## New Yoga Classes

At Dominic's Community Centre

Yoga is like Life It's a balance of holding on & letting go!

Thursdays 7:30pm - 8:30pm €20 per person for 4 Sessions

Please bring along a yoga mat and water to each session

Places are Limited
To book contact reception on 01 459 0770

60 & 60A Avonbeg Gardens, Tallaght, Dublin 24

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