young people
- Substance abuse prevention programs
- Coaching youth sports teams
- Fundraising to benefit families in need
- Assisting disaster victims

Mission Statement

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.

Vision Statement

Optimist International will be recognized worldwide as the first volunteer organization that values all children and helps them develop to their full potential.








FOR MORE INFORMATION, PLEASE CONTACT:

LOCAL CLUB:

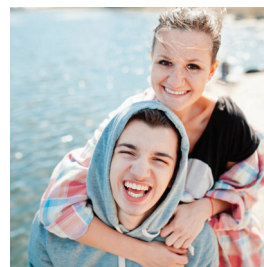
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Connect with Optimist International!

-  membership@optimist.org
-  optimist.org
-  Facebook: [optimistintl](#)
-  Twitter: [@optimistorg](#)
-  Instagram: [@optimistintl](#)
-  YouTube: [optimistintl](#)
-  LinkedIn: [optimist-international](#)

OPTIMISTS BRINGING OUT THE BEST



optimist.org

Choose Optimism

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves. Optimists know our actions matter. Choosing Optimism allows us to lead happier, healthier, more successful lives, and it increases resilience in difficult times.

Optimist Clubs respond to the individual needs of each community, providing life-changing events to more than 6 million children around the world each year through our scholarship contests, sports leagues or charitable assistance.

Experience the power of optimism with positive people creating positive change in your community. You will find happiness, purpose and accomplishment in a way that no other organization can equal.



Promise Yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

What Should I Expect?

Every Optimist Club was formed by people who wanted to reach out to help youth and the community; people like you and me. Members of an Optimist Club usually live in or work in the community. Members have joined together to serve others and to promote Optimism as a way of life.

Each Optimist Club is chartered as a Member of Optimist International. This gives the Club the right to use the Optimist name and provides each Club with services and programs offered by Optimist International.

Each Optimist Club operates autonomously. This means they operate independently of each other. They choose their own activities, elect their own officers and raise their own funds. A Club's service activities are based on the needs of the community. What a Club can do is limited only by the imagination and resources of the Members.

Optimist Clubs do share certain similarities. This offers you, the Member, the assurance of knowing wherever you are, should you wish to attend an Optimist Club's meeting, certain components will be the same. The programs and guest speakers offer the Members an opportunity to learn, grow and improve themselves. The program features the youth in the community, as in the Essay and Oratorical Contests or in the Youth Appreciation activities. Club meetings help to reinforce commitment and allow us to take pride in our accomplishments.



Optimist Programs and Community Projects

Childhood Health & Wellness

The Childhood Health & Wellness Program builds on the highly successful Childhood Cancer Campaign to expand our impact. Clubs and Districts will now have the opportunity to initiate projects and services to improve the quality of life for children in their communities across a broader spectrum of needs. Clubs can apply for grants through the Childhood Health & Wellness Matching Grant Program to help with local projects.

Childhood Health & Wellness will include four focus areas (not limited to the examples below):

- **Healthy Lifestyles** (Child Obesity, Healthy Eating, Physical Fitness, Happy Heart Advice, March of Dimes)
- **Chronic Diseases** (Childhood Cancer, Juvenile Diabetes, HIV, Multiple Sclerosis, Muscular Dystrophy, Sickle Cell Anemia)
- **Mental Health** (Depression, Bullying, Abuse)
- **Disabilities – Physical, Intellectual & Developmental** (Autism, Special Olympics)

Junior Optimist International

Young people have the opportunity to learn the importance of volunteerism, teamwork, communication, self-esteem and citizenship through the Junior Optimist International program. As a result, youth report feeling an improved sense of kindness and an increased awareness for those in need. Start a Junior Optimist Club today!

Optimist Scholarship Contests

Essay – This contest gives young people the opportunity to express their views and opinions regarding the world in which they live. Optimist International awards each District contest winner a scholarship to be used for higher education.

Oratorical – As Optimist International's oldest program, this contest invites young people to gain experience in public speaking. District winners receive scholarships for advanced education, funded by the Optimist International Foundation.

Optimist Junior Golf

As one of junior golf's most prestigious events, the Optimist International Junior Golf Championships provide an unique opportunity for junior golfers from around the globe. Every year, thousands of golfers ages 10 to 18 compete in local Optimist qualifying tournaments with top finishers advancing to The Optimist.

Communication Contest for the Deaf and Hard-of-Hearing (CCDHH)

The CCDHH contest provides an opportunity for young people who are deaf and hard-of-hearing to communicate in a public forum while developing valuable skills and confidence. The Optimist International Foundation annually fund a scholarship for each participating Optimist District.

Respect for Law

Promote peace and harmony within your community! Optimists accomplish this by honoring law enforcement officials, initiating block parent programs, sponsoring fingerprinting events and starting neighborhood watches.

Tri-Star Sports

This activity offers opportunities to promote self-confidence and physical fitness through fun competition. It can be sponsored by Clubs of all sizes. Since there is no physical contact or advanced skill required, it is the ideal activity for every child, including those with disabilities.

Youth Appreciation

Build students' self-esteem by recognizing their talents in the arts, athletics, academics or their contributions to the community. Recognize youth who have made a change for the better in their lives or overcome a hardship. To honor deserving youth, Optimists have hosted swim parties and bowling nights, planned youth lock-ins, chaperoned field trips and provided funds for school supplies.

Youth Safety

Keeping children safe has been an important part of Optimist programs for many years. Members sponsor a wide range of activities, including teaching youth about important safety issues that they encounter every day, such as traveling in a car or on the school bus. Optimist events, such as a bicycle rodeo can make learning safety skills fun for everyone involved.

Optimist International Member Invitation

DETACH HERE

Please type or print clearly

Name: _____ Date of birth: _____

Were you ever a Junior Optimist Member? Yes No Are you currently a full-time college student? Yes No

Address: _____ Street _____ City _____ State/Province _____ ZIP/Postal Code _____ Country _____

Phone: _____ E-mail: _____

I consent to Optimist International publishing the following public contact information. (Select all that apply)

Telephone Number Home address Email Address

YOUR SIGNATURE INDICATES YOUR INTEREST IN THIS INVITATION.

Signature: _____ Date: _____

Sponsor: _____ Optimist Club of: _____

Date approved by committee: _____ by Board of Directors: _____

Individuals who have committed sexual offenses against children may be denied membership and/or have their membership revoked. Please complete and give to your local Optimist Club.

Greater satisfaction and benefit come from participation in Club activities through committee membership. What committees interest you most? Check all that apply:

Community Service: Determines, plans and supervises community serving projects.

Fellowship: Stimulates attendance, greets members and guests. Promotes fellowship beyond Club and community.

Finance: Plans and supervises the budget.

Membership: Plans and executes a year-round program for acquiring new members.

New Club Building: Conducts all activities involved in sponsoring a new Optimist Club.

Program: Develops and executes plans to provide interesting programs for Club meetings.

Youth Activities: Determines, plans and supervises youth projects.

Optimist International Member Interest Finder

DETACH HERE

ABOUT YOU

Occupation: _____ Date of birth: _____

What projects, programs and fundraisers would you like the Club to consider? _____

Name: _____ Date: _____