

Age Friendly Laramie  
Meeting June 11<sup>th</sup> 2021

Via zoom

This meeting of Age Friendly Laramie opened via zoom at 3:00 p.m. In attendance were Bernard, Rin, Sarah, Grace, Kate, Nancy, Maryalice, Jennifer, Tammy, Diane, Lucy, Janissa (nonvoting guest)

This first official meeting of the board of Age Friendly Laramie opened with welcome from Bernard.

Each member had had an opportunity to review the most recent edition of the bylaws. A motion was made by Maryalice to approve the bylaws, a second was made by Rin. The vote was unanimous to approve the bylaws as now written.

Minutes from the last meeting were approved as submitted.

Treasurer's report: Rin pointed out that we need at least \$240.00 to meet our promise of the prize money we are offering for the Literary Laramie contest happening in August. We now have \$00.00 dollars. She asked for input as to which bank we might use for an AFL account. PayPal was discussed but it was decided that we need a traditional bank. She is also looking into a grant from the Wyoming Community Foundation of possibly \$5,000 for operating cost. We would like to request \$500 in sponsorships also.

Our guest, Janissa Martinez, is the Editor-in- Chief of the Literary Laramie Magazine. She has the commitment of three reviewers to judge the entries to the contest as well as an artist (John McAmis) committed to designing the magazine cover. There are posters up around town advertising this contest as well as a poster on- line.

The AFL "action Plan" is in the works.

In regard to AFL's 501c3 status: this has not yet been processed by the IRS. (Update from Bernard 6/15/21—status has been approved by IRS. We are now officially tax exempt!!... long time coming.)

Age Friendly Laramie is working with the Albany County Public Library to get an accessibility assessment done.

Age-Friendly Commerce is a project taken on by Honor Student Kate. This project is now in the early stages and is expected to be ramping up in July. This project is the planning of educational modules for community businesses so they can be trained on age friendly practices. The hope is to train businesses and their staff in ways that can make their business environment enjoyable to community members of all ages and abilities.

Age –Friendly Gardens is a project being looked at for next season. An Honor student will arrange to match younger and older people together to work with the “Veggie RX” model. This program is designed to help food insecure people have access to nutritious foods. Gardens could be in a private home setting or a community garden. The Laramie Garden Club has funds to help start community gardens and UW students associated with UW Student Acres could also partner with AFL as well as “Feeding Laramie Valley”.

In September there is to be a “Walk to End Alzheimer’s” in Laramie at LaBonte Park. Age Friendly Laramie plans to have a team take part in this event to help raise money to fight the disease. The state director of this project is Enrique Girones.

The original “8 domains” of AFL have been condensed to 3 committees. The “outreach committee” will involve event planning and will cover

the 8 domains originally described by AARP in working to make Laramie a friendly place to age in place. The “development committee” will work on growing the organization, raising funds and coordinating volunteers. The “executive committee” is the third committee.

There was considerable discussion as to the role of AFL in supporting UW student’s projects. It was agreed that we need to make clear the role of student projects in AFL and vice versa. The opinion that AFL and UW would be good partners in helping the students meet their “Academic” needs for projects and also help AFL in achieving their goals was noted. It was determined that AFL should ask students to bring their projects to AFL for approval.

Meeting adjourned 4:30, next meeting scheduled for September 17<sup>th</sup>, 3:00 to 4:30 at the Eppson center.

Respectfully submitted,

Lucy Norwood

secretary