

Monday

Tuesday

Wednesday

Thursday

Friday

		1st May	2nd May	3rd May	
		TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:30 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00	
		Catch Up & Cuppa Club Room 5 / 12:30 - 2:30	Line Dancing Room 4 & 5 / 2:00 - 4:00	TACT Book Club Room 4 / 12:30 - 2:00	
		Linda's ART Room 5 / 3:00 - 5:00		Dermot's Art Room 5 / 2:00 - 4:00	
		KidsComp Room 4 / 5:15 - 7:15		Play Therapy Room 1 / 2:00 - 6:00	
		Fóroige Room 3 / 6:30 - 8:00		BINGO Room 4 & 5 / 7:00 - 9:00	
		Wednesday Ladies Room 5 / 7:00 - 9:00			
6th May	7th May	8th May	9th May	10th May	
<b>Bank Holiday</b>		TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:30 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00	
		DAMS Mens Guitar Room 4 / 2:00 - 3:30	Catch Up & Cuppa Club Room 5 / 12:30 - 2:30	Intergenerational Line Dancing Room 4 & 5 / 2:00 - 4:00	TACT Book Club Room 4 / 12:30 - 2:00
		DAMS Mens Choir Room 4 / 7:00 - 9:00	Linda's ART Room 5 / 3:00 - 5:00		Dermot's Art Room 5 / 2:00 - 4:00
		Tuesday Ladies Room 5 / 7:00 - 9:00	KidsComp Room 4 / 5:15 - 7:15		Play Therapy Room 1 / 2:00 - 6:00
			Fóroige Room 3 / 6:30 - 8:00		BINGO Room 4 & 5 / 7:00 - 9:00
			Wednesday Ladies Room 5 / 7:00 - 9:00		
13th May	14th May	15th May	16th May	17th May	
Crochet Room 4 & 5 / 10:30 - 1:00	Crochet Room 4 & 5 / 10:30 - 1:00	TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:30 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00	
Charlie O'Connor's Clinic 12:00 noon	DAMS Mens Guitar Room 4 / 2:00 - 3:30	Catch Up & Cuppa Club Room 5 / 12:30 - 2:30	Line Dancing Room 4 & 5 / 2:00 - 4:00	TACT Book Club Room 4 / 12:30 - 2:00	
Chair Yoga Room 5 / 1:30 - 3:30	DAMS Mens Choir Room 4 / 7:00 - 9:00	Linda's ART Room 5 / 3:00 - 5:00		Dermot's Art Room 5 / 2:00 - 4:00	
Foroige - APT Room 4 & 5 / 3:30 - 4:30	Tuesday Ladies Room 5 / 7:00 - 9:00	KidsComp Room 4 / 5:15 - 7:15		Play Therapy Room 1 / 2:00 - 6:00	
Yoga Room 5 / 7:00 - 9:00		Fóroige Room 3 / 6:30 - 8:00		BINGO Room 4 & 5 / 7:00 - 9:00	
		Wednesday Ladies Room 5 / 7:00 - 9:00			
20th May	21st May	22nd May	23rd May	24th May	
Crochet Room 4 & 5 / 10:30 - 1:00	Crochet Room 4 & 5 / 10:30 - 1:00	TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:30 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00	
Charlie O'Connor's Clinic 12:00 noon	DAMS Mens Guitar Room 4 / 2:00 - 3:30	Catch Up & Cuppa Club Room 5 / 12:30 - 2:30	Well Being Workshop Room 5 / 10:30 - 12:00	Card Making Workshop Room 5 / 11:30 - 1:30	
Chair Yoga Room 5 / 1:30 - 3:30	DAMS Mens Choir Room 4 / 7:00 - 9:00	Linda's ART Room 5 / 3:00 - 5:00	Line Dancing Room 4 & 5 / 2:00 - 4:00	TACT Book Club Room 4 / 12:30 - 2:00	
Foroige - APT Room 4 & 5 / 3:30 - 4:30	Tuesday Ladies Room 5 / 7:00 - 9:00	KidsComp Room 4 / 5:15 - 7:15		Dermot's Art Room 5 / 2:00 - 4:00	
Yoga Room 5 / 7:00 - 9:00		Fóroige Room 3 / 6:30 - 8:00		Play Therapy Room 1 / 2:00 - 6:00	
		Wednesday Ladies Room 5 / 7:00 - 9:00		BINGO Room 4 & 5 / 7:00 - 9:00	
27th May	28th May	29th May	30th May	31st May	
Crochet Room 4 & 5 / 10:30 - 1:00	Crochet Room 4 & 5 / 10:30 - 1:00	TACT ART Room 4 & 5 / 10:00 - 12:00	Creative Writers Room 4 / 10:30 - 12:00	DAMS Room 4 & 5 / 10:00 - 11:00	
Charlie O'Connor's Clinic 12:00 noon	DAMS Mens Guitar Room 4 / 2:00 - 3:30	Catch Up & Cuppa Club Room 5 / 12:30 - 2:30	Line Dancing Room 4 & 5 / 2:00 - 4:00	TACT Book Club Room 4 / 12:30 - 2:00	
Chair Yoga Room 5 / 1:30 - 3:30	DAMS Mens Choir Room 4 / 7:00 - 9:00	Linda's ART Room 5 / 3:00 - 5:00		Dermot's Art Room 5 / 2:00 - 4:00	
Foroige - APT Room 4 & 5 / 3:30 - 4:30	Tuesday Ladies Room 5 / 7:00 - 9:00	KidsComp Room 4 / 5:15 - 7:15		Play Therapy Room 1 / 2:00 - 6:00	
Yoga Room 5 / 7:00 - 9:00		Fóroige Room 3 / 6:30 - 8:00		PRIZE BINGO Room 4 & 5 / 7:00 - 9:00	
		Wednesday Ladies Room 5 / 7:00 - 9:00			

**Special Bealtaine Events - Advanced Booking is Essential**

Please note that schedules are subject to change.

Places are limited for most groups / courses, so booking is essential.

Please contact the centre on 01-459 0770 for further information or email [reception@dominicscc.com](mailto:reception@dominicscc.com)