

Monday	Tuesday	Wednesday	Thursday	Friday
		1st April	2nd April	3rd April
		Arthritis Ireland Room 5 / 3:00 - 5:30	BOM Meeting Room 5 / 9:30 - 10:30	Good Friday
		Foroige Room 3 / 6:30 - 8:00	Creative Writers Room 4 / 10:00 - 12:00	
		Wednesday Ladies Room 5 / 7:00 - 9:00	Dominic's Cuppa Club Room 5 / 11:00 - 1:00	
		Pilates with Kim Room 4 / 7:00 - 8:00	Line Dancing Room 4 & 5 / 2:00 - 4:00	
			Taekwon-Do Room 4 & 5 / 5:30 - 6:30	
			Table Quiz Room 4 & 5 / 7:00 - 8:30	
6th April	7th April	8th April	9th April	10th April
Easter Monday	Bus Trip to Bray 9:30 am	Chair Pilates Room 4 & 5 / 10:30 - 11:30	Creative Writers Room 4 / 10:00 - 12:00	Bus Trip to Pearse Museum 10:00 am
	Crochet Room 4 & 5 / 10:30 - 1:00	Arthritis Ireland Room 5 / 3:00 - 5:30	Dominic's Cuppa Club Room 5 / 11:00 - 1:00	DAMS Room 4 & 5 / 10:00 - 11:00
	Clr Niamh Whelan's Clinic 10:30 - 11:30	Foroige Room 3 / 6:30 - 8:00	Line Dancing Room 4 & 5 / 2:00 - 4:00	Dermot's Art Room 5 / 2:00 - 4:00
	ART Room 5 / 3:00 - 5:00	Wednesday Ladies Room 5 / 7:00 - 9:00	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	BINGO Room 4 & 5 / 7:00 - 9:00
	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	Pilates with Kim Room 4 / 7:00 - 8:00		
	Tuesday Ladies Room 5 / 7:00 - 9:00			
13th April	14th April	15th April	16th April	17th April
Crochet Room 4 & 5 / 10:30 - 1:00	Crochet Room 4 & 5 / 10:30 - 1:00	TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:00 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00
Charlie O'Connor's Clinic 12:00 noon	ART Room 5 / 3:00 - 5:00	Arthritis Ireland Room 5 / 3:00 - 5:30	Dominic's Cuppa Club Room 5 / 11:00 - 1:00	TACT Book Club Room 4 / 12:00 - 1:30
Foroige - APT Room 4 & 5 / 3:30 - 4:30	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	Foroige Room 3 / 6:30 - 8:00	Line Dancing Room 4 & 5 / 2:00 - 4:00	Dermot's Art Room 5 / 2:00 - 4:00
DAMS Mens Guitar Room 1 / 6:30 - 8:30	Tuesday Ladies Room 5 / 7:00 - 9:00	Wednesday Ladies Room 5 / 7:00 - 9:00	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	BINGO Room 4 & 5 / 7:00 - 9:00
Yoga Room 5 / 7:00 - 9:00		Pilates with Kim Room 4 / 7:00 - 8:00		
Pilates with Kim Room 4 / 7:00 - 8:00				
20th April	21st April	22nd April	23rd April	24th April
Crochet Room 4 & 5 / 10:30 - 1:00	Crochet Room 4 & 5 / 10:30 - 1:00	TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:00 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00
Charlie O'Connor's Clinic 12:00 noon	Clr Niamh Whelan's Clinic 10:30 - 11:30	Arthritis Ireland Room 5 / 3:00 - 5:30	Dominic's Cuppa Club Room 5 / 11:00 - 1:00	TACT Book Club Room 4 / 12:00 - 1:30
Foroige - APT Room 4 & 5 / 3:30 - 4:30	ART Room 5 / 3:00 - 5:00	Foroige Room 3 / 6:30 - 8:00	Line Dancing Room 4 & 5 / 2:00 - 4:00	Dermot's Art Room 5 / 2:00 - 4:00
DAMS Mens Guitar Room 1 / 6:30 - 8:30	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	Wednesday Ladies Room 5 / 7:00 - 9:00	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	BINGO Room 4 & 5 / 7:00 - 9:00
Yoga Room 5 / 7:00 - 9:00	Tuesday Ladies Room 5 / 7:00 - 9:00	Pilates with Kim Room 4 / 7:00 - 8:00		
Yoga Room 5 / 7:00 - 9:00				
27th April	28th April	29th April	30th April	
Crochet Room 4 & 5 / 10:30 - 1:00	Crochet Room 4 & 5 / 10:30 - 1:00	TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:00 - 12:00	Good Friday
Ciaran Ahern TD's Clinic 10:00 - 12:00	ART Room 5 / 3:00 - 5:00	Arthritis Ireland Room 5 / 3:00 - 5:30	Dominic's Cuppa Club Room 5 / 11:00 - 1:00	
Charlie O'Connor's Clinic 12:00 noon	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	Foroige Room 3 / 6:30 - 8:00	Line Dancing Room 4 & 5 / 2:00 - 4:00	
Foroige - APT Room 4 & 5 / 3:30 - 4:30	Tuesday Ladies Room 5 / 7:00 - 9:00	Wednesday Ladies Room 5 / 7:00 - 9:00	Taekwon-Do Room 4 & 5 / 5:30 - 6:30	
DAMS Mens Guitar Room 1 / 6:30 - 8:30		Pilates with Kim Room 4 / 7:00 - 8:00		
Yoga Room 5 / 7:00 - 9:00				
Pilates with Kim Room 4 / 7:00 - 8:00				

Please note that schedules are subject to change.

Places are limited for most groups / courses, so booking is essential.

Please contact the centre on 01-459 0770 for further information or email reception@dominicssc.com