Dominic's Community Centre's Bealtaine Festival 2022

Chair Yoga

Monday 9th, 16th, 23rd & 30th May 1:30—3:30 pm

Gardening Skills Workshop Monday 9th, 16th, 23rd & 30th May 7:00—8:00 pm

Self Care incl. Tai Chi Tuesday 3rd, 10th. 17th, 24th & 31st May 4:00—5:30 pm

Art with Linda Wednesday 4th, 11th, 18th & 25th May 2:00—4:00 pm

Line Dancing Classes
Thursday 5th, 12th, 19th & 26th May
2:00—4:00 pm

Hand Massage Workshop Thursday 5th May 11:00—12:30 pm Aromatherapy Workshop Thursday 12th May 11:00—12:30 pm

Face Massage Workshop Thursday 19th May 11:00—12:30 pm

Intergenerational Bingo Thursday 26th May 4:30—5:30 pm Quiz Night
Thursday 19th May
7:00—8:30 pm

Prize Bingo Friday 13th May 7:00—9:00 pm

Booking is Essential for all events please contact reception on 01 459 0770





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