

# Guilbeau Station Animal Hospital

8905 Guilbeau Road, San Antonio, Texas 78250

210-647-5128

[www.guilbeaustation.com](http://www.guilbeaustation.com)

## Post Operative Care Instructions

Today was a special day for me, I had an ovariohysterectomy or “spay” surgery. I had a major surgery and while I heal please make sure to keep me away from intact males for two weeks.

I was given a pain injection the day of the surgery which is why I feel so good.

They have told me I have to follow these rules when I get home:

1. No jumping, running or playing for the next 10 days.
2. Check me daily for any bleeding, gaping or discharge from my surgery site. A little swelling and redness is normal.
3. I may have some stitches that itch. Don't let me lick or scratch at them. Use my E-collar a.k.a. “Cone of Shame” if I have one or if I’m persistent, call the hospital. They can suggest ways to make me stop, including medicine.
4. DO NOT CLEAN my surgery site with anything unless you have been told to do so.
5. Make sure that I eat OK next week. If I don't eat for 2 days in a row, call the hospital.
6. NO BATHING OR SWIMMING for 2 weeks.
7. Wait at least one hour after I get home to offer me water. They told me that I could eat a small amount of my normal food late tonight and then normal amounts tomorrow.
8. I need to take my medications noted below as directed on the labels.



9. E-collar is needed to stop me from bothering my suture site.
10. Additional instructions:

---

11. My follow up appointment for suture removal is in 14 days on \_\_\_\_\_

12. Call if there are any problems at all.

So, that was my big day! Everyone at Guilbeau Station Animal Hospital was so nice to me and made me feel special and told me that I am welcome anytime.

