



Coffee

Hot or Iced

Almond and Oat Milk available

	Medium	Large
Fresh Ground Premium Coffee	3.49	3.89
Espresso ...Our exceptional Imported blend	3.29	3.99
Cappuccino ...Espresso, a little steamed milk & a lot of froth	4.99	5.49
Latte ...Espresso, a lot of steamed milk & a little froth	4.99	5.49
Mocha Latte ...Espresso, Hershey's Chocolate & steamed milk	5.59	5.99
Caramel Macchiato ...Espresso, Caramel, steamed milk	5.59	5.99
Hot Chocolate ...Hershey's Cocoa & steamed milk	4.79	4.99
Banoffee ... Espresso, Banana, caramel syrup, Half & Half (Ice)	5.59	5.99
Cafecito ... Shot of Espresso, and raw cane sugar	3.50	

Beverages

Soda Can	2.99
Apple or Oranje Juice	3.99
Energy Drink	3.49
Sparkling or premium water	2.99
Fountain drink	2.25
Water bottle	2.50

Ask for the premium Ice tea, delicious coconut water and more...



Smoothies Sensations

9.95 (20 Oz)

Add shot of Protein or Peanut Butter 1.99
Add Almond, Oat Milk or Fresh Spinach 1.79

Made with Real Fruit
No artificial colors, Flavors or Preservatives
Vegan and Kosher

Straw-Nana Strawberry, Banana...our best Seller!
Verry Berry Strawberry & Mixed Berries
Key West Sunset Mango, Banana, Passion Fruit
Maui Breeze Pineapple, Coconut, Banana
Trade Winds Mango, Pineapple Coconut
Tropical Passion Passion Fruit, Pineapple Coconut, Banana
Banana Berry Blast Banana, Strawberry, and Mixed Berries
Strawberry Colada Strawberry, Pineapple Coconut

To ensure the quality of your products, our prices may vary due to inflation. We sincerely appreciate your support and understanding. Thank you for being a valuable part of our Fresco Foodworks community!

www.frescofw.com

Breakfast Sandwiches & Wraps

Buttered Bagel or Croissant *

Egg & Cheese	6.59
Bacon, Egg & Cheese	7.79
Ham, Egg & Cheese	7.99
Sausage, Egg & Cheese	7.99
Turkey, Egg & Cheese	8.79
Roast Beef, Egg & Cheese	8.99

* On (Multi grain / M. Rye / Baguette / Ciabatta / Wrap + \$1.50) - (Gluten free bread + \$1.79)

Nice & Simple



Egg whites Substitute
2.99

Breakfast wraps

8.99

Americano -Eggs, American, Ham OR Bacon

Torani -Eggs, Provolone, Tomatoes, Sautéed Spinach

Texan -Eggs, Pepper Jack, Tomatoes, Grilled Onions, & Sweet Peppers

Egginator -Ham + Bacon, Eggs, Cheese. Top seller !!! \$ 9.99

* On (Multi grain / M. Rye / Baguette / Ciabatta + \$1.15 - (Gluten free bread + \$1.79)

Try with
Breakfast Potatoes
(+1.99)

Breakfast Platter (41gr Protein)

10.59

Fresh Scrambled Eggs (5), Applewood smoked Bacon (2) & Breakfast Potatoes

Omelette by Fresco

Starting
5.59

Choose your adds (+PROTEIN / VEGETABLES / CHEESE)
Make it healthier, Eggs White available !

Breakfast sides

Side Breakfast Potatoes	3.99
Side Sausage Patties (2)	3.99
Side Applewood Bacon(3)	3.79

New York Bagels

Bagel ...	2.99 (plain or Everything)
w/ Butter...	3.29
w/ Cream Cheese...	4.29

Add Jelly...\$0.65



Sweet N-Treats

Zucchini Walnut Bread, Banana Coconut Bread (Vegan)
Pecan Brownie with Salted Caramel (Gluten Free), Raspberry Almond Tart, Blueberry Lemon Cake, Almond Croissant, Homemade Cookies
(Please ask about daily availability!)

www.frescofw.com

fresco

www.frescofw.com

2025



EST. 2009

foodworks

BOCA RATÓN

Gourmet Deli • Coffee • Smoothie
Professional Catering
(561) 998-4663

(Order online or Call, and we'll have it ready!)

Info@frescofw.com

1449 Yamato Rd, Boca Raton, FL 33431

www.frescofw.com

Store Hours. Mon-Friday 7am-3pm



[frescofoodworks](https://www.facebook.com/frescofoodworks)

Our Promise

In our establishment, we prepare every meal with care and attention, using only the freshest, highest-quality ingredients. We are committed to delivering that homemade, delicious flavor you love. Our meats and cheeses are 100% Boar's Head, renowned for their unmatched flavor, healthier profile, and lower sodium content compared to other premium brands. Additionally, we work with fresh, locally sourced products, many of which are gluten-free, and we offer a wide selection of vegan and vegetarian options to satisfy every palate. To complete the experience, we bake our sub baguettes fresh every day, ensuring that special touch, just like homemade. Whether you're looking for a quick bite or want to share a meal with friends, enjoy a fresh and authentic taste that will make you feel right at home—right here in Boca!
Taste the Fresco's Difference!

Free Delivery
(2 miles)
7:30 am - 2:45 pm
\$10 minimum



Save time!
Order online!
www.frescofw.com

Panini



Our Famous Fresh and Grilled Ciabatta
Starting at 13.55

OUR MOST POPULAR !

Firenze

Our own Homemade **Grilled Chicken Breast**, Roasted Red Peppers, Sautéed, Baby Spinach, Provolone, & Pesto Aioli
-Add Portobello Mushrooms 2.99.

Ragin Cajun

Homemade **Grilled Chicken Breast**, grilled Onions, Banana Peppers, Pepper Jack, our own Cajun infused Mayo

Chick-A-Roni

Homemade **Grilled Chicken Breast**, Boar's Head Pepperoni, Fresh Mozzarella, & our own Pesto Aioli

Habana

Boar's Head **Maple Glazed Ham**, Imported Swiss, sliced Pickles & our own Garlic infused Mayo

BLT

Our Fresh Applewood smoked Bacon, vine ripen Tomatoes, mixed Greens, & our own Garlic infused Mayo
-Add 5 Oz. Grilled Chicken 2.99.

Smokey Jack **AMAZING !!!**

Boar's Head **Oven Gold Turkey**, Applewood smoked Bacon, Tomatoes, Boar's Head Pepper Jack, Fresh Guacamole, & Deluxe 1000 Island



Roma

Fresh Mozzarella, vine ripen Tomatoes, sautéed Baby Spinach & Homemade Pesto Aioli
-Add 5 Oz. Grilled Chicken 2.99



Al Fresco

Portobello Mushrooms, Roasted Red Peppers, Baby Spinach, slice Tomatoes, Provolone, & Our Delicious Pesto Aioli
-Add 5 Oz. Grilled Chicken 2.99

wraps



4 Flavors wraps:
White - Spinach - Tomatoes - Wheat
Starting at 12.99

Chicken Caesar Wrap

Our own Homemade **Grilled Chicken Breast**, Fresh Romaine, shredded Parmesan with our Caesar dressing.

Chicken Salad Wrap

Chose our delicious Homemade **Classico** or **Fresco** Chicken Salads with mixed greens & Tomato.

Tuna Salad Wrap

White Tuna salad, made Fresh on Premise Daily, with mixed greens & Tomato.

GEMS OF OUR MENU!!! 13.55

Chipotle Chicken Wrap

Homemade **Grilled Chicken Breast**, Chipotle Mayo, Pepper Jack, Mixed Greens, Tomatoes & Black Beans.
-Taste Great Grilled!

California Club Wrap

Boar's Head **Oven Gold Turkey** Breast, Applewood smoked Bacon, Provolone, Fresh Guacamole, mixed Greens, Tomato w/ Pesto Aioli

Mediterranean Chicken

Homemade **Grilled Chicken**, mixed greens, Tomato, Kalamata Olives, Cucumber, Red Onion & Feta with Mediterranean Vinaigrette.



Balsamic Roasted Veggie

Roasted Reds & Green Sweet Peppers, Tomatoes, Portobellos, Mixed Greens, Red Onions & Provolone w/ Balsamic Vinaigrette.
-Taste Great Grilled!



VEGETARIAN OPTIONS !!!

Overstuffed Sandwiches

Cold Subs

Fresh Baked Baguette
Starting at 13.55



Hot Subs

Fresh Baked Baguette
Starting at 13.55



MUST-TRY !

Chicken Salad Classico

Our classic Homemade all white meat Oven Roasted **Chicken Salad**, made with Mayonnaise, Onions and Celery, served w/ Lettuce & Tomatoes.

Chicken Salad Fresco

Our original Homemade all white meat Oven Roasted **Chicken Salad** made with Mayonnaise, dried Cranberries & Walnuts, served w/ Lettuce & Tomatoes.

Zesty Tuna Salad

Our Fresh and Homemade Albacore White **Tuna Salad** on Premise Daily!, made with/ mayonnaise, onions and celery, served w/ Lettuce & Tomatoes.



COLD BEAST!!! 13.99

Brooklyn Bridge

Boar's Head **Maple Glazed Ham**, pepperoni, provolone, Italian vinaigrette, lettuce, tomatoes and onion, sweet peppers.

Turkey, Bacon, Avocado

Boar's Head **Oven Gold Turkey**, Applewood Bacon, Fresh Avocado Guacamole, Provolone & Pesto Aioli, served w/ Lettuce & Tomatoes.

Enjoy 5 Oz. Of High-quality
Meat in every serving

Make it a Combo

Fountain Drink + Side

(Bag Chips / Mac. Salad / Pot. Salad /
Coleslaw) 2.99

Angry Meatballs

Chipotle Lightly Spicy Meatballs with homemade Marinara & melted Provolone.

The Diablo Sub.

Tasty **Breaded Buffalo Chicken**, Garlic Ranch, Melted Pepper Jack, and topped with Lettuce, Tomato & Onion

Monterey Bay.

Thinly sliced **Grilled Chicken Breast**, Caramelized Onions, melted Provolone & Vermont Cheddar w/ roasted garlic infused Mayo.

Tuna Melt

100% Albacore Solid White Tuna salad made with Mayonnaise, onions and celery, toped with melted American Cheese.

AUTHENTIC TASTE YOU'LL REMEMBER!

French Dip

13.99

Thinly sliced Boar's Head **Roast Beef**, melted Provolone w/ our garlic infused Mayo
- Served with Au Jus for dipping.

Liberty Bell

Our version of the classic Philly, thinly sliced Boar's Head **Roast Beef**, caramelized Onions, melted American & Vermont Cheddar, w/ our garlic infused Mayo.
-Served with AU Jus for dipping.

Hot Pastrami

Thinly sliced Boar's Head **Pastrami**, Imported Swiss, & Deli Mustard

Pastrami Reuben

Thinly sliced **Pastrami**, melted imported Swiss, 1000 Island, & topped with Sauerkraut

Turkey Reuben

Thinly Sliced Boar's Head Oven Gold **Turkey**, melted imported Swiss, 1000 Island, & topped with Sauerkraut.

Garden Fresh Salads

Dressings options : Balsamic Vinaigrette, Mediterranean, Creamy Caesar, Buttermilk Ranch, 1000 Island, Asian or (Oil and Vinegar +0.99).

Starting at 13.55



Grilled Chicken Caesar

Crisp Romaine with our Creamy Parmesan Caesar dressing, & topped w/ Grilled Chicken, shredded Parmesan & Homemade Croutons.

Chicken Salad

Choose from our delicious homemade **Classico** or **Fresco** Chicken Salad over Mixed Greens, Tomatoes & Cucumbers served with Balsamic Vinaigrette.

Tuna Salad

Our Homemade Albacore White Tuna Salad, made with Mayo, onions and celery, over Mixed Greens, Tomatoes & Cucumbers served w/ Balsamic Vinaigrette.



FULL POWER SALADS !!!



13.99

Mediterranean Chicken

Mixed Greens, Red Onions, Tomatoes, Cucumbers, Kalamata Olives, Pepperoncini, Feta, Roasted Red Peppers & Grilled Chicken Breast, served with a side of Mediterranean Vinaigrette.

Santa Fe Ranch Chicken

Mixed Greens, Tomatoes, Cucumber, Red Onions, Roasted Red Peppers, Guacamole, Black Beans, shredded Cheddar, Grilled Chicken Breast, served with a side of our creamy Buttermilk Ranch.

Cobb

Grilled Chicken Breast, Applewood smoked Bacon, Gorgonzola, Shredded Cheddar, Sun-dried Cranberries, Fresh Avocado Guacamole, hard boiled egg, vine ripe Tomatoes, Cucumbers, Red Onions, over Mixed Greens served with a side of our Buttermilk Ranch dressing.

Mandarin Chicken

Mixed Greens, Tomatoes, Sun-dried Cranberries, Mandarin Oranges, Grilled Chicken Breast, crispy Asian Noodles, served with a side of Mandarin Sesame dressing.

Chef

Boars Head, Maple Glazed Ham, Oven Gold Turkey Breast, imported Swiss, Vermont Cheddar, hard boiled egg, over Mixed Greens, vine ripe Tomatoes, & Cucumbers, served with a side of our Buttermilk Ranch.

Caprese

Mixed Greens, Cucumber, Sliced vine ripe Tomatoes, Fresh Mozzarella, fresh Pesto, Parmesan, extra Virgin Olive Oil and a side of Balsamic Vinaigrette.
- Add grilled Chicken 2.99



HOT SPECIALS



15.55

Side Included!

Chilean Churrasco

-Grilled angus steak, topped with melted provolone, guacamole, sautéed onions, sliced tomatoes, and homemade mayo. Comes with chips on the side.

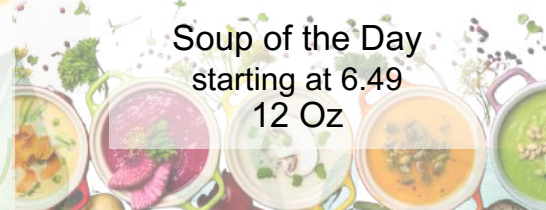
Chicken Fiesta

-Fire braised chicken breast, lettuce, tomatoes, guacamole, applewood smoked bacon, and homemade mayo. Comes with chips on the side.

Big Porkraut

- Pulled pork in a bed of sauerkraut with sautéed onions, roasted red peppers, topped with homemade mustard and mayo. Comes with chips on the side.

Soup of the Day
starting at 6.49
12 Oz



Professional Catering Available

www.frescofw.com

CONTACT US
info@frescofw.com



**Save time!
Order online!**