**FEBRUARY 2025**

Results demonstrate sustained disease control over 24 weeks in a broad population of antibody positive adult patients: anti-AChR, anti-MuSK, anti-LRP4

## **2025 MG Ohio Meetings:**

### **MG Ohio**

### **Northeast Ohio (NEO) In-Person Support Group Meetings:**

**February 8, 2025 —1:00-3:00 pm**

Metro Health November Campus  
7800 Pearl Rd. Middleburg Hts., OH 44130

*This will be a hybrid meeting broadcast over Zoom. Please use the link or call to join:*

<https://zoom.us/j/95377894109?pwd=NoN8jb0pTRZkrtXEdZkuxfmaja2vdd.1>

Meeting ID: 953 7789 4109 Passcode: 980913

Dial in: +1 305 224 1968 US +1 309 205 3325 US +1 312 626 6799 US (Chicago)

**NOTE:** This year regular NEO meetings will be BYOW (bring your own water) Coffee will be available. Donations of baked goods always welcome.

### **MG Ohio**

### **Central Ohio In-Person & Zoom Support Group Meetings:**

**February 17, 2025—4:30 pm**

The Dempsey Family Education and Resource Center at  
OhioHealth Neuroscience Center Riverside Methodist Hospital  
3535 Olentangy River Road, Columbus, Ohio 43214

Parking is free (with vouchers we will provide at the meeting). Park in the "Red" parking garage.

We plan for this to be a hybrid meeting for in-person support group members and their caregivers/families as well as online via WebEx for those unable to attend in-person. (WebEx is an online meeting platform similar to Zoom) [www.ohiohealth.webex.com](http://www.ohiohealth.webex.com) Please contact Sharon or Cathy at [centralohiomg@gmail.com](mailto:centralohiomg@gmail.com) or by phone at 614-334-1140 for the Webex meeting code.

### **MG Ohio**

### **Southwest Ohio In-Person Support Group Meetings:**

**February 8, 2025 —1:00-3:00 pm**

Mayerson JCC \* Speaker  
8485 Ridge Road, Cincinnati, Ohio 45236.  
(Take the Ridge Road Exit from the Ronald Regan Highway)  
RSVP to Erica at [amannerica@gmail.com](mailto:amannerica@gmail.com).

*This will be a hybrid meeting broadcast over Zoom. Please use the link or call to join:*

<https://zoom.us/j/97131113585?pwd=r52SrnweJG59pfVbfKqyNCrweIzqZh.1>

Meeting ID: 971 3111 3585 Passcode: 974695

Dial in: +1 312 626 6799 US +1 646 931 3860 US +1 929 205 6099 US



\* Meeting will be presented by LeeJean Beringer our local Patient Education Manager for Alexion.

To celebrate National Rare Disease Day this year, the Southwest Group will be working on building community by completing an Escape Room together on 2/28. If you would like more details or would also like to attend please contact Erica, the SW Support Group Leader at [amannerica@gmail.com](mailto:amannerica@gmail.com)



### Ask the MG Expert (continue from pg. 1)

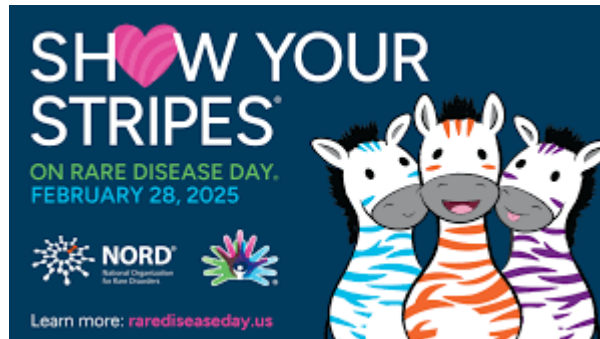
- Blanket
- Water
- Candles
- Fully charged phone
- Snack items or quick meals
- Matches
- Canned Heat

**Keeping The House Warm**— Our modern homes have more glass which lets in more cold. Keeping blinds or curtains closed on a cold day can help minimize the heat loss.

**Avoid Alcohol**—While an alcoholic beverage can temporarily provide a feeling of warmth, it may give you a false sense of warmth leading to lingering in the cold longer than is beneficial.

### Your Opinion Matters!

The newly formed Education Committee of MG Ohio wants to hear from you. The committee will be gearing future educational programming to topics and concerns important to those of us with MG, our families, and caregivers. Send your suggestions to [mgohio@mgohio.org](mailto:mgohio@mgohio.org) or call 216-218-0477 and leave a message with your suggestion.



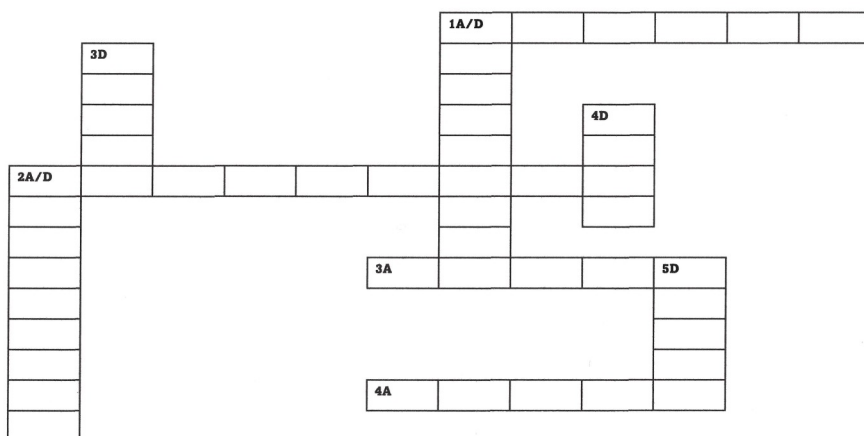
February 28<sup>th</sup> is rare disease day. Go to [www.rarediseaseday.org](http://www.rarediseaseday.org) to find out more about how you can participate and [here](#) to download materials to help you spread awareness.



### Did You Know??

Dr. Audrey Shields Penn is a famous Black American neurologist who researched myasthenia gravis. She is :

- A neurologist and emeritus professor
- The first Black woman to act as the director of a National Institutes of Health institute
- The first woman to serve as president of the American Neurological Association (ANA)
- A role model for many women physician-scientists
- Learn more—<https://myana.org/audrey-s-penn-biography/>



### ACROSS

1. What Disney character is named after a friend of Walt's with MG?
2. What Indian Princess who is now a Mattel doll had MG Wilma\_\_\_\_\_?
3. Current # of people out of 100,000 in the US who have MG? thirty-\_\_\_\_\_.
4. What A.A. Milne character is based off of the author's son who had MG? Christopher \_\_\_\_\_.

### DOWN:

1. Myasthenia Gravis is also known as the \_\_\_\_\_ disease.
2. 2024 Movie about a character with MG?
3. Horse-like Zoo animal that represents rare disease?
4. What organization advocates for rare disease? Hint acronym
5. Actor who had MG David\_\_\_\_\_.

Test your MG rare disease knowledge with this crossword puzzle. Answers next month.

**MG Ohio Website: Visit us at [www.mgohio.org](http://www.mgohio.org)**

**For all the latest local MG news, upcoming events, and newsletters**

Is there a topic or subject that you would like to see covered in the monthly *MG News*?

Email us at [news@mgohio.org](mailto:news@mgohio.org) and let us know!

Did you know that at [www.mgohio.org](http://www.mgohio.org) you can view educational videos, download newsletters and brochures, and get all the latest information about our in-person and online meetings?

Check out our Resource Partners Page <https://mgohio.org/more-resources> for information about other MG groups in different parts of the country that hold online meetings. Just click on their logo and you will be taken to their site. You are always welcome to attend any online meeting wherever you may live.

**Need help paying for your meds? Check out the following sites:**

<https://www.needymeds.org/>

[Good Rx.com](http://www.goodrx.com)

<http://www.themedicineprogram.com/>

<http://www.togetherrxaccess.com/p/prescription-savings>

<https://mat.org/> (Medication Assistance Tool)

<http://www.rxhope.com/Patient/AssistanceRequest.aspx>



***"It's the friends you meet along the path that make your journey worthwhile."***

**In Person— JANUARY 2025 MEETINGS:**

**February 8—1:00—3:00 pm**

**Metro Health November Campus  
7800 Pearl Rd. Middleburg Hts. OH 44130**

**February 8—1:00—3:00 pm**

**Southwest Ohio - Speaker**

**Mayerson JCC  
8485 Ridge Road, Cincinnati, Ohio 45236**

**February 14—4:30 pm**

**Central Ohio**

**The Dempsey Family Education and Resource Center  
3535 Olentangy River Road, Columbus, Ohio 43214**