

First Step Day Care Menu

June 2024

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>BREAKFAST 3</b> Cornflakes, fruit cocktail, milk <b>LUNCH:</b> Cheese tortellini w/G.B, broccoli, peaches, milk <b>SNACK:</b> Triscuits (WGR) 100% Juice	<b>BREAKFAST 4</b> French toast, applesauce, milk <b>LUNCH:</b> BBQ Pork, yellow rice, green beans, pineapple, milk. <b>SNACK:</b> Rice cakes (WGR) Milk.	<b>BREAKFAST 5</b> Corn Chex (WGR), orange slices, milk <b>LUNCH:</b> Hot dog on a bun, coleslaw watermelon, milk <b>SNACK:</b> Carrots, bell peppers, ranch 100% Juice	<b>BREAKFAST 6</b> Croissant w/ butter, apple slices, milk <b>LUNCH:</b> Chicken Ceasar salad, hawaiian rolls, clementines, milk <b>SNACK:</b> Toasted crackers (WGR) Pepperoni, milk	<b>BREAKFAST 7</b> Yogurt w/ granola (WGR) strawberries, milk <b>LUNCH:</b> Pasta salad w/ cucumber, bell peppers, peas, ham, cheese, bananas, and milk <b>SNACK:</b> Ritz crackers Milk
<b>BREAKFAST 10</b> Life (WGR), apple slices, milk <b>LUNCH:</b> Cheese pizza, green beans pineapple, milk <b>SNACK:</b> Cheez it 100% Juice	<b>BREAKFAST 11</b> Bagel w/ cream cheese, fruit cocktail, milk. <b>LUNCH:</b> Chicken Alfredo fettuccine pasta,carrots, peaches, milk <b>SNACK:</b> Wheat thins (WGR) Milk	<b>BREAKFAST 12</b> Multigrain Cheerios (WGR), strawberries, milk <b>LUNCH:</b> Taco salad w/ G.B, tomato, lettuce, grapes, milk <b>SNACK:</b> Club crackers Cheese sticks	<b>BREAKFAST 13</b> English muffins, w/ butter, pears, milk <b>LUNCH:</b> Ham/Turkey sub, salad, watermelon, milk <b>SNACK:</b> Chex Mix (WGR), 100% juice	<b>BREAKFAST 14</b> Rice Chex (WGR), clementine, milk <b>LUNCH:</b> Tater tot casserole w/ G.T. peas, carrots, cantaloupe, milk <b>SNACK:</b> Graham crackers Milk
<b>BREAKFAST 17</b> Brandflakes (WGR), peaches milk <b>LUNCH:</b> Chicken pasta salad, peas, fruit cocktail, milk <b>SNACK:</b> Saltine crackers 100% Juice	<b>BREAKFAST 18</b> Waffles, mandarin oranges, milk <b>LUNCH:</b> Goulash W/ G.T, broccoli, pineapple, milk <b>SNACK:</b> Triscuits (WGR) Milk	<b>BREAKFAST 19</b> <b>CLOSED</b> <b>LUNCH:</b> <b>CLOSED</b> <b>SNACK:</b> <b>CLOSED</b>	<b>BREAKFAST 20</b> Pancakes, apple sauce, milk <b>LUNCH:</b> Sloppy joe on a bun, w/ G.B mixed veggies, cantaloupe, milk <b>SNACK:</b> Wheat thins (WGR) 100% Juice	<b>BREAKFAST 21</b> Rice Chex (WGR), apple slices, milk <b>LUNCH:</b> Hot dog on a bun, coleslaw, grapefruit, milk <b>SNACK:</b> Soft pretzels Milk
<b>BREAKFAST 24</b> Post shredded wheat (WGR) pineapple, milk <b>LUNCH:</b> Beef rice picadillo, tomato, green bell peppers, pears, milk <b>SNACK:</b> Goldfish 100% Juice	<b>BREAKFAST 25</b> French toast, sausage links, applesauce, milk <b>LUNCH:</b> Mac 'n' cheese, broccoli, fruit cocktail, milk <b>SNACK:</b> Rice cakes (WGR), Milk	<b>BREAKFAST 26</b> Life (WGR), strawberries, milk <b>LUNCH:</b> Chicken ceasar salad, rolls, watermelon, milk <b>SNACK:</b> Cucumber, carrots, ranch dip 100% Juice	<b>BREAKFAST 27</b> Toast, hash brown, apple slices, milk <b>LUNCH:</b> Spaghetti w/ meatball, green beans, pears, milk <b>SNACK:</b> Triscuits (WGR) Cheese	<b>BREAKFAST 28</b> Fiber one (WGR), grapes, milk <b>LUNCH:</b> BBQ Pork, yellow rice. carrots, clementine, milk <b>SNACK:</b> Club crackers Cheese Sticks
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST 30</b>	<b>BREAKFAST 31</b>
<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>
<b>SNACK:</b>	<b>SNACK:</b>	<b>SNACK:</b>	<b>SNACK:</b>	<b>SNACK:</b>

**MENU SUBJECT TO CHANGE**  
**100% JUICE SERVED**

GB = Ground Beef; GT = Ground Turkey  
WGR = Whole Grain Requirement

WHOLE MILK- 1-2 YEARS OLD  
1% MILK - 3-5 YEARS OLD  
SOY MILK - CHILDREN WITH ALLERGIES