Chair Yoga Classes

At Dominic's Community Centre

Yoga is like Life - It's a balance of holding on & letting go!

Thursdays 6pm - 7pm €4 per person

Places Limited
To book contact reception on 01 459 0770

60 & 60A Avonbeg Gardens, Tallaght, Dublin 24

Ph: 01 459 0770

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Website: www.dominicscc.com

