

# MEN'S MEASURING INSTRUCTIONS

## Originals by Kay

It must be emphasized that the greatest care should be observed when taking measurements. The basis of the patterns and the fit of the garment will greatly depend on how accurate these measurements are. Therefore, please use centimeters when measuring, as they are more accurate. Please do not convert inches into metric, just use a standard tape-measure and read off the SMALL numbers. An accuracy to ½ cm is sufficient.

The measurements should be taken over fairly tight fitting thin garments, not over thick sweats or sweaters or coats.

Place a narrow cord around the waist level and secure it in position, this will be a useful reference line for many of the measurements.

### 1. Nape to back waist

The "nape" refers to the seventh cervical vertebrae, which slightly protrudes. Do not measure from a shirt collar or similar as this may distort the measurement. From the nape measure to the waist level cord, which should be settled into the back waist hollow.

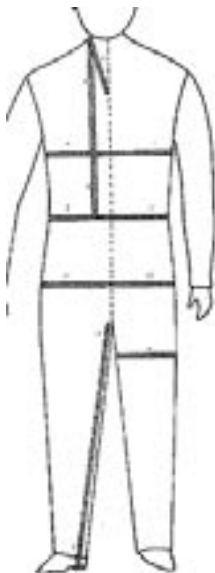
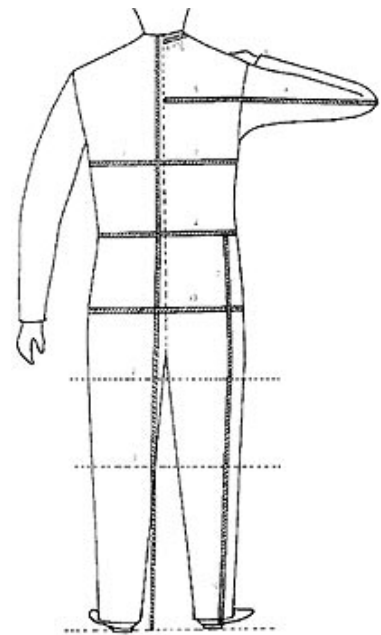
### 2. Nape to Jacket length

This will depend on the style of jacket - only required if you need a certain length

### 3. Nape to Back of Knee

Required for tail or frock coats

### 4. Nape to Ground (for overcoats and cloaks)



### 5. Half across Back

From about 12.5 cm (5") down from the nape, measure from the spinal column to the side of the body

### 6. Sleeve Length

The right arm is raised to the level of the shoulder and bent forward from the elbow. Measure the same way as for 5 (half across back) by starting at the spinal column and continue to the elbow point and further along the arm to the wristbone.

**DO NOT** measure from the top of the shoulder to the hand!!!!!!

## 7. Chest

Place the tape measure around the most prominent part of the chest and over the shoulder blades, do not let the tape sag in the back. Do not pull too tight.

## 8. Waistcoat Opening

Starting at the nape, the tape-measure is brought around to a point on the center front of the chest about 11.5 cm (4.5") below the front neck.

## 9. Waistcoat Front Length

Start at the nape as in #8, but bring the tape measure round the neck and down to the front waist level. (The waist-coat will be longer, but I need this measurement to calculate the length)

## 10. Trouser SideSeam

Take the measurement at the right side of the body, from the waist level to the heel seam of the shoe, DO NOT measure the side length of a modern pair of trousers!!!!!!

## 11. Inside Leg

To be taken from the crotch to the heel seam of the shoe, close to the leg.

## 12. Trouser Waist

Take this measurement over the widest part of your waist.

## 13. Seat (Hip)

The measure is placed around the body over the most prominent part of the seat, close but not tight.

*Credit for these lists should go to R.I. Davis: "Men's Garments 1830-1900" (1994) and Edward Minster & Son "Complete Guide to Practical Cutting" (1853)*

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