

Age Friendly Laramie  
Meeting March 25, 2021  
Via zoom

The meeting for Age Friendly Laramie (AFL) opened at 3:00 p.m. via zoom. Present were Bernard Steinman, Tammy Comer, Maryalice Snyder, Babette, Jennifer Taber, Nancy Sindelar, Breman Whitlock, Diane DeLany, Jessica Stalder, Susan Simpson, Bridgett Hetgar, Germaine St. John, Rin Kasckow, Christine, Cole Ehmke and Lucy Norwood.

This meeting was called to update stakeholders on the latest work that has been done and to make plans. Bernard open with an enthusiastic welcome to all attending the meeting. Meeting protocols were briefly discussed, and it was decided that we will not use "Robert's Rules of Order".

The "Action Plan" is still a work in progress and is coming soon. This will integrate with the needs assessment that was done. All of the paper work for AFL to file for 501c3 status has been submitted.

Officers of the newly formed board were introduced. Tammy will act as president, Maryalice will act as Vice President, Babette will be treasurer and Lucy will be secretary. Bernard is the Executive Director. All those in attendance were invited and encouraged to join the board. Board members will serve a one year term. All those attending the meeting were emailed a draft of the bylaws to review and make suggestions on. The bylaws can then be ratified. Attendees were asked to confirm if they will be able to serve on the board.

Bernard explained the distinctions between AFL and AFW (Age Friendly Wyoming). AFL is one of the communities in Wyoming working under the umbrella of AARP and they also work with the Wyoming Center on Aging. AFW is intended to be the hub of information for the Age Friendly towns (Jackson, Casper, Laramie) in Wyoming. AFW is an agency of UW.

UW has established a Student Gerontology Association that now has about 17 UW student members. This group will help in integrating resources at UW with the needs of AFL. A grant may be requested to create an audit of the physical environment of Downtown Laramie and its businesses. The team can then develop a training module for businesses and their staff. Business that complete the training could then achieve AFL status and get a "sticker" for their window to let people know that they are age aware. Other opportunities include working with Albany County Library, a Tile Wall of Generations made up of tiles designed by Laramie residents of all ages.

The re-establishment of AFL specific committees was discussed. Senior housing was highlighted as a need in the community. No committees were formed at this time. Germaine commended the Eppson Center for Seniors and all of its dedicated staff, Wyoming Center on Aging and the city of Laramie for helping to make Laramie a good place to live. She also expressed the need for senior housing that is not income based. Bernard has a meeting with a developer who is building some senior housing.

The next AFL meeting was scheduled for April 8<sup>th</sup> 2021 at 3:00 p.m. via zoom.