

- Never stop learning -



**R** ELIABILITY  
**A** DAPTABILITY  
**E** VOLUTION  
**L** EARNING  
**C** ONTINUOUS



## ABOUT US

People need human connection and creative and innovative ways to learn. We want to rebuild this and enhance the health and safety standards. We want to inspire, motivate and help people feel happy with their careers and give 101% to what matters to them.

Our Healthcare dedicated training courses are designed to meet the latest legislation and best practice requirements set by the regulatory bodies.

**100% positive feedback**



Read what students are saying about us in the Reviews section of our [Facebook](#) page.

**PLEASE CALL OR EMAIL US FOR LARGE GROUPS OR CONTRACT PRICING**

[www.cleartrainings.co.uk](http://www.cleartrainings.co.uk)



**Clear**  
**trainings**

THE RIGHT CHOICE TODAY FOR A BETTER TOMORROW



## HEALTH & SAFETY TRAINING

- Outstanding Quality
- Accessible prices
- In the comfort of your work setting



***"Continuous learning is the minimum requirement for success in any field."***

***Brian Tracy***

**MORE COURSES COMING SOON**

Clear Trainings is dedicated to creating a comprehensive training offer so that you can find all you need in one place. We start small, but we grow better and stronger together!

<https://cleartrainings.co.uk/services>



## **MANUAL HANDLING OF PEOPLE - BEHAVIOUR THAT CHALLENGES MANUAL HANDLING**

**5h course - £45.00 per person**

Face-to-face practical

Behaviours that challenge manual handling represent a risk for the carer and the service user.

Learn how to address the issues imposed by this through our specifically tailored manual handling course and raise the safety levels for your clients and staff.

\*Basics of inanimate loads are not included – can be added upon request.



## **MANUAL HANDLING OF PEOPLE AND INANIMATE LOADS**

**6h course - £45.00 per person**

Face-to-face practical

Care staff are often involved in manual handling activities. Therefore, this training is recommended to all care workers as well as to non-care workers because we address the handling of inanimate loads too.

This course will address the most important aspects and discuss particular issues or needs raised by staff.



## **BASIC MANUAL HANDLING INANIMATE LOADS**

**3h course - £29.00 per person**

Face-to-face practical

This course is recommended to anyone required to undertake manual handling tasks within his job. Learn how to practice safely and protect your back.



**Clear Trainings**

THE RIGHT CHOICE TODAY FOR A BETTER TOMORROW

© Clear Trainings 2022

