## **Event Agenda**

### Friday, June 20

6:00 p.m. - 8:00 p.m. Pre-Conference Meet & Greet, McKenna's Restaurant & Bar Located within Holiday Inn Eastgate, 4501 Eastgate Blvd., Cincinnati, Ohio 45245 Join us for a Meet & Greet event and meet fellow MG patients from across Ohio and beyond. Appetizers will be provided, BYOD (buy your own drinks).

### Saturday, June 21

The weekend kicks off with the 2nd annual MG Ohio Southwest Awareness Walk. The purpose of this walk is to raise critical funds for MG Ohio Southwest in order provide MG education, support, advocacy, awareness, and resources for those affected by MG. You can walk as much or as little as you want, or cheer on other participants and teams. No matter your mobility or ability, there's a way for you to participate and raise awareness of this devastating rare disease. You can join as an individual, start a team, or donate to support a friend. During our walk, we will be having a silent auction on several goodie baskets! The MG Walk is an amazing time for friends, togetherness, and fundraising. When we come together, we create a powerful force for good.

### Walk A Mile in Our Shoes, MG Awareness Walk

10:00 a.m. - 12:00 p.m. MG Ohio Southwest Awareness Walk, Eastgate Mall Located directly behind Holiday Inn Eastgate, 4601 Eastgate Blvd., Cincinnati, Ohio 45245

### Check in begins at 9:30 a.m.

Inside the Mall Food Court Area as soon as you enter from the outside in front of the large glass windows.

- 9:30 a.m. Silent Auction, Photo Booth, MG Experience, Vendor/Exhibitors Opens MG Experience Wonder what it feels like to have a neuromuscular disease? Find out first hand by taking part of the MG Experience.
- 9:45 a.m. Welcome Presentation with Erica Amann, MG Ohio Southwest Support Group Leader
- 9:50 a.m. What is Myasthenia Gravis? with Gustavo Arce Gomez, MD, Medical Assistant/Fellow at UC Health
- 11:30 a.m. Silent Auction, Photo Booth, and MG Experience Closes
- 11:40 a.m. Silent Auction Winners are announced with Closing Remarks
- 11:50 a.m Silent Auction Check Out
- 12:00 p.m. Walk A Mile In Our Shoes MG Awareness Walk 2025 concludes
- 12:00 p.m. 2:00 p.m. Break

### Lunch on your own

(note - conference registration/check in is from 1:00 p.m. - 2:00 p.m.)

### MG Ohio Southwest Patient Education Conference

The conference kicks off in the afternoon with an engaging, Welcome Presentation introducing our MG Ohio Southwest Support Group. Today's sessions, offer attendees a chance to connect with the organization's mission, leadership, and initiatives. Following will be an inspiring lineup of interactive sessions designed to empower patients, caregivers, and healthcare professionals alike. Take time to explore exhibitor booths and build meaningful connections.

- 1:00 p.m. 2:00 p.m. Conference Registration Desk is open, Florence Room
- 1:30 p.m. Vendors/Exhibitors are open to explore in the Milver Room
- 2:00 p.m. 2:15 p.m. Welcome Address with Erica Amann, MG Ohio Southwest Support Group Leader
- 2:15 p.m. 2:45 p.m. Alexion
- 2:45 p.m. 3:00 p.m. Break/Snack
- \*Snack will be located in the exhibit hall in the Milver Room
- 3:00 p.m. 3:45 p.m. Keynote Address: The Basics of MG, (MG 101) with Hani Kushlaf, MD, Director of the UC Health Neuromuscular Medicine Fellowship, Director of Neuromuscular Research, Director of the Neuromuscular Disorders Division
- 3:45 p.m. 4:15 p.m. Argenx
- 4:15 p.m. 5:15 p.m. Keynote Address: Physiotherapy for MG with. Liz Plowman, PT, DPT, M.Ed, owner of MG Physio
- 5:15 p.m. 5:30 p.m. Closing Remarks for the day with Saul Wiener, MG Ohio Southwest Board Representative

### Sunday, June 22

The second day of the conference is an exciting opportunity to engage, learn, and connect. Join us for an inspiring lineup of interactive sessions designed to empower patients, caregivers, and healthcare professionals alike. Dive into the latest breakthroughs in treatment and management of MG, gain valuable insights from experts, and share experiences with others who understand your journey. Take time to explore exhibitor booths and build meaningful connections.

- 9:00 a.m. 10:00 a.m. Registration table is open
- 9:00 a.m. Continental Breakfast
- \*Breakfast is located in the Milver Room
- 9:30 a.m. 9:45 a.m. Welcoming for the day with Sharon Myer, MG Ohio Southwest past Group Leader and Current Member of over 30 years.
- 9:45 a.m. 10:15 a.m. UCB

- 10:15 a.m. 10:30 a.m. Break
- 10:30 a.m. 11:30 a.m. Keynote Address: The Unexpected Gifts of Myasthenia Gravis with Vickie Petz Kasper, MD.

### 11:30 a.m. - 1:30 p.m. Small Group 30 min. Rotations

At registration you were assigned a color on your name tag, which indicated your small group. Refer to your name tag for this activity. If you are unsure please see the registration table at this time.

#### Lunch

in the Florence conference room

How Pelvic Health can Assist those with MG with Chandler Murray, OTD, OTR/L

Pelvic Health Occupational Therapist at TriHealth Arrow Springs

in the Venice conference room

Explore Exhibitor Booths with Multiple Vendors

in the Milver Room

PT Time with Liz Plowman, PT, DPT, M.Ed, owner of MG Physio

in the Rome conference room

### Small Group Rotation Schedule 11:30 a.m. - 1:30 p.m.

Group	11:30 am -12:00 pm	12:00 pm -12:30 pm	12:30 pm - 1:00 pm	1:00 pm -1:30 pm
Red	Lunch	Pelvic Health with Chandler Murray	Explore Exhibitor Booths	PT Time with Liz Plowman
Blue	Pelvic Health with Chandler Murray	Explore Exhibitor Booths	PT Time with Liz Plowman	Lunch
Green	Explore Exhibitor Booths	PT Time with Liz Plowman	Lunch	Pelvic Health with Chandler Murray
Purple	PT Time with Liz Plowman	Lunch	Pelvic Health with Chandler Murray	Explore Exhibitor Booths

- 1:30 p.m. 1:45 p.m Restroom Break and return to Florence Conference Room
- 1:45 p.m. 2:45 p.m. Keynote Address: How Myasthenia Gravis affects your diaphragm and best machines to help while you are sleeping with Junaid Malik, MD, board certified in Pulmonary, Critical Care, and Sleep Medicine currently practicing at Dayton Respiratory Center.
- 2:45 p.m. 3:35 p.m. Keynote Address: Immunology of MG with Jon P. Williams, DO, Neurology, currently practicing in Dayton at the Clinical Neuroscience Institute at Miami Valley Hospital
- 3:30 p.m. 3:45 p.m. Break/Snack
- \*Snack will be set up in the Exhibitor Hall
- 3:45 p.m 5:00 p.m. Keynote Address and Closing Remarks: Supporting One Another with Rebecca Molitoris, MG Ohio Founder and President Emeritus

## **About The Venue**

The Awareness Walk takes place at the Eastgate Mall and The Patient Education Conference takes place at the Holiday Inn, Eastgate.

The Holiday Inn is conveniently adjacent to the Eastgate Mall in the same Shopping Center.

Holiday Inn, Eastgate, 4501 Eastgate Blvd., Cincinnati, Ohio 45245 Eastgate Mall, 4601 Eastgate Blvd., Cincinnati, Ohio 45245

#### HOTEL OPTIONS:

### Holiday Inn, Eastgate

- Call the on-site reservations department at 1-888-465-4329, 513-752-4400 or on their website Holiday Inn. Eastgate Ohio
- The Holiday Inn, Eastgate does have an indoor pool that is heated. It is open daily from 8:00 a.m. to 10:00 p.m.. They offer a fitness center that is open 24 hrs a day. There is an on-site restaurant, McKenna's Restaurant & Bar. It is open everyday from 6:30 a.m. 10:30 a.m. for breakfast. Then reopens for Dinner & Bar, Monday Saturday from 5:00 p.m. 10:00 p.m. and Sundays from 4:00 p.m. 9:00 p.m.
- Check in at 3:00 p.m. and Check out is at 11:00 a.m.

### Fairfield Inn & Suites Cincinnati Eastgate

4521 Eastgate Blvd.

Cincinnati, Ohio 45245

- If calling the on-site reservations department at 513-947-9402 make sure to mention you are booking under the Hull Property Group, promo code "KFJ" to receive 15% off your hotel booking or on their website 15% Group Rate Link to Book Online.
- The Fairfield Inn and Suites Cincinnati Eastgate has free buffet and grab n go hot breakfast, a fitness center, a convenience center, free wifi, laundry, and an indoor pool.
- Check in at 3:00 p.m. and Check out is at 12:00 p.m.

# **Things To Do in Cincinnati**

Learn more about what to do in the Cincinnati area while you're in town, discover Clermont County's activities to keep you active and entertained as you enjoy breathtaking hiking and biking trails, charming historical sites, diverse boutiques, three state parks, and unique family attractions. Enjoy the great outdoors at one of our many beautiful parks or golf courses. Explore the wealth of impressive historical sites, including homes, vital connections to the Underground Railroad and wartime artifacts. Stay connected with your family at one of Clermont's entertainment centers, amusement parks, museums and more!

- Cincinnati is known for its Skyline chili and spaghetti. While many renowned restaurants serve their rendition of the classic 3-Way, including the still-operating Empress Chili Parlor, Skyline Chili is the most famous. The restaurant chain is all over Southern Ohio and is known for its not so secret "secret recipe" that incorporates cloves and cinnamon. There is a <u>Skyline</u> near our venue.
- Nearby is <u>Jungle Jim's International Market</u>, with two locations, more than 500,000 square feet combined, hundreds of thousands of products, and over 70 countries represented, Jungle Jim's International Market is locally grown, but internationally known. We're a destination for foodies, tourists, and weekly shoppers alike; from just around the corner to across the pond and beyond. Everyone who walks through the doors can shop without borders, and they share that experience with so many others!
- The Mason area (22 miles west) is home of the famous theme park, <u>Kings Island</u>. For more than five decades, Kings Island has been the premier entertainment destination in the Midwest for literally millions of families seeking the best in rides, live entertainment, food and Cincinnati events, all in a magical amusement park setting. Since opening in 1972, Kings Island has worked hard to ensure a visit to the park is a day to remember for the entire family the best day of the year! From the moment you arrive at the 364-acre amusement and water park, you'll see that Kings Island is one of the best things to do in Cincinnati.
- Downtown Cincinnati is home to many wonderful museums, including the
  Cincinnati Museum Center, Cincinnati Art Museum, and the National
  Underground Railroad Freedom Center, as well as world-class restaurants, such
  as Jeff Ruby's Steakhouse, B&B Riverboat Cruises, casinos, and sports. The
  FIFA Club World Cup 2025 tournament games will be taking place around the
  weekend of our walk and conference. You could also catch a Reds Game!

## **Thank You To Our Sponsors**





