

Patient-Specific Functional Scale

Please list three activities that you find difficult because of this problem, and circle the number that corresponds with your ability to perform each activity.

Activities	1	2	3	4	5	6	7	8	9	10
1										
2										
3										

Total Score / Number of Activities = Average

MDC average: 2 points

MDC single activity: 3 points

PSFS developed by Stratford, P., Gill, C., Westaway, M., & Binkley, J. (1995). Assessing disability and change on individual patients: a report of a patient specific measure. Physiotherapy Canada, 47, 258-263.